



### FEMSPORT Calgary Challenge – June 22<sup>nd</sup>, 2019



### CHI Bursary Winner: Kendra Bloomberg

#### SCORING:

- ★ Low points place first
  - ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
  - ★ Obstacle Medley placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)
- NOTE: Each competitor received 1.5 points for Obstacle Medley which was not performed at this event.*

### MASTERS TEAM RANKING

*\*\* Each competitor received 1.5 points for Obstacle Medley  
Which was not performed at this event \*\**

|                           | SB Rank | Box Rank | KB Rank | Flip Rank | Tire Rank | OC Rank | Overall Rank | Overall Points |          |
|---------------------------|---------|----------|---------|-----------|-----------|---------|--------------|----------------|----------|
| <b>YQL Action Fitness</b> |         |          |         |           |           |         |              | <b>189.5</b>   | <b>1</b> |
| Cassandra Jokinen         | 2       | 10       | 4       | 5         | 12        | 1       | 4            |                |          |
| Heather Young             | 15      | 35       | 11      | 10        | 13        | 1       | 18           |                |          |
| Joanne Steed-Takasaki     | 17      | 3        | 24      | 9         | 15        | 1       | 13           |                |          |
| <b>Perfectfit4u 5</b>     |         |          |         |           |           |         |              | <b>213.5</b>   | <b>2</b> |
| Brandie Andrews           | 19      | 12       | 6       | 18        | 24        | 1       | 17           |                |          |
| Lisa Bechthold            | 28      | 11       | 9       | 16        | 5         | 1       | 14           |                |          |
| Sherry Davis              | 8       | 13       | 13      | 8         | 19        | 1       | 9            |                |          |
| <b>Beastly Babes</b>      |         |          |         |           |           |         |              | <b>241.5</b>   | <b>3</b> |
| Amanda McMurren           | 5       | 38       | 7       | 2         | 8         | 1       | 8            |                |          |
| Kerry Taylor              | 9       | 9        | 3       | 6         | 16        | 1       | 6            |                |          |
| Shari Rogerson            | 16      | 18       | 32      | 30        | 38        | 1       | 27           |                |          |
| <b>Tired Trio</b>         |         |          |         |           |           |         |              | <b>259.5</b>   | <b>4</b> |
| Chris Ingold              | 13      | 27       | 20      | 24        | 34        | 1       | 22           |                |          |
| Niki McIntyre             | 11      | 14       | 22      | 23        | 30        | 1       | 20           |                |          |
| Sheri Merchant            | 14      | 5        | 5       | 7         | 6         | 1       | 5            |                |          |
| <b>Alpha Wolf Pack</b>    |         |          |         |           |           |         |              | <b>316.5</b>   | <b>5</b> |
| Jackie Austin             | 30      | 41       | 28      | 21        | 22        | 1       | 31           |                |          |
| Misty Beler               | 12      | 22       | 17      | 27        | 35        | 1       | 21           |                |          |
| Tami Pedersen             | 10      | 4        | 21      | 20        | 2         | 1       | 7            |                |          |

| <b>Repsol Reps</b>     |    |    |    |    |    |   |    | <b>440.5</b> | <b>6</b> |
|------------------------|----|----|----|----|----|---|----|--------------|----------|
| Brae Scrymgeour        | 32 | 25 | 25 | 19 | 28 | 1 | 25 |              |          |
| Krista Cameron         | 22 | 17 | 35 | 29 | 27 | 1 | 26 |              |          |
| Sonia Morales          | 33 | 20 | 41 | 41 | 42 | 1 | 37 |              |          |
| <b>The Weight List</b> |    |    |    |    |    |   |    | <b>450.5</b> | <b>7</b> |
| Cindy Talbot           | 18 | 21 | 26 | 35 | 26 | 1 | 24 |              |          |
| Diane Wolansky         | 39 | 41 | 36 | 25 | 28 | 1 | 35 |              |          |
| Jill Steeves           | 36 | 34 | 34 | 26 | 21 | 1 | 33 |              |          |
| <b>StrongHER</b>       |    |    |    |    |    |   |    | <b>541.5</b> | <b>8</b> |
| Angela Mykytiw         | 40 | 37 | 30 | 40 | 33 | 1 | 38 |              |          |
| Lisa Madill            | 43 | 41 | 42 | 42 | 40 | 1 | 43 |              |          |
| Trish Veltman          | 37 | 39 | 31 | 32 | 10 | 1 | 32 |              |          |

## MASTERS INDIVIDUAL RANKING

| #  | NAME                  | TEAM               | Overall Rank | Overall Points |
|----|-----------------------|--------------------|--------------|----------------|
| 28 | Angela Wegleitner     |                    | 1            | 6.5            |
| 35 | Kendra Bigoraj        |                    | 2            | 20.5           |
| 39 | Paula Michetti        |                    | 3            | 29.5           |
| 22 | Cassandra Jokinen     | YQL Action Fitness | 4            | 34.5           |
| 21 | Sheri Merchant        | Tired Trio         | 5            | 38.5           |
| 5  | Kerry Taylor          | Beastly Babes      | 6            | 44.5           |
| 3  | Tami Pedersen         | Alpha Wolf Pack    | 7            | 58.5           |
| 4  | Amanda McMurren       | Beastly Babes      | 8            | 61.5           |
| 9  | Sherry Davis          | Perfectfit4u 5     | 9            | 62.5           |
| 37 | Lisa Coffey           |                    | 9            | 62.5           |
| 27 | Andrea Thompson       |                    | 11           | 66.5           |
| 31 | Debora Sousa          |                    | 11           | 66.5           |
| 24 | Joanne Steed-Takasaki | YQL Action Fitness | 13           | 69.5           |
| 8  | Lisa Bechthold        | Perfectfit4u 5     | 14           | 70.5           |
| 41 | Suzanne Byrne         |                    | 15           | 76.5           |
| 29 | Becky Baunto          |                    | 16           | 77.5           |
| 7  | Brandie Andrews       | Perfectfit4u 5     | 17           | 80.5           |
| 23 | Heather Young         | YQL Action Fitness | 18           | 85.5           |
| 25 | Alison Casey          |                    | 19           | 92.5           |
| 20 | Niki McIntyre         | Tired Trio         | 20           | 101.5          |
| 2  | Misty Beler           | Alpha Wolf Pack    | 21           | 114.5          |
| 19 | Chris Ingold          | Tired Trio         | 22           | 119.5          |
| 42 | Teresa Oldenburger    |                    | 23           | 126.5          |
| 16 | Cindy Talbot          | The Weight List    | 24           | 127.5          |
| 10 | Brae Scrymgeour       | Repsol Reps        | 25           | 130.5          |
| 11 | Krista Cameron        | Repsol Reps        | 26           | 131.5          |
| 6  | Shari Rogerson        | Beastly Babes      | 27           | 135.5          |
| 33 | Janice Bender         |                    | 28           | 140.5          |

|    |                       |                 |    |       |
|----|-----------------------|-----------------|----|-------|
| 40 | Sharon Baker          |                 | 28 | 140.5 |
| 43 | Yvonne Caulder        |                 | 30 | 142.5 |
| 1  | Jackie Austin         | Alpha Wolf Pack | 31 | 143.5 |
| 15 | Trish Veltman         | StrongHER       | 32 | 150.5 |
| 18 | Jill Steeves          | The Weight List | 33 | 152.5 |
| 30 | Cindy Frederick       |                 | 34 | 153.5 |
| 17 | Diane Wolansky        | The Weight List | 35 | 170.5 |
| 34 | Karen Schumann        |                 | 36 | 171.5 |
| 12 | Sonia Morales         | Repsol Reps     | 37 | 178.5 |
| 13 | Angela Mykytiw        | StrongHER       | 38 | 181.5 |
| 32 | Helen Upchurch        |                 | 38 | 181.5 |
| 26 | Amelie Edmonstone     |                 | 40 | 190.5 |
| 38 | Michella Christianson |                 | 41 | 191.5 |
| 36 | Kim Klassen           |                 | 42 | 200.5 |
| 14 | Lisa Madill           | StrongHER       | 43 | 209.5 |

## **MASTERS EVENT RANKING**

### **OBSTACLE MEDLEY**

*\*\* Each competitor received 1.5 points for Obstacle Medley  
Which was not performed at this event \*\**

### **BOX JUMPS**

| <b>MASTERS DIVISION</b> |                       |                    |                 | <b>BOX JUMPS</b> |    | <b>Box Rank</b> |
|-------------------------|-----------------------|--------------------|-----------------|------------------|----|-----------------|
| <b>#</b>                | <b>NAME</b>           | <b>TEAM</b>        | <b>Box Reps</b> | <b>Box TIME</b>  |    |                 |
| 28                      | Angela Wegleitner     |                    | 50              | 00:47.25         | 1  |                 |
| 27                      | Andrea Thompson       |                    | 50              | 00:58.97         | 2  |                 |
| 24                      | Joanne Steed-Takasaki | YQL Action Fitness | 50              | 01:12.35         | 3  |                 |
| 3                       | Tami Pedersen         | Alpha Wolf Pack    | 50              | 01:17.66         | 4  |                 |
| 21                      | Sheri Merchant        | Tired Trio         | 50              | 01:17.75         | 5  |                 |
| 39                      | Paula Michetti        |                    | 50              | 01:21.03         | 6  |                 |
| 37                      | Lisa Coffey           |                    | 50              | 01:21.69         | 7  |                 |
| 35                      | Kendra Bigoraj        |                    | 50              | 01:23.41         | 8  |                 |
| 5                       | Kerry Taylor          | Beastly Babes      | 50              | 01:26.07         | 9  |                 |
| 22                      | Cassandra Jokinen     | YQL Action Fitness | 50              | 01:31.44         | 10 |                 |
| 8                       | Lisa Bechthold        | Perfectfit4u 5     | 50              | 01:33.78         | 11 |                 |
| 7                       | Brandie Andrews       | Perfectfit4u 5     | 50              | 01:37.25         | 12 |                 |
| 9                       | Sherry Davis          | Perfectfit4u 5     | 50              | 01:42.44         | 13 |                 |
| 20                      | Niki McIntyre         | Tired Trio         | 50              | 01:49.07         | 14 |                 |
| 31                      | Debora Sousa          |                    | 50              | 01:51.59         | 15 |                 |

|    |                       |                    |    |          |    |
|----|-----------------------|--------------------|----|----------|----|
| 41 | Suzanne Byrne         |                    | 50 | 01:57.03 | 16 |
| 11 | Krista Cameron        | Repsol Reps        | 50 | 02:04.00 | 17 |
| 6  | Shari Rogerson        | Beastly Babes      | 50 | 02:07.03 | 18 |
| 33 | Janice Bender         |                    | 50 | 02:09.19 | 19 |
| 12 | Sonia Morales         | Repsol Reps        | 50 | 02:09.88 | 20 |
| 16 | Cindy Talbot          | The Weight List    | 50 | 02:14.31 | 21 |
| 2  | Misty Beler           | Alpha Wolf Pack    | 50 | 02:19.00 | 22 |
| 29 | Becky Baunto          |                    | 50 | 02:19.59 | 23 |
| 42 | Teresa Oldenburger    |                    | 50 | 02:20.62 | 24 |
| 10 | Brae Scrymgeour       | Repsol Reps        | 50 | 02:24.19 | 25 |
| 25 | Alison Casey          |                    | 50 | 02:40.47 | 26 |
| 19 | Chris Ingold          | Tired Trio         | 50 | 02:45.75 | 27 |
| 32 | Helen Upchurch        |                    | 50 | 02:46.09 | 28 |
| 40 | Sharon Baker          |                    | 50 | 02:52.06 | 29 |
| 34 | Karen Schumann        |                    | 50 | 02:58.13 | 30 |
| 30 | Cindy Frederick       |                    | 50 | 02:59.81 | 31 |
| 26 | Amelie Edmonstone     |                    | 46 | 03:00.00 | 32 |
| 43 | Yvonne Caulder        |                    | 43 | 03:00.00 | 33 |
| 18 | Jill Steeves          | The Weight List    | 42 | 03:00.00 | 34 |
| 23 | Heather Young         | YQL Action Fitness | 41 | 03:00.00 | 35 |
| 38 | Michella Christianson |                    | 40 | 03:00.00 | 36 |
| 13 | Angela Mykytiw        | StrongHER          | 35 | 03:00.00 | 37 |
| 4  | Amanda McMurren       | Beastly Babes      | 27 | 03:00.00 | 38 |
| 15 | Trish Veltman         | StrongHER          | 25 | 03:00.00 | 39 |
| 36 | Kim Klassen           |                    | 21 | 03:00.00 | 40 |
| 1  | Jackie Austin         | Alpha Wolf Pack    |    | 03:00.00 | 41 |
| 14 | Lisa Madill           | StrongHER          |    | 03:00.00 | 41 |
| 17 | Diane Wolansky        | The Weight List    |    | 03:00.00 | 41 |

## TIRE FLIPS

| <b>MASTERS DIVISION</b> |                       | <b>TIRE FLIP</b>   |              | <b>Flip Rank</b> |                  |
|-------------------------|-----------------------|--------------------|--------------|------------------|------------------|
| <b>#</b>                | <b>NAME</b>           | <b>TEAM</b>        | <b>Flips</b> |                  | <b>Flip Time</b> |
| 28                      | Angela Wegleitner     |                    | 10           | 00:18.78         | 1                |
| 4                       | Amanda McMurren       | Beastly Babes      | 10           | 00:21.43         | 2                |
| 35                      | Kendra Bigoraj        |                    | 10           | 00:22.00         | 3                |
| 39                      | Paula Michetti        |                    | 10           | 00:23.18         | 4                |
| 22                      | Cassandra Jokinen     | YQL Action Fitness | 10           | 00:23.60         | 5                |
| 5                       | Kerry Taylor          | Beastly Babes      | 10           | 00:25.29         | 6                |
| 21                      | Sheri Merchant        | Tired Trio         | 10           | 00:25.79         | 7                |
| 9                       | Sherry Davis          | Perfectfit4u 5     | 10           | 00:26.16         | 8                |
| 24                      | Joanne Steed-Takasaki | YQL Action Fitness | 10           | 00:26.65         | 9                |
| 23                      | Heather Young         | YQL Action Fitness | 10           | 00:26.81         | 10               |
| 31                      | Debora Sousa          |                    | 10           | 00:27.13         | 11               |
| 27                      | Andrea Thompson       |                    | 10           | 00:27.41         | 12               |
| 29                      | Becky Baunto          |                    | 10           | 00:27.44         | 13               |
| 25                      | Alison Casey          |                    | 10           | 00:27.59         | 14               |

|    |                       |                 |    |          |    |
|----|-----------------------|-----------------|----|----------|----|
| 41 | Suzanne Byrne         |                 | 10 | 00:28.06 | 15 |
| 8  | Lisa Bechthold        | Perfectfit4u 5  | 10 | 00:28.94 | 16 |
| 37 | Lisa Coffey           |                 | 10 | 00:29.28 | 17 |
| 7  | Brandie Andrews       | Perfectfit4u 5  | 10 | 00:29.56 | 18 |
| 10 | Brae Scrymgeour       | Repsol Reps     | 10 | 00:29.96 | 19 |
| 3  | Tami Pedersen         | Alpha Wolf Pack | 10 | 00:30.41 | 20 |
| 1  | Jackie Austin         | Alpha Wolf Pack | 10 | 00:30.78 | 21 |
| 40 | Sharon Baker          |                 | 10 | 00:31.16 | 22 |
| 20 | Niki McIntyre         | Tired Trio      | 10 | 00:31.31 | 23 |
| 19 | Chris Ingold          | Tired Trio      | 10 | 00:31.91 | 24 |
| 17 | Diane Wolansky        | The Weight List | 10 | 00:32.03 | 25 |
| 18 | Jill Steeves          | The Weight List | 10 | 00:32.47 | 26 |
| 2  | Misty Beler           | Alpha Wolf Pack | 10 | 00:32.91 | 27 |
| 42 | Teresa Oldenburger    |                 | 10 | 00:33.03 | 28 |
| 11 | Krista Cameron        | Repsol Reps     | 10 | 00:33.38 | 29 |
| 6  | Shari Rogerson        | Beastly Babes   | 10 | 00:33.72 | 30 |
| 32 | Helen Upchurch        |                 | 10 | 00:33.81 | 31 |
| 15 | Trish Veltman         | StrongHER       | 10 | 00:33.91 | 32 |
| 43 | Yvonne Caulder        |                 | 10 | 00:34.62 | 33 |
| 33 | Janice Bender         |                 | 10 | 00:34.78 | 34 |
| 16 | Cindy Talbot          | The Weight List | 10 | 00:35.47 | 35 |
| 36 | Kim Klassen           |                 | 10 | 00:37.15 | 36 |
| 34 | Karen Schumann        |                 | 10 | 00:38.34 | 37 |
| 38 | Michella Christianson |                 | 10 | 00:38.66 | 38 |
| 30 | Cindy Frederick       |                 | 10 | 00:39.94 | 39 |
| 13 | Angela Mykytiw        | StrongHER       | 10 | 00:42.57 | 40 |
| 12 | Sonia Morales         | Repsol Reps     | 10 | 00:45.25 | 41 |
| 14 | Lisa Madill           | StrongHER       | 10 | 01:03.50 | 42 |
| 26 | Amelie Edmonstone     |                 |    | 02:00.00 | 43 |

## TIRE DRAG

| <b>MASTERS DIVISION</b> |                   |                    |           |              | <b>TIRE DRAG</b> |    | Tire Rank |
|-------------------------|-------------------|--------------------|-----------|--------------|------------------|----|-----------|
| #                       | NAME              | TEAM               | Drag Time | Drag Penalty | DRAG TIME        |    |           |
| 28                      | Angela Wegleitner |                    | 00:10.59  |              | 00:10.59         | 1  |           |
| 3                       | Tami Pedersen     | Alpha Wolf Pack    | 00:11.41  |              | 00:11.41         | 2  |           |
| 35                      | Kendra Bigoraj    |                    | 00:12.45  |              | 00:12.45         | 3  |           |
| 39                      | Paula Michetti    |                    | 00:12.65  |              | 00:12.65         | 4  |           |
| 8                       | Lisa Bechthold    | Perfectfit4u 5     | 00:12.79  |              | 00:12.79         | 5  |           |
| 21                      | Sheri Merchant    | Tired Trio         | 00:12.81  |              | 00:12.81         | 6  |           |
| 25                      | Alison Casey      |                    | 00:13.22  |              | 00:13.22         | 7  |           |
| 4                       | Amanda McMurren   | Beastly Babes      | 00:13.28  |              | 00:13.28         | 8  |           |
| 31                      | Debora Sousa      |                    | 00:13.29  |              | 00:13.29         | 9  |           |
| 15                      | Trish Veltman     | StrongHER          | 00:14.04  |              | 00:14.04         | 10 |           |
| 41                      | Suzanne Byrne     |                    | 00:14.59  |              | 00:14.59         | 11 |           |
| 22                      | Cassandra Jokinen | YQL Action Fitness | 00:15.50  |              | 00:15.50         | 12 |           |

|    |                       |                    |          |          |          |    |
|----|-----------------------|--------------------|----------|----------|----------|----|
| 23 | Heather Young         | YQL Action Fitness | 00:15.82 |          | 00:15.82 | 13 |
| 27 | Andrea Thompson       |                    | 00:15.85 |          | 00:15.85 | 14 |
| 24 | Joanne Steed-Takasaki | YQL Action Fitness | 00:16.07 |          | 00:16.07 | 15 |
| 5  | Kerry Taylor          | Beastly Babes      | 00:16.31 |          | 00:16.31 | 16 |
| 37 | Lisa Coffey           |                    | 00:16.85 |          | 00:16.85 | 17 |
| 29 | Becky Baunto          |                    | 00:17.43 |          | 00:17.43 | 18 |
| 9  | Sherry Davis          | Perfectfit4u 5     | 00:17.53 |          | 00:17.53 | 19 |
| 30 | Cindy Frederick       |                    | 00:17.59 |          | 00:17.59 | 20 |
| 18 | Jill Steeves          | The Weight List    | 00:18.81 |          | 00:18.81 | 21 |
| 1  | Jackie Austin         | Alpha Wolf Pack    | 00:18.85 |          | 00:18.85 | 22 |
| 42 | Teresa Oldenburger    |                    | 00:18.97 |          | 00:18.97 | 23 |
| 7  | Brandie Andrews       | Perfectfit4u 5     | 00:19.06 |          | 00:19.06 | 24 |
| 43 | Yvonne Caulder        |                    | 00:19.21 |          | 00:19.21 | 25 |
| 16 | Cindy Talbot          | The Weight List    | 00:18.35 | 00:01.00 | 00:19.35 | 26 |
| 11 | Krista Cameron        | Repsol Reps        | 00:19.37 |          | 00:19.37 | 27 |
| 10 | Brae Scrymgeour       | Repsol Reps        | 00:19.50 |          | 00:19.50 | 28 |
| 17 | Diane Wolansky        | The Weight List    | 00:19.50 |          | 00:19.50 | 28 |
| 20 | Niki McIntyre         | Tired Trio         | 00:20.22 |          | 00:20.22 | 30 |
| 40 | Sharon Baker          |                    | 00:19.50 | 00:01.00 | 00:20.50 | 31 |
| 33 | Janice Bender         |                    | 00:20.53 |          | 00:20.53 | 32 |
| 13 | Angela Mykytiw        | StrongHER          | 00:18.68 | 00:02.00 | 00:20.68 | 33 |
| 19 | Chris Ingold          | Tired Trio         | 00:20.72 |          | 00:20.72 | 34 |
| 2  | Misty Beler           | Alpha Wolf Pack    | 00:20.97 |          | 00:20.97 | 35 |
| 34 | Karen Schumann        |                    | 00:21.75 |          | 00:21.75 | 36 |
| 26 | Amelie Edmonstone     |                    | 00:23.25 |          | 00:23.25 | 37 |
| 6  | Shari Rogerson        | Beastly Babes      | 00:25.16 |          | 00:25.16 | 38 |
| 32 | Helen Upchurch        |                    | 00:25.75 |          | 00:25.75 | 39 |
| 14 | Lisa Madill           | StrongHER          | 00:27.56 |          | 00:27.56 | 40 |
| 38 | Michella Christianson |                    | 00:28.44 |          | 00:28.44 | 41 |
| 12 | Sonia Morales         | Repsol Reps        | 00:28.53 |          | 00:28.53 | 42 |
| 36 | Kim Klassen           |                    | 00:29.31 |          | 00:29.31 | 43 |

## KETTLEBELL LIFT

| <b>MASTERS DIVISION</b> |                   | <b>KETTLE BELLS</b> |                 |                   | <b>KB Rank</b> |                |
|-------------------------|-------------------|---------------------|-----------------|-------------------|----------------|----------------|
| <b>#</b>                | <b>NAME</b>       | <b>TEAM</b>         | <b>KB Timer</b> | <b>KB Penalty</b> |                | <b>KB TIME</b> |
| 28                      | Angela Wegleitner |                     | 00:34.97        |                   | 00:34.97       | 1              |
| 35                      | Kendra Bigoraj    |                     | 00:37.19        |                   | 00:37.19       | 2              |
| 5                       | Kerry Taylor      | Beastly Babes       | 00:37.94        |                   | 00:37.94       | 3              |
| 22                      | Cassandra Jokinen | YQL Action Fitness  | 00:38.37        |                   | 00:38.37       | 4              |
| 21                      | Sheri Merchant    | Tired Trio          | 00:37.90        | 00:01.00          | 00:38.90       | 5              |
| 7                       | Brandie Andrews   | Perfectfit4u 5      | 00:39.94        |                   | 00:39.94       | 6              |
| 4                       | Amanda McMurren   | Beastly Babes       | 00:39.97        |                   | 00:39.97       | 7              |
| 39                      | Paula Michetti    |                     | 00:40.06        |                   | 00:40.06       | 8              |
| 8                       | Lisa Bechthold    | Perfectfit4u 5      | 00:41.53        |                   | 00:41.53       | 9              |
| 31                      | Debora Sousa      |                     | 00:41.87        |                   | 00:41.87       | 10             |

|    |                       |                    |          |          |          |    |
|----|-----------------------|--------------------|----------|----------|----------|----|
| 23 | Heather Young         | YQL Action Fitness | 00:41.97 |          | 00:41.97 | 11 |
| 41 | Suzanne Byrne         |                    | 00:42.12 |          | 00:42.12 | 12 |
| 9  | Sherry Davis          | Perfectfit4u 5     | 00:41.28 | 00:01.00 | 00:42.28 | 13 |
| 27 | Andrea Thompson       |                    | 00:42.35 |          | 00:42.35 | 14 |
| 29 | Becky Baunto          |                    | 00:42.69 |          | 00:42.69 | 15 |
| 37 | Lisa Coffey           |                    | 00:42.03 | 00:01.00 | 00:43.03 | 16 |
| 2  | Misty Beler           | Alpha Wolf Pack    | 00:43.56 |          | 00:43.56 | 17 |
| 25 | Alison Casey          |                    | 00:45.43 |          | 00:45.43 | 18 |
| 42 | Teresa Oldenburger    |                    | 00:45.97 |          | 00:45.97 | 19 |
| 19 | Chris Ingold          | Tired Trio         | 00:46.09 |          | 00:46.09 | 20 |
| 3  | Tami Pedersen         | Alpha Wolf Pack    | 00:46.19 |          | 00:46.19 | 21 |
| 20 | Niki McIntyre         | Tired Trio         | 00:46.00 | 00:01.00 | 00:47.00 | 22 |
| 43 | Yvonne Caulder        |                    | 00:48.03 |          | 00:48.03 | 23 |
| 24 | Joanne Steed-Takasaki | YQL Action Fitness | 00:47.40 | 00:01.00 | 00:48.40 | 24 |
| 10 | Brae Scrymgeour       | Repsol Reps        | 00:48.84 |          | 00:48.84 | 25 |
| 16 | Cindy Talbot          | The Weight List    | 00:49.93 |          | 00:49.93 | 26 |
| 30 | Cindy Frederick       |                    | 00:50.40 |          | 00:50.40 | 27 |
| 1  | Jackie Austin         | Alpha Wolf Pack    | 00:50.59 |          | 00:50.59 | 28 |
| 33 | Janice Bender         |                    | 00:50.90 |          | 00:50.90 | 29 |
| 13 | Angela Mykytiw        | StrongHER          | 00:50.97 |          | 00:50.97 | 30 |
| 15 | Trish Veltman         | StrongHER          | 00:51.06 |          | 00:51.06 | 31 |
| 6  | Shari Rogerson        | Beastly Babes      | 00:51.56 |          | 00:51.56 | 32 |
| 40 | Sharon Baker          |                    | 00:54.28 |          | 00:54.28 | 33 |
| 18 | Jill Steeves          | The Weight List    | 00:54.50 |          | 00:54.50 | 34 |
| 11 | Krista Cameron        | Repsol Reps        | 00:54.72 |          | 00:54.72 | 35 |
| 17 | Diane Wolansky        | The Weight List    | 00:55.28 |          | 00:55.28 | 36 |
| 38 | Michella Christianson |                    | 00:53.85 | 00:02.00 | 00:55.85 | 37 |
| 34 | Karen Schumann        |                    | 00:56.94 |          | 00:56.94 | 38 |
| 36 | Kim Klassen           |                    | 01:00.94 | 00:01.00 | 01:01.94 | 39 |
| 32 | Helen Upchurch        |                    | 01:12.07 |          | 01:12.07 | 40 |
| 12 | Sonia Morales         | Repsol Reps        | 01:15.40 |          | 01:15.40 | 41 |
| 14 | Lisa Madill           | StrongHER          | 01:37.81 |          | 01:37.81 | 42 |
| 26 | Amelie Edmonstone     |                    | 03:00.00 |          | 03:00.00 | 43 |

## SANDBAG BURPEE CLEAN/PRESS

| <b>MASTERS DIVISION</b> |                   | <b>SANDBAG</b>     |                     | <b>SB Rank</b> |                     |
|-------------------------|-------------------|--------------------|---------------------|----------------|---------------------|
| <b>#</b>                | <b>NAME</b>       | <b>TEAM</b>        | <b>Sandbag Reps</b> |                | <b>Sandbag Time</b> |
| 28                      | Angela Wegleitner |                    | 15                  | 00:50.56       | 1                   |
| 22                      | Cassandra Jokinen | YQL Action Fitness | 15                  | 00:52.93       | 2                   |
| 35                      | Kendra Bigoraj    |                    | 15                  | 00:53.16       | 3                   |
| 37                      | Lisa Coffey       |                    | 15                  | 00:53.72       | 4                   |
| 4                       | Amanda McMurren   | Beastly Babes      | 15                  | 00:58.84       | 5                   |
| 39                      | Paula Michetti    |                    | 15                  | 00:59.04       | 6                   |
| 29                      | Becky Baunto      |                    | 15                  | 00:59.60       | 7                   |
| 9                       | Sherry Davis      | Perfectfit4u 5     | 15                  | 00:59.94       | 8                   |

|    |                       |                    |    |          |    |
|----|-----------------------|--------------------|----|----------|----|
| 5  | Kerry Taylor          | Beastly Babes      | 15 | 01:00.75 | 9  |
| 3  | Tami Pedersen         | Alpha Wolf Pack    | 15 | 01:03.28 | 10 |
| 20 | Niki McIntyre         | Tired Trio         | 15 | 01:05.40 | 11 |
| 2  | Misty Beler           | Alpha Wolf Pack    | 15 | 01:06.07 | 12 |
| 19 | Chris Ingold          | Tired Trio         | 15 | 01:11.13 | 13 |
| 21 | Sheri Merchant        | Tired Trio         | 15 | 01:14.97 | 14 |
| 23 | Heather Young         | YQL Action Fitness | 15 | 01:15.60 | 15 |
| 6  | Shari Rogerson        | Beastly Babes      | 15 | 01:16.57 | 16 |
| 24 | Joanne Steed-Takasaki | YQL Action Fitness | 15 | 01:17.41 | 17 |
| 16 | Cindy Talbot          | The Weight List    | 15 | 01:20.57 | 18 |
| 7  | Brandie Andrews       | Perfectfit4u 5     | 15 | 01:20.69 | 19 |
| 31 | Debora Sousa          |                    | 15 | 01:24.57 | 20 |
| 41 | Suzanne Byrne         |                    | 15 | 01:25.13 | 21 |
| 11 | Krista Cameron        | Repsol Reps        | 15 | 01:27.32 | 22 |
| 27 | Andrea Thompson       |                    | 15 | 01:30.91 | 23 |
| 40 | Sharon Baker          |                    | 15 | 01:31.97 | 24 |
| 33 | Janice Bender         |                    | 15 | 01:40.22 | 25 |
| 25 | Alison Casey          |                    | 15 | 01:40.66 | 26 |
| 43 | Yvonne Caulder        |                    | 15 | 01:41.15 | 27 |
| 8  | Lisa Bechthold        | Perfectfit4u 5     | 15 | 01:41.91 | 28 |
| 34 | Karen Schumann        |                    | 15 | 01:42.75 | 29 |
| 1  | Jackie Austin         | Alpha Wolf Pack    | 15 | 01:42.81 | 30 |
| 42 | Teresa Oldenburger    |                    | 15 | 01:49.06 | 31 |
| 10 | Brae Scrymgeour       | Repsol Reps        | 15 | 01:52.66 | 32 |
| 12 | Sonia Morales         | Repsol Reps        | 15 | 01:54.34 | 33 |
| 26 | Amelie Edmonstone     |                    | 15 | 01:54.38 | 34 |
| 30 | Cindy Frederick       |                    | 15 | 01:55.13 | 35 |
| 18 | Jill Steeves          | The Weight List    | 15 | 01:56.81 | 36 |
| 15 | Trish Veltman         | StrongHER          | 15 | 02:00.25 | 37 |
| 38 | Michella Christianson |                    | 15 | 02:06.97 | 38 |
| 17 | Diane Wolansky        | The Weight List    | 15 | 02:21.09 | 39 |
| 13 | Angela Mykytiw        | StrongHER          | 15 | 02:44.68 | 40 |
| 36 | Kim Klassen           |                    | 15 | 02:47.38 | 41 |
| 32 | Helen Upchurch        |                    | 13 | 03:00.00 | 42 |
| 14 | Lisa Madill           | StrongHER          | 11 | 03:00.00 | 43 |