



### FEMSPORT Moose Jaw Challenge – Aug 24<sup>th</sup>, 2019



### CHI Bursary Winner: Arielle Lemieux

#### SCORING:

- ★ Low points place first
- ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
- ★ Obstacle Medley placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)

### MASTERS TEAM RANKING

	SB Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	
<b>I've Got Your Back #2</b>								<b>112.0</b>	<b>1</b>
DeeDee Kaczmar	9	9	9	8	10	3	9		
Kim Varga	10	6	4	5	3	4	4		
Sharon Prazma	2	7	3	1	8	5	3		
<b>40 Stronger</b>								<b>136.5</b>	<b>2</b>
Cheri Haberstock	5	8	2	3	2	2	2		
Karla Van der Schaaf	12	13	10	12	4	9	11		
Stacey Lawrence	4	4	5	10	11	10	7		
<b>Y-Notes</b>								<b>158.0</b>	<b>3</b>
Charlene Petras	8	10	7	9	6	6	7		
Debbie Stearns	13	12	13	7	12	11	12		
Melissa Witkowski	3	5	6	4	7	7	5		
<b>The Rack Pack</b>								<b>183.5</b>	<b>4</b>
Lisa McLeod	7	3	8	6	5	8	6		
Shauna Anderson	6	2	11	11	13	12	10		
Sherry Robart	11	11	12	14	14	13	13		

## MASTERS INDIVIDUAL RANKING

#	NAME	TEAM	Overall Rank	Overall Points
13	Angela Wegleitner		1	7.5
1	Cheri Haberstock	40 Stronger	2	23.0
6	Sharon Prazma	I've Got Your Back #2	3	28.5
5	Kim Varga	I've Got Your Back #2	4	34.0
12	Mellissa Witkowski	Y-Nots	5	35.5
7	Lisa McLeod	The Rack Pack	6	41.0
3	Stacey Lawrence	40 Stronger	7	49.0
10	Charlene Petras	Y-Nots	7	49.0
4	DeeDee Kaczmar	I've Got Your Back #2	9	49.5
8	Shauna Anderson	The Rack Pack	10	61.0
2	Karla Van der Schaaf	40 Stronger	11	64.5
11	Debbie Stearns	Y-Nots	12	73.5
9	Sherry Robart	The Rack Pack	13	81.5
14	Shannon Herschmiller		14	85.0

## MASTERS EVENT RANKING

### OBSTACLE MEDLEY

\*\* Obstacle Medley is equal to 1.5 x (i.e. 1<sup>st</sup> place = 1.5 points, 2<sup>nd</sup> place = 3 points, etc.) \*\*

MASTERS DIVISION			OBSTACLE COURSE			OC Rank
#	NAME	TEAM	OCTimer	OC Penalty	OC TIME	
13	Angela Wegleitner		00:41.72	00:03.00	00:44.72	1
1	Cheri Haberstock	40 Stronger	00:48.47		00:48.47	2
4	DeeDee Kaczmar	I've Got Your Back #2	00:50.15		00:50.15	3
5	Kim Varga	I've Got Your Back #2	00:52.07		00:52.07	4
6	Sharon Prazma	I've Got Your Back #2	00:52.57		00:52.57	5
10	Charlene Petras	Y-Nots	00:52.66		00:52.66	6
12	Mellissa Witkowski	Y-Nots	00:54.41		00:54.41	7
7	Lisa McLeod	The Rack Pack	00:52.50	00:02.00	00:54.50	8
2	Karla Van der Schaaf	40 Stronger	00:55.47		00:55.47	9
3	Stacey Lawrence	40 Stronger	00:58.97		00:58.97	10
11	Debbie Stearns	Y-Nots	00:59.97		00:59.97	11
8	Shauna Anderson	The Rack Pack	01:00.62		01:00.62	12
9	Sherry Robart	The Rack Pack	01:03.47		01:03.47	13
14	Shannon Herschmiller		01:16.69		01:16.69	14

## BOX JUMPS

<b>MASTERS DIVISION</b>			<b>BOX JUMPS</b>		<b>Box Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Box Reps</b>	<b>Box TIME</b>	
13	Angela Wegleitner		50	00:45.53	1
8	Shauna Anderson	The Rack Pack	50	01:34.60	2
7	Lisa McLeod	The Rack Pack	50	01:41.25	3
3	Stacey Lawrence	40 Stronger	50	01:43.00	4
12	Mellissa Witkowski	Y-Nots	50	01:49.00	5
5	Kim Varga	I've Got Your Back #2	50	01:53.28	6
6	Sharon Prazma	I've Got Your Back #2	50	01:59.22	7
1	Cheri Haberstock	40 Stronger	50	02:08.34	8
4	DeeDee Kaczmar	I've Got Your Back #2	50	02:19.00	9
10	Charlene Petras	Y-Nots	50	02:24.37	10
9	Sherry Robart	The Rack Pack	50	02:44.75	11
11	Debbie Stearns	Y-Nots	50	02:55.22	12
2	Karla Van der Schaaf	40 Stronger	50	03:00.00	13
14	Shannon Herschmiller			03:00.00	14

## TIRE FLIPS

<b>MASTERS DIVISION</b>			<b>TIRE FLIP</b>		<b>Flip Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Flips</b>	<b>Flip Time</b>	
6	Sharon Prazma	I've Got Your Back #2	06	00:23.16	1
13	Angela Wegleitner		06	00:23.25	2
1	Cheri Haberstock	40 Stronger	06	00:27.34	3
12	Mellissa Witkowski	Y-Nots	06	00:27.38	4
5	Kim Varga	I've Got Your Back #2	06	00:31.37	5
7	Lisa McLeod	The Rack Pack	06	00:33.72	6
11	Debbie Stearns	Y-Nots	06	00:35.69	7
4	DeeDee Kaczmar	I've Got Your Back #2	06	00:36.66	8
10	Charlene Petras	Y-Nots	06	00:36.94	9
3	Stacey Lawrence	40 Stronger	06	00:39.88	10
8	Shauna Anderson	The Rack Pack	06	00:45.57	11
2	Karla Van der Schaaf	40 Stronger	06	00:53.85	12
14	Shannon Herschmiller		06	00:56.25	13
9	Sherry Robart	The Rack Pack	06	01:02.84	14

## TIRE DRAG

<b>MASTERS DIVISION</b>			<b>TIRE DRAG</b>			<b>Tire Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Drag Time</b>	<b>Drag Penalty</b>	<b>DRAG TIME</b>	
13	Angela Wegleitner		00:12.40		00:12.40	1
1	Cheri Haberstock	40 Stronger	00:13.47		00:13.47	2
5	Kim Varga	I've Got Your Back #2	00:15.09		00:15.09	3
2	Karla Van der Schaaf	40 Stronger	00:16.59		00:16.59	4
7	Lisa McLeod	The Rack Pack	00:18.00		00:18.00	5
10	Charlene Petras	Y-Nots	00:18.62		00:18.62	6
12	Mellissa Witkowski	Y-Nots	00:19.16		00:19.16	7
6	Sharon Prazma	I've Got Your Back #2	00:20.61		00:20.61	8
14	Shannon Herschmiller		00:21.32		00:21.32	9
4	DeeDee Kaczmar	I've Got Your Back #2	00:21.50		00:21.50	10
3	Stacey Lawrence	40 Stronger	00:21.85		00:21.85	11
11	Debbie Stearns	Y-Nots	00:21.97		00:21.97	12
8	Shauna Anderson	The Rack Pack	00:26.25		00:26.25	13
9	Sherry Robart	The Rack Pack	00:26.84		00:26.84	14

## KETTLEBELL LIFT

<b>MASTERS DIVISION</b>			<b>KETTLE BELLS</b>			<b>KB Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>KB Timer</b>	<b>KB Penalty</b>	<b>KB TIME</b>	
13	Angela Wegleitner		00:35.94		00:35.94	1
1	Cheri Haberstock	40 Stronger	00:41.69		00:41.69	2
6	Sharon Prazma	I've Got Your Back #2	00:42.19		00:42.19	3
5	Kim Varga	I've Got Your Back #2	00:42.57		00:42.57	4
3	Stacey Lawrence	40 Stronger	00:46.38		00:46.38	5
12	Mellissa Witkowski	Y-Nots	00:46.59		00:46.59	6
10	Charlene Petras	Y-Nots	00:47.21		00:47.21	7
7	Lisa McLeod	The Rack Pack	00:47.41		00:47.41	8
4	DeeDee Kaczmar	I've Got Your Back #2	00:48.06		00:48.06	9
2	Karla Van der Schaaf	40 Stronger	00:48.47		00:48.47	10
8	Shauna Anderson	The Rack Pack	00:50.97		00:50.97	11
9	Sherry Robart	The Rack Pack	00:52.81		00:52.81	12
11	Debbie Stearns	Y-Nots	00:53.78		00:53.78	13
14	Shannon Herschmiller		01:01.50		01:01.50	14

# SANDBAG BURPEE CLEAN/PRESS

<b>MASTERS DIVISION</b>		<b>SANDBAG</b>			<b>SB Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Sandbag Reps</b>	<b>Sandbag Time</b>	
13	Angela Wogleitner		15	00:50.00	1
6	Sharon Prazma	I've Got Your Back #2	15	01:12.00	2
12	Mellissa Witkowski	Y-Nots	15	01:13.00	3
3	Stacey Lawrence	40 Stronger	15	01:13.34	4
1	Cheri Haberstock	40 Stronger	15	01:13.91	5
8	Shauna Anderson	The Rack Pack	15	01:15.91	6
7	Lisa McLeod	The Rack Pack	15	01:22.15	7
10	Charlene Petras	Y-Nots	15	01:24.56	8
4	DeeDee Kaczmar	I've Got Your Back #2	15	01:25.38	9
5	Kim Varga	I've Got Your Back #2	15	01:27.31	10
9	Sherry Robart	The Rack Pack	15	01:30.84	11
2	Karla Van der Schaaf	40 Stronger	15	01:39.06	12
11	Debbie Stearns	Y-Nots	15	01:49.94	13
14	Shannon Herschmiller		15	02:18.65	14