



## FEMSPORT Kamloops Challenge – May 26<sup>th</sup>, 2018



### CHI Bursary Winner: Audra Parker

#### SCORING:

- ★ Low points place first
- ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
- ★ Obstacle Course placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)
- ★ Each competitor received 1 point for Kettlebell Lift which was not performed at this event.

### NOVICE TEAM RANKING

**\*\* Obstacle Course is worth 1.5x \*\***

	<b>SB Rank</b>	<b>Box Rank</b>	<b>KB Rank</b>	<b>Flip Rank</b>	<b>Tire Rank</b>	<b>OC Rank</b>	<b>Overall Rank</b>	<b>Overall Points</b>	
<b>MacVicars Merritt Machines 2</b>								<b>286.5</b>	<b>1</b>
Jackie Hansen	13	22	31	15	1	5	13		
Kaylynn Dexel	15	5	15	29	1	8	7		
Paula Jolicoeur	26	21	20	37	1	10	19		
<b>Kamloops Volkswagen 3</b>								<b>314.0</b>	<b>2</b>
Anna Cervo	20	11	10	22	1	25	16		
Annabella Sama	14	39	18	12	1	27	20		
Anyse Warner	11	7	25	11	1	22	11		
<b>Kamloops Volkswagen 4</b>								<b>318.0</b>	<b>3</b>
Heather Cayen	25	18	17	6	1	13	10		
Lisa Spink	35	44	33	25	1	15	31		
Tammy Jezewsky	19	17	8	8	1	12	6		
<b>Fit By Design 3</b>								<b>339.0</b>	<b>4</b>
Brandi Thring	8	30	14	13	1	39	20		
Emily McIsaac	22	4	9	20	1	42	18		
Trish Meacher	9	2	12	19	1	35	14		
<b>Fit By Design 1</b>								<b>365.5</b>	<b>5</b>
Alison Gregory	42	43	43	31	1	17	39		
Marie LeBlond	30	34	11	4	1	2	9		
Rawya Tsuji	32	35	13	10	1	4	15		
<b>The Newbies</b>								<b>440.5</b>	<b>6</b>
Kristen Merkley	6	15	24	32	1	38	25		
Stephanie Murray	40	33	26	36	1	23	33		
Trish Waugh	10	32	38	33	1	14	25		

<b>Lill' AMAzons 1</b>									<b>456.5</b>	<b>7</b>
	Allison James	39	40	42	28	1	37	44		
	Julia Link	37	38	45	44	1	16	41		
	Laura Grizzlypaws	3	1	6	9	1	28	5		
<b>Kamloops Volkswagen 1</b>									<b>475.0</b>	<b>8</b>
	Angeline Fehr	21	24	5	14	1	31	17		
	Arien Marino	27	16	39	40	1	36	36		
	Erin McGarvey	45	31	36	30	1	29	40		
<b>Fit By Design 2</b>									<b>488.5</b>	<b>9</b>
	Jill Byrd	43	27	37	38	1	44	45		
	Karly Harrison	33	10	19	23	1	40	28		
	Sonia Strickland	24	36	35	18	1	11	23		
<b>MacVicars Merritt Machines 3</b>									<b>489.0</b>	<b>10</b>
	Anita Dumont	29	44	27	34	1	33	38		
	Jill Starrs	16	13	23	17	1	41	24		
	Nicole Schulte	34	20	32	35	1	34	34		
<b>Kamloops Volkswagen 2</b>									<b>512.0</b>	<b>11</b>
	Denise Chapple	28	28	30	26	1	21	27		
	Kerianne Kip	38	25	29	21	1	43	37		
	Monica Sandhu	31	41	41	39	1	24	41		

## NOVICE INDIVIDUAL RANKING

#	NAME	DIVISION	TEAM	Overall Rank	Overall Points
66	Serena Colwell	Novice		1	18.0
57	Dainya Watson	Novice		2	19.5
64	Nicole Gallant	Novice		3	34.5
58	Dani Johnson	Novice		4	44.0
45	Laura Grizzlypaws	Novice	Lill' AMAzons 1	5	62.0
42	Tammy Jezewsky	Novice	Kamloops Volkswagen 4	6	71.0
47	Kaylynn Dexel	Novice	MacVicars Merritt Machines 2	7	77.0
55	Cheryl Breitreutz	Novice		8	80.5
23	Marie LeBlond	Novice	Fit By Design 1	9	83.0
40	Heather Cayen	Novice	Kamloops Volkswagen 4	10	86.5
39	Anyse Warner	Novice	Kamloops Volkswagen 3	11	88.0
65	Robin Boyer	Novice		11	88.0
46	Jackie Hansen	Novice	MacVicars Merritt Machines 2	13	89.5
30	Trish Meacher	Novice	Fit By Design 3	14	95.5
24	Rawya Tsuji	Novice	Fit By Design 1	15	97.0
37	Anna Cervo	Novice	Kamloops Volkswagen 3	16	101.5
31	Angeline Fehr	Novice	Kamloops Volkswagen 1	17	111.5
29	Emily Mclsaac	Novice	Fit By Design 3	18	119.0
48	Paula Jolicoeur	Novice	MacVicars Merritt Machines 2	19	120.0
28	Brandi Thring	Novice	Fit By Design 3	20	124.5

38	Annabella Sama	Novice	Kamloops Volkswagen 3	20	124.5
63	Lindsay Milton	Novice		22	129.5
27	Sonia Strickland	Novice	Fit By Design 2	23	130.5
50	Jill Starrs	Novice	MacVicars Merritt Machines 3	24	131.5
52	Kristen Merkley	Novice	The Newbies	25	135.0
54	Trish Waugh	Novice	The Newbies	25	135.0
34	Denise Chapple	Novice	Kamloops Volkswagen 2	27	144.5
26	Karly Harrison	Novice	Fit By Design 2	28	146.0
62	Laurie Manning	Novice		28	146.0
61	Kristin Webster	Novice		30	155.5
41	Lisa Spink	Novice	Kamloops Volkswagen 4	31	160.5
56	Correne Barrett	Novice		32	164.5
53	Stephanie Murray	Novice	The Newbies	33	170.5
51	Nicole Schulte	Novice	MacVicars Merritt Machines 3	34	173.0
60	Keely Weymouth	Novice		34	173.0
32	Arien Marino	Novice	Kamloops Volkswagen 1	36	177.0
35	Kerianne Kip	Novice	Kamloops Volkswagen 2	37	178.5
49	Anita Dumont	Novice	MacVicars Merritt Machines 3	38	184.5
22	Alison Gregory	Novice	Fit By Design 1	39	185.5
33	Erin McGarvey	Novice	Kamloops Volkswagen 1	40	186.5
36	Monica Sandhu	Novice	Kamloops Volkswagen 2	41	189.0
44	Julia Link	Novice	Lill' AMAZons 1	41	189.0
59	Heidi Bassett	Novice		43	197.0
43	Allison James	Novice	Lill' AMAZons 1	44	205.5
25	Jill Byrd	Novice	Fit By Design 2	45	212.0

## **NOVICE EVENT RANKING**

### **OBSTACLE COURSE**

*\*\* Obstacle Course is worth 1.5x \*\**

<b>NOVICE DIVISION</b>			<b>OBSTACLE COURSE</b>			<b>OC Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>OCTimer</b>	<b>OC Penalty</b>	<b>OC TIME</b>	
57	Dainya Watson		00:38.53	00:01.00	00:39.53	1
23	Marie LeBlond	Fit By Design 1	00:39.91		00:39.91	2
55	Cheryl Breikreutz		00:43.22		00:43.22	3
24	Rawya Tsuji	Fit By Design 1	00:44.00		00:44.00	4
46	Jackie Hansen	MacVicars Merritt Machines 2	00:44.37		00:44.37	5
66	Serena Colwell		00:45.91		00:45.91	6
64	Nicole Gallant		00:46.06		00:46.06	7
47	Kaylynn Dexel	MacVicars Merritt Machines 2	00:46.34		00:46.34	8
63	Lindsay Milton		00:46.75		00:46.75	9

48	Paula Jolicoeur	MacVicars Merritt Machines 2	00:47.15		00:47.15	10
27	Sonia Strickland	Fit By Design 2	00:47.62		00:47.62	11
42	Tammy Jezewsky	Kamloops Volkswagen 4	00:48.28		00:48.28	12
40	Heather Cayen	Kamloops Volkswagen 4	00:48.66		00:48.66	13
54	Trish Waugh	The Newbies	00:48.97		00:48.97	14
41	Lisa Spink	Kamloops Volkswagen 4	00:52.59		00:52.59	15
44	Julia Link	Lill' AMAzons 1	00:53.37		00:53.37	16
22	Alison Gregory	Fit By Design 1	00:53.96		00:53.96	17
58	Dani Johnson		00:54.87		00:54.87	18
61	Kristin Webster		00:55.65		00:55.65	19
65	Robin Boyer		00:57.00		00:57.00	20
34	Denise Chapple	Kamloops Volkswagen 2	01:01.03		01:01.03	21
39	Anyse Warner	Kamloops Volkswagen 3	01:01.65		01:01.65	22
53	Stephanie Murray	The Newbies	01:02.43		01:02.43	23
36	Monica Sandhu	Kamloops Volkswagen 2	01:01.48	00:02.00	01:03.48	24
37	Anna Cervo	Kamloops Volkswagen 3	01:05.31		01:05.31	25
60	Keely Weymouth		01:08.18		01:08.18	26
38	Annabella Sama	Kamloops Volkswagen 3	01:09.06		01:09.06	27
45	Laura Grizzlypaws	Lill' AMAzons 1	01:12.78		01:12.78	28
33	Erin McGarvey	Kamloops Volkswagen 1	01:16.72		01:16.72	29
59	Heidi Bassett		01:21.25		01:21.25	30
31	Angeline Fehr	Kamloops Volkswagen 1	01:22.94		01:22.94	31
62	Laurie Manning		01:24.54		01:24.54	32
49	Anita Dumont	MacVicars Merritt Machines 3	01:37.53		01:37.53	33
51	Nicole Schulte	MacVicars Merritt Machines 3	01:42.78		01:42.78	34
30	Trish Meacher	Fit By Design 3	01:52.40		01:52.40	35
32	Arien Marino	Kamloops Volkswagen 1	02:11.00		02:11.00	36
43	Allison James	Lill' AMAzons 1	02:36.53		02:36.53	37
52	Kristen Merkley	The Newbies	02:36.66		02:36.66	38
28	Brandi Thring	Fit By Design 3	02:41.62		02:41.62	39
26	Karly Harrison	Fit By Design 2	02:46.59		02:46.59	40
50	Jill Starrs	MacVicars Merritt Machines 3	02:57.12		02:57.12	41
29	Emily Mclsaac	Fit By Design 3	03:00.00	00:02.00	03:02.00	42
35	Kerianne Kip	Kamloops Volkswagen 2	03:00.00	00:08.50	03:08.50	43
25	Jill Byrd	Fit By Design 2	03:00.00	00:10.00	03:10.00	44
56	Correne Barrett		03:00.00	00:10.50	03:10.50	45

## BOX JUMPS

<b>NOVICE DIVISION</b>			<b>BOX JUMPS</b>		Box Rank
#	NAME	TEAM	Box Reps	Box TIME	
45	Laura Grizzlypaws	Lill' AMAzons 1	50	00:49.88	1
30	Trish Meacher	Fit By Design 3	50	00:50.09	2
66	Serena Colwell		50	00:54.50	3
29	Emily Mclsaac	Fit By Design 3	50	00:56.81	4
47	Kaylynn Dixel	MacVicars Merritt Machines 2	50	00:57.69	5

58	Dani Johnson		50	00:57.94	6
39	Anyse Warner	Kamloops Volkswagen 3	50	01:03.28	7
57	Dainya Watson		50	01:05.03	8
65	Robin Boyer		50	01:07.56	9
26	Karly Harrison	Fit By Design 2	50	01:09.06	10
37	Anna Cervo	Kamloops Volkswagen 3	50	01:12.06	11
64	Nicole Gallant		50	01:18.39	12
50	Jill Starrs	MacVicars Merritt Machines 3	50	01:27.47	13
60	Keely Weymouth		50	01:34.00	14
52	Kristen Merkley	The Newbies	50	01:36.78	15
32	Arien Marino	Kamloops Volkswagen 1	50	01:40.47	16
42	Tammy Jezewsky	Kamloops Volkswagen 4	50	01:44.62	17
40	Heather Cayen	Kamloops Volkswagen 4	50	01:50.28	18
62	Laurie Manning		50	01:51.91	19
51	Nicole Schulte	MacVicars Merritt Machines 3	50	01:54.94	20
48	Paula Jolicoeur	MacVicars Merritt Machines 2	50	01:55.87	21
46	Jackie Hansen	MacVicars Merritt Machines 2	50	01:56.35	22
61	Kristin Webster		50	01:56.56	23
31	Angeline Fehr	Kamloops Volkswagen 1	50	01:57.18	24
35	Kerianne Kip	Kamloops Volkswagen 2	50	02:04.97	25
56	Correne Barrett		50	02:05.78	26
25	Jill Byrd	Fit By Design 2	50	02:07.41	27
34	Denise Chapple	Kamloops Volkswagen 2	50	02:08.50	28
59	Heidi Bassett		50	02:12.93	29
28	Brandi Thring	Fit By Design 3	50	02:16.03	30
33	Erin McGarvey	Kamloops Volkswagen 1	50	02:17.66	31
54	Trish Waugh	The Newbies	50	02:20.75	32
53	Stephanie Murray	The Newbies	50	02:24.50	33
23	Marie LeBlond	Fit By Design 1	50	02:27.97	34
24	Rawya Tsuji	Fit By Design 1	50	02:34.60	35
27	Sonia Strickland	Fit By Design 2	50	02:48.66	36
55	Cheryl Breitreutz		49	03:00.00	37
44	Julia Link	Lill' AMAzons 1	47	03:00.00	38
38	Annabella Sama	Kamloops Volkswagen 3	44	03:00.00	39
43	Allison James	Lill' AMAzons 1	43	03:00.00	40
36	Monica Sandhu	Kamloops Volkswagen 2	34	03:00.00	41
63	Lindsay Milton		33	03:00.00	42
22	Alison Gregory	Fit By Design 1	25	03:00.00	43
41	Lisa Spink	Kamloops Volkswagen 4		03:00.00	44
49	Anita Dumont	MacVicars Merritt Machines 3		03:00.00	44

# TIRE FLIPS

<b>NOVICE DIVISION</b>			<b>TIRE FLIP</b>		<b>Flip Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Flips</b>	<b>Flip Time</b>	
66	Serena Colwell		06	00:17.15	1
64	Nicole Gallant		06	00:18.56	2
57	Dainya Watson		06	00:19.56	3
23	Marie LeBlond	Fit By Design 1	06	00:19.81	4
55	Cheryl Breitreutz		06	00:20.10	5
40	Heather Cayen	Kamloops Volkswagen 4	06	00:20.22	6
58	Dani Johnson		06	00:20.57	7
42	Tammy Jezewsky	Kamloops Volkswagen 4	06	00:20.75	8
45	Laura Grizzlypaws	Lill' AMAzons 1	06	00:21.31	9
24	Rawya Tsuji	Fit By Design 1	06	00:21.34	10
39	Anyse Warner	Kamloops Volkswagen 3	06	00:23.04	11
38	Annabella Sama	Kamloops Volkswagen 3	06	00:23.53	12
28	Brandi Thring	Fit By Design 3	06	00:24.25	13
31	Angeline Fehr	Kamloops Volkswagen 1	06	00:24.50	14
46	Jackie Hansen	MacVicars Merritt Machines 2	06	00:25.15	15
63	Lindsay Milton		06	00:28.25	16
50	Jill Starrs	MacVicars Merritt Machines 3	06	00:29.12	17
27	Sonia Strickland	Fit By Design 2	06	00:29.22	18
30	Trish Meacher	Fit By Design 3	06	00:30.13	19
29	Emily McIsaac	Fit By Design 3	06	00:30.19	20
35	Kerianne Kip	Kamloops Volkswagen 2	06	00:30.56	21
37	Anna Cervo	Kamloops Volkswagen 3	06	00:30.57	22
26	Karly Harrison	Fit By Design 2	06	00:30.65	23
65	Robin Boyer		06	00:30.78	24
41	Lisa Spink	Kamloops Volkswagen 4	06	00:31.85	25
34	Denise Chapple	Kamloops Volkswagen 2	06	00:32.31	26
62	Laurie Manning		06	00:33.09	27
43	Allison James	Lill' AMAzons 1	06	00:33.22	28
47	Kaylynn Dixel	MacVicars Merritt Machines 2	06	00:33.34	29
33	Erin McGarvey	Kamloops Volkswagen 1	06	00:33.41	30
22	Alison Gregory	Fit By Design 1	06	00:33.47	31
52	Kristen Merkley	The Newbies	06	00:34.56	32
54	Trish Waugh	The Newbies	06	00:36.63	33
49	Anita Dumont	MacVicars Merritt Machines 3	06	00:36.81	34
51	Nicole Schulte	MacVicars Merritt Machines 3	06	00:37.02	35
53	Stephanie Murray	The Newbies	06	00:37.59	36
48	Paula Jolicoeur	MacVicars Merritt Machines 2	06	00:39.03	37
25	Jill Byrd	Fit By Design 2	06	00:39.97	38
36	Monica Sandhu	Kamloops Volkswagen 2	06	00:42.59	39
32	Arien Marino	Kamloops Volkswagen 1	06	00:50.65	40
60	Keely Weymouth		06	00:55.09	41
59	Heidi Bassett		06	00:56.50	42
56	Correne Barrett		06	01:26.72	43

44	Julia Link	Lill' AMAZons 1	06	01:28.91	44
61	Kristin Webster			03:00.00	45

## TIRE DRAG

Each competitor received 1 point for Kettlebell Lift which was not performed at this event.

## KETTLEBELL LIFT

NOVICE DIVISION						KB Rank
KETTLE BELLS						
#	NAME	TEAM	KB Timer	KB Penalty	KB TIME	
58	Dani Johnson		00:35.00		00:35.00	1
57	Dainya Watson		00:35.03		00:35.03	2
66	Serena Colwell		00:36.69		00:36.69	3
64	Nicole Gallant		00:37.18		00:37.18	4
31	Angeline Fehr	Kamloops Volkswagen 1	00:37.28		00:37.28	5
45	Laura Grizzlypaws	Lill' AMAZons 1	00:37.72		00:37.72	6
65	Robin Boyer		00:37.88		00:37.88	7
42	Tammy Jezewsky	Kamloops Volkswagen 4	00:38.30		00:38.30	8
29	Emily McIsaac	Fit By Design 3	00:38.56		00:38.56	9
37	Anna Cervo	Kamloops Volkswagen 3	00:38.12	00:01.00	00:39.12	10
23	Marie LeBlond	Fit By Design 1	00:39.25		00:39.25	11
30	Trish Meacher	Fit By Design 3	00:39.60		00:39.60	12
24	Rawya Tsuji	Fit By Design 1	00:39.87		00:39.87	13
28	Brandi Thring	Fit By Design 3	00:40.06		00:40.06	14
47	Kaylynn Dexel	MacVicars Merritt Machines 2	00:40.10		00:40.10	15
63	Lindsay Milton		00:40.69		00:40.69	16
40	Heather Cayen	Kamloops Volkswagen 4	00:40.78		00:40.78	17
38	Annabella Sama	Kamloops Volkswagen 3	00:41.09		00:41.09	18
26	Karly Harrison	Fit By Design 2	00:41.42		00:41.42	19
48	Paula Jolicoeur	MacVicars Merritt Machines 2	00:41.72		00:41.72	20
56	Correne Barrett		00:41.72		00:41.72	20
55	Cheryl Breitreutz		00:39.85	00:03.00	00:42.85	22
50	Jill Starrs	MacVicars Merritt Machines 3	00:40.33	00:03.00	00:43.33	23
52	Kristen Merkley	The Newbies	00:43.54		00:43.54	24
39	Anyse Warner	Kamloops Volkswagen 3	00:42.59	00:01.00	00:43.59	25
53	Stephanie Murray	The Newbies	00:44.00		00:44.00	26
49	Anita Dumont	MacVicars Merritt Machines 3	00:44.16		00:44.16	27
62	Laurie Manning		00:44.36		00:44.36	28
35	Kerianne Kip	Kamloops Volkswagen 2	00:44.94		00:44.94	29
34	Denise Chapple	Kamloops Volkswagen 2	00:44.96		00:44.96	30
46	Jackie Hansen	MacVicars Merritt Machines 2	00:44.03	00:01.00	00:45.03	31
51	Nicole Schulte	MacVicars Merritt Machines 3	00:45.12		00:45.12	32
41	Lisa Spink	Kamloops Volkswagen 4	00:45.15		00:45.15	33
60	Keely Weymouth		00:45.51		00:45.51	34
27	Sonia Strickland	Fit By Design 2	00:44.93	00:01.00	00:45.93	35

33	Erin McGarvey	Kamloops Volkswagen 1	00:46.53		00:46.53	36
25	Jill Byrd	Fit By Design 2	00:46.85		00:46.85	37
54	Trish Waugh	The Newbies	00:46.96		00:46.96	38
32	Arien Marino	Kamloops Volkswagen 1	00:47.30	00:01.00	00:48.30	39
61	Kristin Webster		00:48.53		00:48.53	40
36	Monica Sandhu	Kamloops Volkswagen 2	00:51.87		00:51.87	41
43	Allison James	Lill' AMAzons 1	00:52.03		00:52.03	42
22	Alison Gregory	Fit By Design 1	00:52.12		00:52.12	43
59	Heidi Bassett		00:52.15		00:52.15	44
44	Julia Link	Lill' AMAzons 1	00:53.45		00:53.45	45

## SANDBAG BURPEE CLEAN/PRESS

<b>NOVICE DIVISION</b>					<b>SANDBAG</b>		<b>SB Rank</b>
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Sandbag Reps</b>	<b>Sandbag TIME</b>			
66	Serena Colwell		15	00:58.69			1
58	Dani Johnson		15	01:01.19			2
45	Laura Grizzlypaws	Lill' AMAzons 1	15	01:01.56			3
57	Dainya Watson		15	01:03.25			4
64	Nicole Gallant		15	01:03.87			5
52	Kristen Merkley	The Newbies	15	01:05.47			6
56	Correne Barrett		15	01:05.53			7
28	Brandi Thring	Fit By Design 3	15	01:06.16			8
30	Trish Meacher	Fit By Design 3	15	01:09.19			9
54	Trish Waugh	The Newbies	15	01:10.66			10
39	Anyse Warner	Kamloops Volkswagen 3	15	01:16.63			11
55	Cheryl Breitzkreutz		15	01:16.63			11
46	Jackie Hansen	MacVicars Merritt Machines 2	15	01:17.75			13
38	Annabella Sama	Kamloops Volkswagen 3	15	01:18.09			14
47	Kaylynn Dixel	MacVicars Merritt Machines 2	15	01:18.13			15
50	Jill Starrs	MacVicars Merritt Machines 3	15	01:20.00			16
65	Robin Boyer		15	01:21.18			17
61	Kristin Webster		15	01:26.19			18
42	Tammy Jezewsky	Kamloops Volkswagen 4	15	01:26.25			19
37	Anna Cervo	Kamloops Volkswagen 3	15	01:27.46			20
31	Angeline Fehr	Kamloops Volkswagen 1	15	01:29.03			21
29	Emily Mclsaac	Fit By Design 3	15	01:29.56			22
62	Laurie Manning		15	01:30.81			23
27	Sonia Strickland	Fit By Design 2	15	01:34.31			24
40	Heather Cayen	Kamloops Volkswagen 4	15	01:34.50			25
48	Paula Jolicoeur	MacVicars Merritt Machines 2	15	01:35.19			26
32	Arien Marino	Kamloops Volkswagen 1	15	01:35.90			27
34	Denise Chapple	Kamloops Volkswagen 2	15	01:37.09			28
49	Anita Dumont	MacVicars Merritt Machines 3	15	01:40.44			29
23	Marie LeBlond	Fit By Design 1	15	01:40.53			30



36	Monica Sandhu	Kamloops Volkswagen 2	15	01:42.43	31
24	Rawya Tsuji	Fit By Design 1	15	01:44.19	32
26	Karly Harrison	Fit By Design 2	15	01:47.15	33
51	Nicole Schulte	MacVicars Merritt Machines 3	15	01:47.65	34
41	Lisa Spink	Kamloops Volkswagen 4	15	01:53.82	35
59	Heidi Bassett		15	02:06.53	36
44	Julia Link	Lill' AMAzons 1	15	02:14.69	37
35	Kerianne Kip	Kamloops Volkswagen 2	15	02:17.06	38
43	Allison James	Lill' AMAzons 1	15	02:23.03	39
53	Stephanie Murray	The Newbies	15	02:29.25	40
63	Lindsay Milton		15	02:33.22	41
22	Alison Gregory	Fit By Design 1	15	02:34.57	42
25	Jill Byrd	Fit By Design 2	15	02:36.50	43
60	Keely Weymouth		14	03:00.00	44
33	Erin McGarvey	Kamloops Volkswagen 1	10	03:00.00	45