



FEMSPORT Moose Jaw Challenge – August 18th, 2018



CHI Bursary Winner: Natasha Tinant

SCORING:

- ★ Low points place first
- ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
- ★ Obstacle Course placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)

NOVICE TEAM RANKING

**** Obstacle Course is worth 1.5x ****

	SB Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points		
Be-You-ties in Beast Mode									118.0	1
Amber Amendt	3	5	2	6	1	1	1			
Jennifer Michel	1	2	3	1	25	3	2			
Renee Michel	2	3	1	52	2	2	6			
The Young & the Rest of Us									340.0	2
Kelsey Lambert	6	11	9	5	6	14	3			
Taylor Jackson	4	1	18	22	42	47	22			
Tenielle McLeod	7	4	19	19	38	25	18			
Fab, Fit & Fortyish									373.5	3
Grace Eke	46	16	13	3	14	21	16			
Kristi Liske	25	23	7	26	10	11	11			
Sara Willems	36	13	13	36	16	19	20			
Goal Diggers									458.5	4
Courtney Colbow	35	34	22	23	5	13	19			
Jory Lafrentz	27	42	44	50	32	36	43			
Meigan Wilhelm	9	7	11	20	18	4	8			
Sweet Potato Thighs									525.5	5
Jenna Hagen	52	18	20	39	8	23	25			
Monique Strueby	20	35	26	21	37	32	26			
Sylvie Kellington	29	21	27	25	23	28	23			
Doughnuts & Deadlifts									526.5	6
Elisha Daneluk	18	32	16	11	9	8	10			
Lori St. Onge	17	27	40	35	29	29	29			
Melody Ng	31	44	24	42	27	46	41			

Cirque de Sore Legs								536.0	7
	Cori Selinger	15	38	21	27	13	24	21	
	Jess-Ann Selinger	50	50	30	14	11	27	31	
	Nicole Doss	47	30	15	9	7	55	28	
Gym Class Heros								544.0	8
	Carlina Hapke	24	8	4	2	4	15	7	
	Heather Striker	42	49	34	45	34	39	45	
	Kendel Reich	34	15	33	40	35	40	37	
Wheaties Box Rejects								578.0	9
	Carrie Trobert	28	25	23	28	44	31	30	
	Chrissy Shauf	16	22	42	49	55	53	46	
	Codi Eagles	5	17	10	31	48	6	13	
Be You Tiful Beasts #2								623.0	10
	Cara Dockstader	45	54	50	41	24	54	49	
	Shanna-Lee Sebastian	40	20	46	44	31	35	40	
	Shantelle Jolly	13	28	17	8	15	9	9	
Not Fast But Furious								634.0	11
	Abbey Hogg	37	48	43	30	20	21	35	
	Dallas Gilliss	38	31	8	24	12	7	16	
	Elaine Routhier	43	41	45	47	50	50	51	
Waist Management								639.5	12
	Katie Methot	12	10	12	4	3	12	4	
	Paula Hanson	48	46	47	33	40	49	47	
	Tara Johns	49	45	48	43	51	38	48	
Be You Tiful Beasts #3								645.0	13
	Carley Wilkinson	21	24	53	32	47	44	42	
	Patty Lygouriatis	23	36	37	17	33	45	36	
	Vicki Schnurr	19	51	29	13	21	37	27	
Killer Barbies								711.0	14
	Jody Copeland	8	29	31	18	22	10	15	
	Rene Sands	55	43	52	46	52	52	55	
	Robyn Sullivan	53	52	36	53	41	18	44	
The Amazons								717.5	15
	Blaire Ulrich	30	33	32	37	43	20	33	
	Taja Rooks	22	47	41	15	36	32	34	
	Valerie Paulson	54	55	39	48	46	41	52	
Snap Crackle Pop								738.5	16
	Andrea Leatherdale	44	37	28	29	17	42	38	
	Connie Spencer	41	53	49	55	49	48	54	
	Tessa Young	33	26	38	34	45	17	32	

NOVICE INDIVIDUAL RANKING

#	NAME	TEAM	Overall Rank	Overall Points
21	Amber Amendt	Be-You-ties in Beast Mode	1	18.5
22	Jennifer Michel	Be-You-ties in Beast Mode	2	36.5
57	Kelsey Lambert	The Young & the Rest of Us	3	58.0
60	Katie Methot	Waist Management	4	59.0
67	Carrie Allen		5	59.5
23	Renee Michel	Be-You-ties in Beast Mode	6	63.0
36	Carlina Hapke	Gym Class Heros	7	64.5
35	Meigan Wilhelm	Goal Diggers	8	71.0
17	Shantelle Jolly	Be You Tiful Beasts #2	9	94.5
27	Elisha Daneluk	Doughnuts & Deadlifts	10	98.0
31	Kristi Liske	Fab, Fit & Fortyish	11	107.5
71	Theresa Simon-Worobec		12	110.0
65	Codi Eagles	Wheaties Box Rejects	13	120.0
66	Carrie Hill		14	122.0
42	Jody Copeland	Killer Barbies	15	123.0
30	Grace Eke	Fab, Fit & Fortyish	16	123.5
46	Dallas Gilliss	Not Fast But Furious	16	123.5
59	Tenielle McLeod	The Young & the Rest of Us	18	124.5
33	Courtney Colbow	Goal Diggers	19	138.5
32	Sara Willems	Fab, Fit & Fortyish	20	142.5
24	Cori Selinger	Cirque de Sore Legs	21	150.0
58	Taylor Jackson	The Young & the Rest of Us	22	157.5
53	Sylvie Kellington	Sweet Potato Thighs	23	167.0
68	Kirstin Sikora		23	167.0
51	Jenna Hagen	Sweet Potato Thighs	25	171.5
52	Monique Strueby	Sweet Potato Thighs	26	187.0
20	Vicki Schnurr	Be You Tiful Beasts #3	27	188.5
26	Nicole Doss	Cirque de Sore Legs	28	190.5
28	Lori St. Onge	Doughnuts & Deadlifts	29	191.5
63	Carrie Trobert	Wheaties Box Rejects	30	194.5
25	Jess-Ann Selinger	Cirque de Sore Legs	31	195.5
50	Tessa Young	Snap Crackle Pop	32	201.5
54	Blaire Ulrich	The Amazons	33	205.0
55	Taja Rooks	The Amazons	34	209.0
45	Abbey Hogg	Not Fast But Furious	35	209.5
19	Patty Lygouriat	Be You Tiful Beasts #3	36	213.5
38	Kendel Reich	Gym Class Heros	37	217.0
48	Andrea Leatherdale	Snap Crackle Pop	38	218.0
70	Shayle Milne		39	221.0
16	Shanna-Lee Sebastian	Be You Tiful Beasts #2	40	233.5
29	Melody Ng	Doughnuts & Deadlifts	41	237.0
18	Carley Wilkinson	Be You Tiful Beasts #3	42	243.0
34	Jory Lafrentz	Goal Diggers	43	249.0

44	Robyn Sullivan	Killer Barbies	44	262.0
37	Heather Striker	Gym Class Heros	45	262.5
64	Chrissy Shauf	Wheaties Box Rejects	46	263.5
61	Paula Hanson	Waist Management	47	287.5
62	Tara Johns	Waist Management	48	293.0
15	Cara Dockstader	Be You Tiful Beasts #2	49	295.0
41	Trisha Lee-Karcha		50	298.5
47	Elaine Routhier	Not Fast But Furious	51	301.0
56	Valerie Paulson	The Amazons	52	303.5
40	Sarah Neibergall		53	318.5
49	Connie Spencer	Snap Crackle Pop	54	319.0
43	Rene Sands	Killer Barbies	55	326.0

NOVICE EVENT RANKING

OBSTACLE COURSE

*** Obstacle Course is worth 1.5x ***

NOVICE DIVISION						OC Rank
OBSTACLE COURSE						
#	NAME	TEAM	OCTimer	OC Penalty	OC TIME	
21	Amber Amendt	Be-You-ties in Beast Mode	00:33.25		00:33.25	1
23	Renee Michel	Be-You-ties in Beast Mode	00:35.15		00:35.15	2
22	Jennifer Michel	Be-You-ties in Beast Mode	00:36.75		00:36.75	3
35	Meigan Wilhelm	Goal Diggers	00:36.36	00:01.00	00:37.36	4
67	Carrie Allen		00:38.09		00:38.09	5
65	Codi Eagles	Wheaties Box Rejects	00:38.50		00:38.50	6
46	Dallas Gilliss	Not Fast But Furious	00:38.62		00:38.62	7
27	Elisha Daneluk	Doughnuts & Deadlifts	00:37.82	00:01.00	00:38.82	8
17	Shantelle Jolly	Be You Tiful Beasts #2	00:38.90		00:38.90	9
42	Jody Copeland	Killer Barbies	00:38.93		00:38.93	10
31	Kristi Liske	Fab, Fit & Fortyish	00:39.21		00:39.21	11
60	Katie Methot	Waist Management	00:39.30		00:39.30	12
33	Courtney Colbow	Goal Diggers	00:39.47		00:39.47	13
57	Kelsey Lambert	The Young & the Rest of Us	00:39.63		00:39.63	14
36	Carlina Hapke	Gym Class Heros	00:39.94		00:39.94	15
66	Carrie Hill		00:38.99	00:01.00	00:39.99	16
50	Tessa Young	Snap Crackle Pop	00:40.04		00:40.04	17
44	Robyn Sullivan	Killer Barbies	00:40.38		00:40.38	18
32	Sara Willems	Fab, Fit & Fortyish	00:40.60		00:40.60	19
54	Blaire Ulrich	The Amazons	00:40.69		00:40.69	20
30	Grace Eke	Fab, Fit & Fortyish	00:40.81		00:40.81	21
45	Abbey Hogg	Not Fast But Furious	00:40.81		00:40.81	21
51	Jenna Hagen	Sweet Potato Thighs	00:41.33		00:41.33	23

24	Cori Selinger	Cirque de Sore Legs	00:42.12		00:42.12	24
59	Tenielle McLeod	The Young & the Rest of Us	00:42.18		00:42.18	25
68	Kirstin Sikora		00:41.25	00:01.00	00:42.25	26
25	Jess-Ann Selinger	Cirque de Sore Legs	00:42.47		00:42.47	27
53	Sylvie Kellington	Sweet Potato Thighs	00:42.91		00:42.91	28
28	Lori St. Onge	Doughnuts & Deadlifts	00:42.94		00:42.94	29
71	Theresa Simon-Worobec		00:43.25		00:43.25	30
63	Carrie Trobert	Wheaties Box Rejects	00:42.48	00:01.00	00:43.48	31
52	Monique Strueby	Sweet Potato Thighs	00:44.03		00:44.03	32
55	Taja Rooks	The Amazons	00:44.03		00:44.03	32
70	Shayle Milne		00:44.12		00:44.12	34
16	Shanna-Lee Sebeastian	Be You Tiful Beasts #2	00:44.22		00:44.22	35
34	Jory Lafrentz	Goal Diggers	00:44.40		00:44.40	36
20	Vicki Schnurr	Be You Tiful Beasts #3	00:45.36		00:45.36	37
62	Tara Johns	Waist Management	00:45.59		00:45.59	38
37	Heather Striker	Gym Class Heros	00:45.78		00:45.78	39
38	Kendel Reich	Gym Class Heros	00:45.87		00:45.87	40
56	Valerie Paulson	The Amazons	00:45.97		00:45.97	41
48	Andrea Leatherdale	Snap Crackle Pop	00:45.12	00:01.00	00:46.12	42
41	Trisha Lee-Karcha		00:46.57		00:46.57	43
18	Carley Wilkinson	Be You Tiful Beasts #3	00:46.75		00:46.75	44
19	Patty Lygouriat	Be You Tiful Beasts #3	00:46.88		00:46.88	45
29	Melody Ng	Doughnuts & Deadlifts	00:47.00		00:47.00	46
58	Tayler Jackson	The Young & the Rest of Us	00:45.16	00:02.00	00:47.16	47
49	Connie Spencer	Snap Crackle Pop	00:47.84		00:47.84	48
61	Paula Hanson	Waist Management	00:48.66		00:48.66	49
47	Elaine Routhier	Not Fast But Furious	00:49.40		00:49.40	50
40	Sarah Neibergall		00:48.41	00:01.00	00:49.41	51
43	Rene Sands	Killer Barbies	00:47.87	00:02.00	00:49.87	52
64	Chrissy Shauf	Wheaties Box Rejects	00:51.06		00:51.06	53
15	Cara Dockstader	Be You Tiful Beasts #2	01:10.81		01:10.81	54
26	Nicole Doss	Cirque de Sore Legs	01:18.03		01:18.03	55

BOX JUMPS

NOVICE DIVISION		BOX JUMPS			Box Rank
#	NAME	TEAM	Box Reps	Box TIME	
58	Tayler Jackson	The Young & the Rest of Us	50	00:47.84	1
22	Jennifer Michel	Be-You-ties in Beast Mode	50	00:48.69	2
23	Renee Michel	Be-You-ties in Beast Mode	50	00:59.09	3
59	Tenielle McLeod	The Young & the Rest of Us	50	00:59.25	4
21	Amber Amendt	Be-You-ties in Beast Mode	50	01:04.94	5
67	Carrie Allen		50	01:06.12	6
35	Meigan Wilhelm	Goal Diggers	50	01:10.71	7
36	Carlina Hapke	Gym Class Heros	50	01:12.22	8
66	Carrie Hill		50	01:14.97	9

60	Katie Methot	Waist Management	50	01:18.00	10
57	Kelsey Lambert	The Young & the Rest of Us	50	01:26.75	11
71	Theresa Simon-Worobec		50	01:28.62	12
32	Sara Willems	Fab, Fit & Fortyish	50	01:31.66	13
70	Shayle Milne		50	01:33.22	14
38	Kendel Reich	Gym Class Heros	50	01:33.47	15
30	Grace Eke	Fab, Fit & Fortyish	50	01:34.47	16
65	Codi Eagles	Wheaties Box Rejects	50	01:35.63	17
51	Jenna Hagen	Sweet Potato Thighs	50	01:36.37	18
68	Kirstin Sikora		50	01:54.00	19
16	Shanna-Lee Sebeastian	Be You Tiful Beasts #2	50	01:54.84	20
53	Sylvie Kellington	Sweet Potato Thighs	50	01:56.91	21
64	Chrissy Shauf	Wheaties Box Rejects	50	01:57.87	22
31	Kristi Liske	Fab, Fit & Fortyish	50	02:01.00	23
18	Carley Wilkinson	Be You Tiful Beasts #3	50	02:06.09	24
63	Carrie Trobert	Wheaties Box Rejects	50	02:06.16	25
50	Tessa Young	Snap Crackle Pop	50	02:08.25	26
28	Lori St. Onge	Doughnuts & Deadlifts	50	02:08.94	27
17	Shantelle Jolly	Be You Tiful Beasts #2	50	02:10.38	28
42	Jody Copeland	Killer Barbies	50	02:12.84	29
26	Nicole Doss	Cirque de Sore Legs	50	02:16.41	30
46	Dallas Gilliss	Not Fast But Furious	50	02:19.97	31
27	Elisha Daneluk	Doughnuts & Deadlifts	50	02:27.94	32
54	Blaire Ulrich	The Amazons	50	02:28.85	33
33	Courtney Colbow	Goal Diggers	50	02:32.13	34
52	Monique Strueby	Sweet Potato Thighs	50	02:33.09	35
19	Patty Lygouriatis	Be You Tiful Beasts #3	50	02:34.66	36
48	Andrea Leatherdale	Snap Crackle Pop	50	02:35.31	37
24	Cori Selinger	Cirque de Sore Legs	50	02:36.16	38
41	Trisha Lee-Karcha		50	02:39.03	39
40	Sarah Neibergall		50	02:39.90	40
47	Elaine Routhier	Not Fast But Furious	50	02:41.37	41
34	Jory Lafrentz	Goal Diggers	50	02:43.38	42
43	Rene Sands	Killer Barbies	50	02:44.87	43
29	Melody Ng	Doughnuts & Deadlifts	50	02:47.31	44
62	Tara Johns	Waist Management	50	02:55.35	45
61	Paula Hanson	Waist Management	49	03:00.00	46
55	Taja Rooks	The Amazons	47	03:00.00	47
45	Abbey Hogg	Not Fast But Furious	45	03:00.00	48
37	Heather Striker	Gym Class Heros	40	03:00.00	49
25	Jess-Ann Selinger	Cirque de Sore Legs	37	03:00.00	50
20	Vicki Schnurr	Be You Tiful Beasts #3	33	03:00.00	51
44	Robyn Sullivan	Killer Barbies	30	03:00.00	52
49	Connie Spencer	Snap Crackle Pop	29	03:00.00	53
15	Cara Dockstader	Be You Tiful Beasts #2	06	03:00.00	54
56	Valerie Paulson	The Amazons		03:00.00	55

TIRE FLIPS

NOVICE DIVISION		TIRE FLIP			Flip Rank
#	NAME	TEAM	Flips	Flip Time	
22	Jennifer Michel	Be-You-ties in Beast Mode	06	00:22.50	1
36	Carlina Hapke	Gym Class Heros	06	00:22.82	2
30	Grace Eke	Fab, Fit & Fortyish	06	00:24.50	3
60	Katie Methot	Waist Management	06	00:25.47	4
57	Kelsey Lambert	The Young & the Rest of Us	06	00:25.59	5
21	Amber Amendt	Be-You-ties in Beast Mode	06	00:26.28	6
71	Theresa Simon-Worobec		06	00:26.88	7
17	Shantelle Jolly	Be You Tiful Beasts #2	06	00:27.59	8
26	Nicole Doss	Cirque de Sore Legs	06	00:27.88	9
66	Carrie Hill		06	00:27.93	10
27	Elisha Daneluk	Doughnuts & Deadlifts	06	00:28.50	11
67	Carrie Allen		06	00:28.53	12
20	Vicki Schnurr	Be You Tiful Beasts #3	06	00:28.84	13
25	Jess-Ann Selinger	Cirque de Sore Legs	06	00:28.91	14
55	Taja Rooks	The Amazons	06	00:29.91	15
68	Kirstin Sikora		06	00:30.12	16
19	Patty Lygouriatis	Be You Tiful Beasts #3	06	00:30.34	17
42	Jody Copeland	Killer Barbies	06	00:31.04	18
59	Tenielle McLeod	The Young & the Rest of Us	06	00:31.44	19
35	Meigan Wilhelm	Goal Diggers	06	00:31.78	20
52	Monique Strueby	Sweet Potato Thighs	06	00:31.82	21
58	Taylor Jackson	The Young & the Rest of Us	06	00:32.53	22
33	Courtney Colbow	Goal Diggers	06	00:33.04	23
46	Dallas Gilliss	Not Fast But Furious	06	00:33.31	24
53	Sylvie Kellington	Sweet Potato Thighs	06	00:33.50	25
31	Kristi Liske	Fab, Fit & Fortyish	06	00:33.75	26
24	Cori Selinger	Cirque de Sore Legs	06	00:33.91	27
63	Carrie Trobert	Wheaties Box Rejects	06	00:34.60	28
48	Andrea Leatherdale	Snap Crackle Pop	06	00:35.25	29
45	Abbey Hogg	Not Fast But Furious	06	00:35.84	30
65	Codi Eagles	Wheaties Box Rejects	06	00:36.87	31
18	Carley Wilkinson	Be You Tiful Beasts #3	06	00:38.09	32
61	Paula Hanson	Waist Management	06	00:38.18	33
50	Tessa Young	Snap Crackle Pop	06	00:38.85	34
28	Lori St. Onge	Doughnuts & Deadlifts	06	00:38.91	35
32	Sara Willems	Fab, Fit & Fortyish	06	00:39.69	36
54	Blaire Ulrich	The Amazons	06	00:39.81	37
70	Shayle Milne		06	00:41.19	38
51	Jenna Hagen	Sweet Potato Thighs	06	00:41.34	39
38	Kendel Reich	Gym Class Heros	06	00:43.75	40
15	Cara Dockstader	Be You Tiful Beasts #2	06	00:45.00	41
29	Melody Ng	Doughnuts & Deadlifts	06	00:47.09	42
62	Tara Johns	Waist Management	06	00:47.69	43

16	Shanna-Lee Sebeastian	Be You Tiful Beasts #2	06	00:48.56	44
37	Heather Striker	Gym Class Heros	06	00:48.97	45
43	Rene Sands	Killer Barbies	06	00:49.96	46
47	Elaine Routhier	Not Fast But Furious	06	00:50.63	47
56	Valerie Paulson	The Amazons	06	00:52.12	48
64	Chrissy Shauf	Wheaties Box Rejects	06	00:53.85	49
34	Jory Lafrentz	Goal Diggers	06	00:53.90	50
41	Trisha Lee-Karcha		06	00:54.59	51
23	Renee Michel	Be-You-ties in Beast Mode	06	00:55.06	52
44	Robyn Sullivan	Killer Barbies	06	00:55.50	53
40	Sarah Neibergall		06	01:01.10	54
49	Connie Spencer	Snap Crackle Pop	04	03:00.00	55

TIRE DRAG

NOVICE DIVISION						Tire Rank
TIRE DRAG						
#	NAME	TEAM	TD Timer	Tire Penalty	Tire TIME	
21	Amber Amendt	Be-You-ties in Beast Mode	00:13.16		00:13.16	1
23	Renee Michel	Be-You-ties in Beast Mode	00:13.31		00:13.31	2
60	Katie Methot	Waist Management	00:15.37		00:15.37	3
36	Carlina Hapke	Gym Class Heros	00:15.97		00:15.97	4
33	Courtney Colbow	Goal Diggers	00:16.04		00:16.04	5
57	Kelsey Lambert	The Young & the Rest of Us	00:16.09		00:16.09	6
26	Nicole Doss	Cirque de Sore Legs	00:16.28		00:16.28	7
51	Jenna Hagen	Sweet Potato Thighs	00:16.91		00:16.91	8
27	Elisha Daneluk	Doughnuts & Deadlifts	00:16.97		00:16.97	9
31	Kristi Liske	Fab, Fit & Fortyish	00:17.00		00:17.00	10
25	Jess-Ann Selinger	Cirque de Sore Legs	00:17.35		00:17.35	11
46	Dallas Gilliss	Not Fast But Furious	00:17.37		00:17.37	12
24	Cori Selinger	Cirque de Sore Legs	00:18.10		00:18.10	13
30	Grace Eke	Fab, Fit & Fortyish	00:18.50		00:18.50	14
17	Shantelle Jolly	Be You Tiful Beasts #2	00:18.56		00:18.56	15
32	Sara Willems	Fab, Fit & Fortyish	00:18.28	00:01.00	00:19.28	16
48	Andrea Leatherdale	Snap Crackle Pop	00:19.31		00:19.31	17
35	Meigan Wilhelm	Goal Diggers	00:19.37		00:19.37	18
67	Carrie Allen		00:19.37		00:19.37	18
45	Abbey Hogg	Not Fast But Furious	00:19.40		00:19.40	20
20	Vicki Schnurr	Be You Tiful Beasts #3	00:19.41		00:19.41	21
42	Jody Copeland	Killer Barbies	00:19.43		00:19.43	22
53	Sylvie Kellington	Sweet Potato Thighs	00:19.50		00:19.50	23
15	Cara Dockstader	Be You Tiful Beasts #2	00:19.63		00:19.63	24
22	Jennifer Michel	Be-You-ties in Beast Mode	00:19.78		00:19.78	25
68	Kirstin Sikora		00:19.94		00:19.94	26
29	Melody Ng	Doughnuts & Deadlifts	00:20.53		00:20.53	27
66	Carrie Hill		00:20.72		00:20.72	28

28	Lori St. Onge	Doughnuts & Deadlifts	00:20.97		00:20.97	29
71	Theresa Simon-Worobec		00:21.03		00:21.03	30
16	Shanna-Lee Sebeastian	Be You Tiful Beasts #2	00:21.40		00:21.40	31
34	Jory Lafrentz	Goal Diggers	00:21.53		00:21.53	32
19	Patty Lygouriatis	Be You Tiful Beasts #3	00:21.69		00:21.69	33
37	Heather Striker	Gym Class Heros	00:21.78		00:21.78	34
38	Kendel Reich	Gym Class Heros	00:21.84		00:21.84	35
55	Taja Rooks	The Amazons	00:22.07		00:22.07	36
52	Monique Strueby	Sweet Potato Thighs	00:22.09		00:22.09	37
59	Tenielle McLeod	The Young & the Rest of Us	00:22.40		00:22.40	38
41	Trisha Lee-Karcha		00:22.82		00:22.82	39
61	Paula Hanson	Waist Management	00:22.97		00:22.97	40
44	Robyn Sullivan	Killer Barbies	00:23.19		00:23.19	41
58	Taylor Jackson	The Young & the Rest of Us	00:23.41		00:23.41	42
54	Blaire Ulrich	The Amazons	00:23.59		00:23.59	43
63	Carrie Trobert	Wheaties Box Rejects	00:23.69		00:23.69	44
50	Tessa Young	Snap Crackle Pop	00:24.10		00:24.10	45
56	Valerie Paulson	The Amazons	00:25.41		00:25.41	46
18	Carley Wilkinson	Be You Tiful Beasts #3	00:26.28		00:26.28	47
65	Codi Eagles	Wheaties Box Rejects	00:27.12		00:27.12	48
49	Connie Spencer	Snap Crackle Pop	00:27.81		00:27.81	49
47	Elaine Routhier	Not Fast But Furious	00:28.90		00:28.90	50
62	Tara Johns	Waist Management	00:30.13		00:30.13	51
43	Rene Sands	Killer Barbies	00:31.35		00:31.35	52
70	Shayle Milne		00:31.75		00:31.75	53
40	Sarah Neibergall		00:36.03		00:36.03	54
64	Chrissy Shauf	Wheaties Box Rejects	00:37.69		00:37.69	55

KETTLEBELL LIFT

NOVICE DIVISION		KETTLE BELLS				KB Rank
#	NAME	TEAM	KB Timer	KB Penalty	KB TIME	
23	Renee Michel	Be-You-ties in Beast Mode	00:37.13		00:37.13	1
21	Amber Amendt	Be-You-ties in Beast Mode	00:37.16		00:37.16	2
22	Jennifer Michel	Be-You-ties in Beast Mode	00:37.81		00:37.81	3
36	Carlina Hapke	Gym Class Heros	00:37.38	00:01.00	00:38.38	4
67	Carrie Allen		00:39.10		00:39.10	5
71	Theresa Simon-Worobec		00:37.53	00:02.00	00:39.53	6
31	Kristi Liske	Fab, Fit & Fortyish	00:39.81		00:39.81	7
46	Dallas Gilliss	Not Fast But Furious	00:39.87		00:39.87	8
57	Kelsey Lambert	The Young & the Rest of Us	00:39.06	00:01.00	00:40.06	9
65	Codi Eagles	Wheaties Box Rejects	00:39.19	00:01.00	00:40.19	10
35	Meigan Wilhelm	Goal Diggers	00:38.35	00:02.00	00:40.35	11
60	Katie Methot	Waist Management	00:40.37		00:40.37	12
30	Grace Eke	Fab, Fit & Fortyish	00:40.54		00:40.54	13

32	Sara Willems	Fab, Fit & Fortyish	00:40.54		00:40.54	13
26	Nicole Doss	Cirque de Sore Legs	00:40.59		00:40.59	15
27	Elisha Daneluk	Doughnuts & Deadlifts	00:40.78		00:40.78	16
17	Shantelle Jolly	Be You Tiful Beasts #2	00:40.81		00:40.81	17
58	Taylor Jackson	The Young & the Rest of Us	00:41.93		00:41.93	18
59	Tenielle McLeod	The Young & the Rest of Us	00:42.03		00:42.03	19
51	Jenna Hagen	Sweet Potato Thighs	00:42.37		00:42.37	20
24	Cori Selinger	Cirque de Sore Legs	00:42.50		00:42.50	21
33	Courtney Colbow	Goal Diggers	00:43.19		00:43.19	22
63	Carrie Trobert	Wheaties Box Rejects	00:43.31		00:43.31	23
29	Melody Ng	Doughnuts & Deadlifts	00:43.72		00:43.72	24
66	Carrie Hill		00:44.16		00:44.16	25
52	Monique Strueby	Sweet Potato Thighs	00:44.50		00:44.50	26
53	Sylvie Kellington	Sweet Potato Thighs	00:44.91		00:44.91	27
48	Andrea Leatherdale	Snap Crackle Pop	00:45.70		00:45.70	28
20	Vicki Schnurr	Be You Tiful Beasts #3	00:45.75		00:45.75	29
25	Jess-Ann Selinger	Cirque de Sore Legs	00:45.94		00:45.94	30
42	Jody Copeland	Killer Barbies	00:46.25		00:46.25	31
54	Blaire Ulrich	The Amazons	00:46.94		00:46.94	32
38	Kendel Reich	Gym Class Heros	00:46.34	00:01.00	00:47.34	33
37	Heather Striker	Gym Class Heros	00:46.66	00:01.00	00:47.66	34
68	Kirstin Sikora		00:47.68		00:47.68	35
44	Robyn Sullivan	Killer Barbies	00:47.78		00:47.78	36
19	Patty Lygouriatis	Be You Tiful Beasts #3	00:47.88		00:47.88	37
50	Tessa Young	Snap Crackle Pop	00:47.31	00:01.00	00:48.31	38
56	Valerie Paulson	The Amazons	00:46.34	00:02.00	00:48.34	39
28	Lori St. Onge	Doughnuts & Deadlifts	00:47.81	00:01.00	00:48.81	40
55	Taja Rooks	The Amazons	00:46.00	00:03.00	00:49.00	41
64	Chrissy Shauf	Wheaties Box Rejects	00:48.13	00:01.00	00:49.13	42
45	Abbey Hogg	Not Fast But Furious	00:48.22	00:01.00	00:49.22	43
34	Jory Lafrentz	Goal Diggers	00:49.44		00:49.44	44
47	Elaine Routhier	Not Fast But Furious	00:48.12	00:02.00	00:50.12	45
16	Shanna-Lee Sebeastian	Be You Tiful Beasts #2	00:49.46	00:01.00	00:50.46	46
61	Paula Hanson	Waist Management	00:50.69		00:50.69	47
62	Tara Johns	Waist Management	00:50.97		00:50.97	48
49	Connie Spencer	Snap Crackle Pop	00:51.56		00:51.56	49
15	Cara Dockstader	Be You Tiful Beasts #2	00:52.06		00:52.06	50
70	Shayle Milne		00:50.59	00:02.00	00:52.59	51
43	Rene Sands	Killer Barbies	00:53.40		00:53.40	52
18	Carley Wilkinson	Be You Tiful Beasts #3	00:53.41		00:53.41	53
41	Trisha Lee-Karcha		00:56.25	00:01.00	00:57.25	54
40	Sarah Neibergall		00:58.66		00:58.66	55

SANDBAG BURPEE CLEAN/PRESS

NOVICE DIVISION			SANDBAG		SB Rank
#	NAME	TEAM	Sandbag Reps	Sandbag TIME	
22	Jennifer Michel	Be-You-ties in Beast Mode	15	00:51.22	1
23	Renee Michel	Be-You-ties in Beast Mode	15	00:52.44	2
21	Amber Amendt	Be-You-ties in Beast Mode	15	00:52.94	3
58	Taylor Jackson	The Young & the Rest of Us	15	00:58.69	4
65	Codi Eagles	Wheaties Box Rejects	15	01:00.28	5
57	Kelsey Lambert	The Young & the Rest of Us	15	01:01.94	6
59	Tenielle McLeod	The Young & the Rest of Us	15	01:02.15	7
42	Jody Copeland	Killer Barbies	15	01:02.59	8
35	Meigan Wilhelm	Goal Diggers	15	01:03.69	9
71	Theresa Simon-Worobec		15	01:05.41	10
67	Carrie Allen		15	01:06.85	11
60	Katie Methot	Waist Management	15	01:09.10	12
17	Shantelle Jolly	Be You Tiful Beasts #2	15	01:12.09	13
70	Shayle Milne		15	01:13.53	14
24	Cori Selinger	Cirque de Sore Legs	15	01:16.50	15
64	Chrissy Shauf	Wheaties Box Rejects	15	01:19.10	16
28	Lori St. Onge	Doughnuts & Deadlifts	15	01:19.13	17
27	Elisha Daneluk	Doughnuts & Deadlifts	15	01:19.47	18
20	Vicki Schnurr	Be You Tiful Beasts #3	15	01:20.19	19
52	Monique Strueby	Sweet Potato Thighs	15	01:20.87	20
18	Carley Wilkinson	Be You Tiful Beasts #3	15	01:22.37	21
55	Taja Rooks	The Amazons	15	01:24.03	22
19	Patty Lygouriatis	Be You Tiful Beasts #3	15	01:24.25	23
36	Carlina Hapke	Gym Class Heros	15	01:24.78	24
31	Kristi Liske	Fab, Fit & Fortyish	15	01:25.66	25
66	Carrie Hill		15	01:26.07	26
34	Jory Lafrentz	Goal Diggers	15	01:26.56	27
63	Carrie Trobert	Wheaties Box Rejects	15	01:26.75	28
53	Sylvie Kellington	Sweet Potato Thighs	15	01:30.59	29
54	Blaire Ulrich	The Amazons	15	01:31.37	30
29	Melody Ng	Doughnuts & Deadlifts	15	01:31.59	31
68	Kirstin Sikora		15	01:33.56	32
50	Tessa Young	Snap Crackle Pop	15	01:33.66	33
38	Kendel Reich	Gym Class Heros	15	01:34.06	34
33	Courtney Colbow	Goal Diggers	15	01:35.12	35
32	Sara Willems	Fab, Fit & Fortyish	15	01:38.72	36
45	Abbey Hogg	Not Fast But Furious	15	01:39.09	37
46	Dallas Gilliss	Not Fast But Furious	15	01:42.47	38
40	Sarah Neibergall		15	01:45.13	39
16	Shanna-Lee Sebastian	Be You Tiful Beasts #2	15	01:46.00	40
49	Connie Spencer	Snap Crackle Pop	15	01:46.44	41
37	Heather Striker	Gym Class Heros	15	01:49.56	42

47	Elaine Routhier	Not Fast But Furious	15	01:49.57	43
48	Andrea Leatherdale	Snap Crackle Pop	15	01:49.91	44
15	Cara Dockstader	Be You Tiful Beasts #2	15	01:50.65	45
30	Grace Eke	Fab, Fit & Fortyish	15	01:52.87	46
26	Nicole Doss	Cirque de Sore Legs	15	01:58.25	47
61	Paula Hanson	Waist Management	15	01:59.37	48
62	Tara Johns	Waist Management	15	02:01.81	49
25	Jess-Ann Selinger	Cirque de Sore Legs	15	02:05.13	50
41	Trisha Lee-Karcha		15	02:05.81	51
51	Jenna Hagen	Sweet Potato Thighs	15	02:11.00	52
44	Robyn Sullivan	Killer Barbies	15	02:15.56	53
56	Valerie Paulson	The Amazons	15	02:34.76	54
43	Rene Sands	Killer Barbies	15	02:35.97	55