



FEMSPORT Calgary Challenge – June 24th, 2017



CHI Bursary Winner: Nicole Haugan

SCORING:

- ★ Low points place first
- ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
- ★ Obstacle Course placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)
- ★ Each competitor received 1 point for Kettlebell Lift which was not performed at this event.

OPEN TEAM RANKING

**** Obstacle Course is worth 1.5x ****

	SB Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	TEAM RANK
Thundercats								92.5	1
Chelsea Tripp	8	5	1	6	3	1	3		
Julie Snijder	6	3	1	1	2	3	2		
Syonna Bennett	17	7	1	10	8	5	8		
Thunders Explosive Kinetics								124.5	2
Courtney Sawers	9	11	1	14	7	7	9		
Jade Pitre	12	17	1	3	5	12	10		
Melissa Beck	5	4	1	2	1	2	1		
Action Conditioning Force								164.0	3
Cindy Veluw	10	8	1	13	10	13	14		
Jessica Costa	11	14	1	7	11	11	13		
Katrina Brandt	3	1	1	12	16	6	5		
Yummy Mommy's								213.0	4
Lindsay Hendrickson	16	9	1	17	19	16	17		
Louise Riopel	13	12	1	11	15	10	15		
Paige Pope	7	13	1	4	14	14	12		
Soul Squatters								262.0	5
Brittany MacMillan	1	6	1	16	12	15	11		
Darlene Fazzio	18	19	1	18	18	19	19		
Julia Rossiter	19	18	1	19	17	18	18		

OPEN INDIVIDUAL RANKING

#	NAME	TEAM	Final Rank	Overall Points
102	Melissa Beck	Thunders Explosive Kinetics	1	16.0
98	Julie Snijder	Thundercats	2	17.5
97	Chelsea Tripp	Thundercats	3	24.5
110	Sarah Fritzel		4	41.0
93	Katrina Brandt	Action Conditioning Force	5	42.0
108	Catherine Slemko		6	48.5
107	Arwen Caines		7	50.0
99	Syvonna Bennett	Thundercats	8	50.5
100	Courtney Sawers	Thunders Explosive Kinetics	9	52.5
101	Jade Pitre	Thunders Explosive Kinetics	10	56.0
94	Brittany MacMillan	Soul Squatters	11	58.5
105	Paige Pope	Yummy Mommy's	12	60.0
92	Jessica Costa	Action Conditioning Force	13	60.5
91	Cindy Veluw	Action Conditioning Force	14	61.5
104	Louise Riopel	Yummy Mommy's	15	67.0
109	Nicole Haugan		16	68.5
103	Lindsay Hendrickson	Yummy Mommy's	17	86.0
96	Julia Rossiter	Soul Squatters	18	101.0
95	Darlene Fazzio	Soul Squatters	19	102.5

OPEN EVENT RANKING

OBSTACLE COURSE

*** Obstacle Course is worth 1.5x ***

OPEN DIVISION			OBSTACLE COURSE			OC Rank
#	NAME	TEAM	Timer	OC Penalty	OC TIME	
97	Chelsea Tripp	Thundercats	01:02.47		01:02.47	1
102	Melissa Beck	Thunders Explosive Kinetics	01:01.94	00:01.00	01:02.94	2
98	Julie Snijder	Thundercats	01:04.72		01:04.72	3
107	Arwen Caines		01:05.59		01:05.59	4
99	Syvonna Bennett	Thundercats	01:06.40		01:06.40	5
93	Katrina Brandt	Action Conditioning Force	01:07.82		01:07.82	6
100	Courtney Sawers	Thunders Explosive Kinetics	01:07.91		01:07.91	7
110	Sarah Fritzel		01:08.31		01:08.31	8
108	Catherine Slemko		01:09.31		01:09.31	9
104	Louise Riopel	Yummy Mommy's	01:09.84		01:09.84	10
92	Jessica Costa	Action Conditioning Force	01:10.72		01:10.72	11

101	Jade Pitre	Thunders Explosive Kinetics	01:10.85		01:10.85	12
91	Cindy Veluw	Action Conditioning Force	01:10.88		01:10.88	13
105	Paige Pope	Yummy Mommy's	01:11.12		01:11.12	14
94	Brittany MacMillan	Soul Squatters	01:11.56		01:11.56	15
103	Lindsay Hendrickson	Yummy Mommy's	01:12.43		01:12.43	16
109	Nicole Haugan		01:12.50		01:12.50	17
96	Julia Rossiter	Soul Squatters	01:25.38		01:25.38	18
95	Darlene Fazzio	Soul Squatters	01:28.44		01:28.44	19

BOX JUMPS

OPEN DIVISION			BOX JUMPS		Box Rank
#	NAME	TEAM	Box Reps	Box TIME	
93	Katrina Brandt	Action Conditioning Force	50	00:36.10	1
110	Sarah Fritzel		50	00:44.00	2
98	Julie Snijder	Thundercats	50	00:44.63	3
102	Melissa Beck	Thunders Explosive Kinetics	50	00:44.66	4
97	Chelsea Tripp	Thundercats	50	00:44.72	5
94	Brittany MacMillan	Soul Squatters	50	00:47.90	6
99	Syonna Bennett	Thundercats	50	00:49.63	7
91	Cindy Veluw	Action Conditioning Force	50	00:52.94	8
103	Lindsay Hendrickson	Yummy Mommy's	50	00:53.03	9
108	Catherine Slemko		50	00:54.32	10
100	Courtney Sawers	Thunders Explosive Kinetics	50	00:55.57	11
104	Louise Riopel	Yummy Mommy's	50	00:56.84	12
105	Paige Pope	Yummy Mommy's	50	01:04.68	13
92	Jessica Costa	Action Conditioning Force	50	01:12.50	14
107	Arwen Caines		50	01:21.38	15
109	Nicole Haugan		50	01:31.69	16
101	Jade Pitre	Thunders Explosive Kinetics	50	01:35.44	17
96	Julia Rossiter	Soul Squatters	50	02:28.87	18
95	Darlene Fazzio	Soul Squatters	32	03:00.00	19

TIRE FLIPS

OPEN DIVISION			TIRE FLIP		Rank
#	NAME	TEAM	Flips	Flip Score	
98	Julie Snijder	Thundercats	08	00:22.06	1
102	Melissa Beck	Thunders Explosive Kinetics	08	00:23.12	2
101	Jade Pitre	Thunders Explosive Kinetics	08	00:23.28	3
105	Paige Pope	Yummy Mommy's	08	00:23.37	4
108	Catherine Slemko		08	00:23.41	5

97	Chelsea Tripp	Thundercats	08	00:24.03	6
92	Jessica Costa	Action Conditioning Force	08	00:24.31	7
107	Arwen Caines		08	00:24.32	8
109	Nicole Haugan		08	00:24.66	9
99	Syvonna Bennett	Thundercats	08	00:25.84	10
104	Louise Riopel	Yummy Mommy's	08	00:25.85	11
93	Katrina Brandt	Action Conditioning Force	08	00:26.53	12
91	Cindy Veluw	Action Conditioning Force	08	00:26.81	13
100	Courtney Sawers	Thunders Explosive Kinetics	08	00:27.28	14
110	Sarah Fritzel		08	00:27.72	15
94	Brittany MacMillan	Soul Squatters	08	00:28.47	16
103	Lindsay Hendrickson	Yummy Mommy's	08	00:31.62	17
95	Darlene Fazzzio	Soul Squatters	08	00:33.97	18
96	Julia Rossiter	Soul Squatters	08	00:36.10	19

TIRE DRAG

OPEN DIVISION				TIRE DRAG	Tire Rank
#	NAME	TEAM	Tire TIME		
102	Melissa Beck	Thunders Explosive Kinetics	00:09.84	1	
98	Julie Snijder	Thundercats	00:10.54	2	
97	Chelsea Tripp	Thundercats	00:10.66	3	
108	Catherine Slemko		00:11.25	4	
101	Jade Pitre	Thunders Explosive Kinetics	00:11.40	5	
107	Arwen Caines		00:12.31	6	
100	Courtney Sawers	Thunders Explosive Kinetics	00:13.25	7	
99	Syvonna Bennett	Thundercats	00:13.31	8	
110	Sarah Fritzel		00:13.34	9	
91	Cindy Veluw	Action Conditioning Force	00:13.59	10	
92	Jessica Costa	Action Conditioning Force	00:13.72	11	
94	Brittany MacMillan	Soul Squatters	00:13.87	12	
109	Nicole Haugan		00:14.03	13	
105	Paige Pope	Yummy Mommy's	00:15.68	14	
104	Louise Riopel	Yummy Mommy's	00:16.53	15	
93	Katrina Brandt	Action Conditioning Force	00:16.97	16	
96	Julia Rossiter	Soul Squatters	00:20.72	17	
95	Darlene Fazzzio	Soul Squatters	00:21.31	18	
103	Lindsay Hendrickson	Yummy Mommy's	00:21.94	19	

KETTLEBELL LIFT

Each competitor received 1 point for Kettlebell Lift which was not performed at this event.

SANDBAG BURPEE CLEAN/PRESS

OPEN DIVISION			SANDBAG		SB Rank
#	NAME	TEAM	Sandbag Reps	Sandbag Score	
94	Brittany MacMillan	Soul Squatters	15	00:41.44	1
110	Sarah Fritzel		15	00:41.73	2
93	Katrina Brandt	Action Conditioning Force	15	00:42.03	3
109	Nicole Haugan		15	00:44.41	4
102	Melissa Beck	Thunders Explosive Kinetics	15	00:44.47	5
98	Julie Snijder	Thundercats	15	00:48.84	6
105	Paige Pope	Yummy Mommy's	15	00:49.77	7
97	Chelsea Tripp	Thundercats	15	00:50.44	8
100	Courtney Sawers	Thunders Explosive Kinetics	15	00:50.82	9
91	Cindy Veluw	Action Conditioning Force	15	00:51.50	10
92	Jessica Costa	Action Conditioning Force	15	00:52.40	11
101	Jade Pitre	Thunders Explosive Kinetics	15	00:54.31	12
104	Louise Riopel	Yummy Mommy's	15	00:56.91	13
107	Arwen Caines		15	00:57.75	14
108	Catherine Slemko		15	00:57.98	15
103	Lindsay Hendrickson	Yummy Mommy's	15	01:00.34	16
99	Syonna Bennett	Thundercats	15	01:02.02	17
95	Darlene Fazzio	Soul Squatters	15	01:30.53	18
96	Julia Rossiter	Soul Squatters	15	01:31.58	19