



### FEMSPORT Calgary Challenge – June 22<sup>nd</sup>, 2019



### CHI Bursary Winner: Kendra Bloomberg

#### SCORING:

- ★ Low points place first
  - ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
  - ★ Obstacle Medley placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)
- NOTE: Each competitor received 1.5 points for Obstacle Medley which was not performed at this event.*

### OPEN TEAM RANKING

**\*\* Each competitor received 1.5 points for Obstacle Medley  
Which was not performed at this event \*\***

	SB Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	
<b>Perfectfit4u with Action</b>								<b>92.5</b>	<b>1</b>
Katrina Brandt	3	1	3	2	3	1	1		
Sherri Otis	1	3	1	7	7	1	3		
Samantha Osbourne	20	19	8	4	6	1	11		
<b>Perfectfit4u 1</b>								<b>100.5</b>	<b>2</b>
Kelsie McGee	10	6	4	5	1	1	4		
Samantha Paradee	2	10	16	9	15	1	8		
Ty Onerheim	4	2	2	6	4	1	2		
<b>Live Better 3</b>								<b>143.5</b>	<b>3</b>
DiAnna Kehoe	8	8	10	8	20	1	10		
Kendra Bloomberg	7	14	6	14	2	1	6		
Shauna Beierbach	6	15	9	3	9	1	5		
<b>Live Better 2</b>								<b>209.5</b>	<b>4</b>
Jasmine Slomp	14	9	12	17	8	1	12		
Naomi Lanz	18	16	13	20	12	1	18		
Sam Pankratz	5	13	11	18	19	1	14		
<b>Books &amp; Biceps</b>								<b>264.5</b>	<b>5</b>
Amanda Fahey	19	18	15	11	17	1	20		
Darla Trotter	11	11	18	19	16	1	17		
Jenna Friesen	22	22	19	21	21	1	21		

## OPEN INDIVIDUAL RANKING

#	NAME	TEAM	Final Rank	Overall Points
120	Katrina Brandt	Perfectfit4u with Action	1	13.5
119	Ty Onerheim	Perfectfit4u 1	2	19.5
121	Sherri Otis	Perfectfit4u with Action	3	20.5
117	Kelsie McGee	Perfectfit4u 1	4	27.5
116	Shauna Beierbach	Live Better 3	5	43.5
115	Kendra Bloomberg	Live Better 3	6	44.5
124	Hailey Jones		6	44.5
118	Samantha Paradee	Perfectfit4u 1	8	53.5
122	Brenda Sorge		8	53.5
114	DiAnna Kehoe	Live Better 3	10	55.5
131	Samantha Osbourne	Perfectfit4u with Action	11	58.5
111	Jasmine Slomp	Live Better 2	12	61.5
127	Michelle Ward		13	62.5
113	Sam Pankratz	Live Better 2	14	67.5
123	Dani Malec		15	68.5
128	Nicole Balfour		16	69.5
109	Darla Trotter	Books & Biceps	17	76.5
112	Naomi Lanz	Live Better 2	18	80.5
125	Liz Toles		18	80.5
108	Amanda Fahey	Books & Biceps	20	81.5
110	Jenna Friesen	Books & Biceps	21	106.5
126	Lynn Michaud		22	107.5

## OPEN EVENT RANKING

### OBSTACLE MEDLEY

*\*\* Each competitor received 1.5 points for Obstacle Medley  
Which was not performed at this event \*\**

## BOX JUMPS

<b>OPEN DIVISION</b>			<b>BOX JUMPS</b>		<b>Box Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Box Reps</b>	<b>Box TIME</b>	
120	Katrina Brandt	Perfectfit4u with Action	50	00:42.69	1
119	Ty Onerheim	Perfectfit4u 1	50	00:44.66	2
121	Sherri Otis	Perfectfit4u with Action	50	00:46.15	3
123	Dani Malec		50	00:52.68	4
128	Nicole Balfour		50	00:54.07	5
117	Kelsie McGee	Perfectfit4u 1	50	01:00.16	6
124	Hailey Jones		50	01:02.56	7
114	DiAnna Kehoe	Live Better 3	50	01:04.59	8
111	Jasmine Slomp	Live Better 2	50	01:05.72	9
118	Samantha Paradee	Perfectfit4u 1	50	01:05.78	10
109	Darla Trotter	Books & Biceps	50	01:09.00	11
122	Brenda Sorge		50	01:10.62	12
113	Sam Pankratz	Live Better 2	50	01:10.69	13
115	Kendra Bloomberg	Live Better 3	50	01:14.47	14
116	Shauna Beierbach	Live Better 3	50	01:14.50	15
112	Naomi Lanz	Live Better 2	50	01:16.50	16
127	Michelle Ward		50	01:17.72	17
108	Amanda Fahey	Books & Biceps	50	01:30.06	18
131	Samantha Osbourne	Perfectfit4u with Action	50	01:43.03	19
125	Liz Toles		50	02:14.37	20
126	Lynn Michaud		50	02:36.47	21
110	Jenna Friesen	Books & Biceps		03:00.00	22

## TIRE FLIPS

<b>OPEN DIVISION</b>			<b>TIRE FLIP</b>		<b>Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Flips</b>	<b>Flip Time</b>	
124	Hailey Jones		10	00:20.46	1
120	Katrina Brandt	Perfectfit4u with Action	10	00:21.16	2
116	Shauna Beierbach	Live Better 3	10	00:21.28	3
131	Samantha Osbourne	Perfectfit4u with Action	10	00:21.53	4
117	Kelsie McGee	Perfectfit4u 1	10	00:21.87	5
119	Ty Onerheim	Perfectfit4u 1	10	00:21.94	6
121	Sherri Otis	Perfectfit4u with Action	10	00:22.00	7
114	DiAnna Kehoe	Live Better 3	10	00:23.32	8
118	Samantha Paradee	Perfectfit4u 1	10	00:23.91	9
127	Michelle Ward		10	00:23.97	10
108	Amanda Fahey	Books & Biceps	10	00:24.50	11
123	Dani Malec		10	00:24.62	12
125	Liz Toles		10	00:25.03	13

115	Kendra Bloomberg	Live Better 3	10	00:25.37	14
128	Nicole Balfour		10	00:25.91	15
122	Brenda Sorge		10	00:26.10	16
111	Jasmine Slomp	Live Better 2	10	00:27.09	17
113	Sam Pankratz	Live Better 2	10	00:27.16	18
109	Darla Trotter	Books & Biceps	10	00:29.28	19
112	Naomi Lanz	Live Better 2	10	00:30.32	20
110	Jenna Friesen	Books & Biceps	10	00:36.63	21
126	Lynn Michaud		10	00:59.31	22

## TIRE DRAG

OPEN DIVISION			TIRE DRAG			Tire Rank
#	NAME	TEAM	TD Timer	Tire Penalty	Tire TIME	
117	Kelsie McGee	Perfectfit4u 1	00:10.54		00:10.54	1
115	Kendra Bloomberg	Live Better 3	00:10.78		00:10.78	2
120	Katrina Brandt	Perfectfit4u with Action	00:11.06		00:11.06	3
119	Ty Onerheim	Perfectfit4u 1	00:10.93	00:01.00	00:11.93	4
127	Michelle Ward		00:12.00		00:12.00	5
131	Samantha Osbourne	Perfectfit4u with Action	00:12.22		00:12.22	6
121	Sherri Otis	Perfectfit4u with Action	00:12.38		00:12.38	7
111	Jasmine Slomp	Live Better 2	00:12.44		00:12.44	8
116	Shauna Beierbach	Live Better 3	00:12.60		00:12.60	9
122	Brenda Sorge		00:12.75		00:12.75	10
124	Hailey Jones		00:12.78		00:12.78	11
112	Naomi Lanz	Live Better 2	00:13.06		00:13.06	12
125	Liz Toles		00:14.65		00:14.65	13
128	Nicole Balfour		00:16.10		00:16.10	14
118	Samantha Paradee	Perfectfit4u 1	00:16.28		00:16.28	15
109	Darla Trotter	Books & Biceps	00:17.12		00:17.12	16
108	Amanda Fahey	Books & Biceps	00:17.16		00:17.16	17
123	Dani Malec		00:17.78		00:17.78	18
113	Sam Pankratz	Live Better 2	00:18.06		00:18.06	19
114	DiAnna Kehoe	Live Better 3	00:18.22		00:18.22	20
110	Jenna Friesen	Books & Biceps	00:21.16		00:21.16	21
126	Lynn Michaud		00:30.00		00:30.00	22

## KETTLEBELL LIFT

OPEN DIVISION			KETTLE BELLS			KB Rank
#	NAME	TEAM	KB Timer	KB Penalty	KB TIME	
121	Sherri Otis	Perfectfit4u with Action	00:32.22		00:32.22	1
119	Ty Onerheim	Perfectfit4u 1	00:32.84		00:32.84	2
120	Katrina Brandt	Perfectfit4u with Action	00:33.13		00:33.13	3
117	Kelsie McGee	Perfectfit4u 1	00:33.80		00:33.80	4

122	Brenda Sorge		00:35.34		00:35.34	5
115	Kendra Bloomberg	Live Better 3	00:35.60		00:35.60	6
124	Hailey Jones		00:35.65		00:35.65	7
131	Samantha Osbourne	Perfectfit4u with Action	00:36.22		00:36.22	8
116	Shauna Beierbach	Live Better 3	00:33.78	00:03.00	00:36.78	9
114	DiAnna Kehoe	Live Better 3	00:37.25		00:37.25	10
113	Sam Pankratz	Live Better 2	00:37.60		00:37.60	11
111	Jasmine Slomp	Live Better 2	00:38.44		00:38.44	12
112	Naomi Lanz	Live Better 2	00:38.43	00:01.00	00:39.43	13
127	Michelle Ward		00:39.47		00:39.47	14
108	Amanda Fahey	Books & Biceps	00:41.53		00:41.53	15
118	Samantha Paradee	Perfectfit4u 1	00:38.87	00:03.00	00:41.87	16
125	Liz Toles		00:42.16		00:42.16	17
109	Darla Trotter	Books & Biceps	00:44.50		00:44.50	18
110	Jenna Friesen	Books & Biceps	00:48.81	00:04.00	00:52.81	19
126	Lynn Michaud		00:56.53		00:56.53	20
123	Dani Malec		03:00.00		03:00.00	21
128	Nicole Balfour		03:00.00		03:00.00	21

## SANDBAG BURPEE CLEAN/PRESS

<b>OPEN DIVISION</b>			<b>SANDBAG</b>		<b>SB Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Sandbag Reps</b>	<b>Sandbag Time</b>	
121	Sherri Otis	Perfectfit4u with Action	15	00:38.75	1
118	Samantha Paradee	Perfectfit4u 1	15	00:39.03	2
120	Katrina Brandt	Perfectfit4u with Action	15	00:40.25	3
119	Ty Onerheim	Perfectfit4u 1	15	00:41.21	4
113	Sam Pankratz	Live Better 2	15	00:48.63	5
116	Shauna Beierbach	Live Better 3	15	00:49.43	6
115	Kendra Bloomberg	Live Better 3	15	00:49.69	7
114	DiAnna Kehoe	Live Better 3	15	00:50.00	8
122	Brenda Sorge		15	00:50.56	9
117	Kelsie McGee	Perfectfit4u 1	15	00:50.66	10
109	Darla Trotter	Books & Biceps	15	00:53.38	11
123	Dani Malec		15	00:53.75	12
128	Nicole Balfour		15	00:59.72	13
111	Jasmine Slomp	Live Better 2	15	00:59.94	14
127	Michelle Ward		15	01:02.63	15
125	Liz Toles		15	01:04.41	16
124	Hailey Jones		15	01:04.88	17
112	Naomi Lanz	Live Better 2	15	01:08.57	18
108	Amanda Fahey	Books & Biceps	15	01:09.44	19
131	Samantha Osbourne	Perfectfit4u with Action	15	01:17.68	20
126	Lynn Michaud		15	01:57.34	21
110	Jenna Friesen	Books & Biceps	15	01:59.28	22