



FEMSPORT Moose Jaw Challenge – Aug 24th, 2019



CHI Bursary Winner: Arielle Lemieux

SCORING:

- ★ Low points place first
- ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
- ★ Obstacle Medley placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)

OPEN TEAM RANKING

	SB Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	
Fidelity Fitness								96.5	1
Alison Watson	7	7	6	5	12	4	7		
Layne Legien	6	5	5	10	5	3	5		
Reena Legien	5	2	2	2	4	2	2		
CrossFit Haze								111.0	2
Arielle Lemieux	1	4	4	6	3	6	3		
Brooke Wallin	2	6	7	3	2	7	4		
Jaqueline Paquin	8	8	3	9	9	11	9		
Robert									
Scrambled Legs								194.0	3
Alicia Van Sickle	12	9	10	11	10	9	11		
Elisha Daneluk	9	10	8	7	7	5	8		
Melody Ng	11	12	13	13	13	12	12		
I've Got your Back #4								232.5	4
Christine Roberts	14	14	14	12	14	14	14		
Jolene Devires	10	13	11	8	6	10	10		
Sherry Toth	13	11	12	14	11	13	13		

OPEN INDIVIDUAL RANKING

#	NAME	TEAM	Final Rank	Overall Points
71	Renee Michel		1	10.5
63	Reena Legien	Fidelity Fitness	2	18.0
58	Arielle Lemieux	CrossFit Haze	3	27.0
59	Brooke Wallin	CrossFit Haze	4	30.5
62	Layne Legien	Fidelity Fitness	5	35.5
70	Nicole Balfour		6	38.0
61	Alison Watson	Fidelity Fitness	7	43.0
68	Elisha Daneluk	Scrambled Legs	8	48.5
60	Jaqueline Paquin Robert	CrossFit Haze	9	53.5
65	Jolene Devires	I've Got your Back #4	10	63.0
67	Alicia Van Sickle	Scrambled Legs	11	65.5
69	Melody Ng	Scrambled Legs	12	80.0
66	Sherry Toth	I've Got your Back #4	13	80.5
64	Christine Roberts	I've Got your Back #4	14	89.0

OPEN EVENT RANKING

OBSTACLE MEDLEY

** Obstacle Medley is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.) **

OPEN DIVISION			OBSTACLE COURSE			OC Rank
#	NAME	TEAM	Timer	Penalty	OC TIME	
71	Renee Michel		00:40.59		00:40.59	1
63	Reena Legien	Fidelity Fitness	00:43.69		00:43.69	2
62	Layne Legien	Fidelity Fitness	00:46.13		00:46.13	3
61	Alison Watson	Fidelity Fitness	00:46.60		00:46.60	4
68	Elisha Daneluk	Scrambled Legs	00:47.63		00:47.63	5
58	Arielle Lemieux	CrossFit Haze	00:47.38	00:01.00	00:48.38	6
59	Brooke Wallin	CrossFit Haze	00:47.63	00:02.00	00:49.63	7
70	Nicole Balfour		00:49.53	00:01.00	00:50.53	8
67	Alicia Van Sickle	Scrambled Legs	00:52.94		00:52.94	9
65	Jolene Devires	I've Got your Back #4	00:55.04		00:55.04	10
60	Jaqueline Paquin Robert	CrossFit Haze	00:55.28		00:55.28	11
69	Melody Ng	Scrambled Legs	00:55.97		00:55.97	12
66	Sherry Toth	I've Got your Back #4	00:57.06	00:01.00	00:58.06	13
64	Christine Roberts	I've Got your Back #4	01:05.57	00:01.00	01:06.57	14

BOX JUMPS

OPEN DIVISION			BOX JUMPS		Box Rank
#	NAME	TEAM	Box Reps	Box TIME	
70	Nicole Balfour		50	00:45.81	1
63	Reena Legien	Fidelity Fitness	50	00:50.50	2
71	Renee Michel		50	00:54.13	3
58	Arielle Lemieux	CrossFit Haze	50	00:58.81	4
62	Layne Legien	Fidelity Fitness	50	01:06.53	5
59	Brooke Wallin	CrossFit Haze	50	01:09.59	6
61	Alison Watson	Fidelity Fitness	50	01:19.50	7
60	Jaqueline Paquin Robert	CrossFit Haze	50	01:35.41	8
67	Alicia Van Sickle	Scrambled Legs	50	02:12.47	9
68	Elisha Daneluk	Scrambled Legs	50	02:13.47	10
66	Sherry Toth	I've Got your Back #4	50	02:32.16	11
69	Melody Ng	Scrambled Legs	50	02:50.28	12
65	Jolene Devires	I've Got your Back #4	45	03:00.00	13
64	Christine Roberts	I've Got your Back #4	40	03:00.00	14

TIRE FLIPS

OPEN DIVISION			TIRE FLIP		Rank
#	NAME	TEAM	Flips	Flip Time	
71	Renee Michel		06	00:20.38	1
63	Reena Legien	Fidelity Fitness	06	00:22.28	2
59	Brooke Wallin	CrossFit Haze	06	00:22.47	3
70	Nicole Balfour		06	00:25.35	4
61	Alison Watson	Fidelity Fitness	06	00:27.07	5
58	Arielle Lemieux	CrossFit Haze	06	00:27.31	6
68	Elisha Daneluk	Scrambled Legs	06	00:30.44	7
65	Jolene Devires	I've Got your Back #4	06	00:34.04	8
60	Jaqueline Paquin Robert	CrossFit Haze	06	00:35.57	9
62	Layne Legien	Fidelity Fitness	06	00:36.10	10
67	Alicia Van Sickle	Scrambled Legs	06	00:36.28	11
64	Christine Roberts	I've Got your Back #4	06	00:55.50	12
69	Melody Ng	Scrambled Legs	06	00:59.35	13
66	Sherry Toth	I've Got your Back #4	06	01:06.22	14

TIRE DRAG

OPEN DIVISION			TIRE DRAG			Tire Rank
#	NAME	TEAM	TD Timer	Tire Penalty	Tire TIME	
71	Renee Michel		00:12.85		00:12.85	1
59	Brooke Wallin	CrossFit Haze	00:15.06		00:15.06	2
58	Arielle Lemieux	CrossFit Haze	00:15.41		00:15.41	3
63	Reena Legien	Fidelity Fitness	00:15.56		00:15.56	4
62	Layne Legien	Fidelity Fitness	00:16.12		00:16.12	5
65	Jolene Devires	I've Got your Back #4	00:16.22		00:16.22	6
68	Elisha Daneluk	Scrambled Legs	00:16.63		00:16.63	7
70	Nicole Balfour		00:17.38		00:17.38	8
60	Jaqueline Paquin Robert	CrossFit Haze	00:18.03		00:18.03	9
67	Alicia Van Sickle	Scrambled Legs	00:18.06		00:18.06	10
66	Sherry Toth	I've Got your Back #4	00:21.09		00:21.09	11
61	Alison Watson	Fidelity Fitness	00:21.34		00:21.34	12
69	Melody Ng	Scrambled Legs	00:23.59		00:23.59	13
64	Christine Roberts	I've Got your Back #4	00:26.81		00:26.81	14

KETTLEBELL LIFT

OPEN DIVISION			KETTLE BELLS			KB Rank
#	NAME	TEAM	KB Timer	KB Penalty	KB TIME	
71	Renee Michel		00:34.34		00:34.34	1
63	Reena Legien	Fidelity Fitness	00:35.34		00:35.34	2
60	Jaqueline Paquin Robert	CrossFit Haze	00:38.10	00:01.00	00:39.10	3
58	Arielle Lemieux	CrossFit Haze	00:39.40		00:39.40	4
62	Layne Legien	Fidelity Fitness	00:40.53		00:40.53	5
61	Alison Watson	Fidelity Fitness	00:40.58		00:40.58	6
59	Brooke Wallin	CrossFit Haze	00:40.69	00:01.00	00:41.69	7
68	Elisha Daneluk	Scrambled Legs	00:42.79		00:42.79	8
70	Nicole Balfour		00:39.94	00:03.00	00:42.94	9
67	Alicia Van Sickle	Scrambled Legs	00:44.53		00:44.53	10
65	Jolene Devires	I've Got your Back #4	00:45.65		00:45.65	11
66	Sherry Toth	I've Got your Back #4	00:47.41		00:47.41	12
69	Melody Ng	Scrambled Legs	00:48.81		00:48.81	13
64	Christine Roberts	I've Got your Back #4	00:52.94	00:02.00	00:54.94	14

SANDBAG BURPEE CLEAN/PRESS

OPEN DIVISION			SANDBAG		SB Rank
#	NAME	TEAM	Sandbag Reps	Sandbag Time	
58	Arielle Lemieux	CrossFit Haze	15	00:50.00	1
59	Brooke Wallin	CrossFit Haze	15	00:52.06	2
71	Renee Michel		15	00:55.93	3
70	Nicole Balfour		15	00:57.06	4
63	Reena Legien	Fidelity Fitness	15	00:58.75	5
62	Layne Legien	Fidelity Fitness	15	01:01.32	6
61	Alison Watson	Fidelity Fitness	15	01:02.72	7
60	Jaqueline Paquin Robert	CrossFit Haze	15	01:04.19	8
68	Elisha Daneluk	Scrambled Legs	15	01:07.17	9
65	Jolene Devires	I've Got your Back #4	15	01:12.78	10
69	Melody Ng	Scrambled Legs	15	01:15.37	11
67	Alicia Van Sickle	Scrambled Legs	15	01:18.25	12
66	Sherry Toth	I've Got your Back #4	15	01:48.31	13
64	Christine Roberts	I've Got your Back #4	14	03:00.00	14