



FEMSPORT Moose Jaw Challenge – Aug 19th, 2017



CHI Bursary Winner: Christine Cardenas

SCORING:

- ★ Low points place first
- ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
- ★ Obstacle Course placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)

MASTERS TEAM RANKING

*** Obstacle Course is worth 1.5x ***

	SB Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	TEAM RANK
40 Strong								86.0	1
Cheri Haberstock	4	2	4	3	1	2	3		
Karla Vander Schaaf	6	5	8	7	5	5	6		
Trina Battersby	5	4	5	6	6	3	5		
Hells Belles								119.5	2
Tricia Lukow	2	8	2	4	3	6	4		
Linda MacKinnon	8	7	7	5	7	8	8		
Valdine Chow	7	6	6	8	8	7	7		

MASTERS INDIVIDUAL RANKING

#	NAME	TEAM	Overall Rank	Overall Points
8	Shawna Ross		1	12.5
7	Jenni Klempp		2	16.0
1	Cheri Haberstock	40 Strong	3	17.0
5	Tricia Lukow	Hells Belles	4	28.0
3	Trina Battersby	40 Strong	5	30.5
2	Karla Vander Schaaf	40 Strong	6	38.5
6	Valdine Chow	Hells Belles	7	45.5
4	Linda MacKinnon	Hells Belles	8	46.0

MASTERS EVENT RANKING

OBSTACLE COURSE

*** Obstacle Course is worth 1.5x ***

MASTERS DIVISION			OBSTACLE COURSE			OC Rank
#	NAME	TEAM	OCTimer	OC Penalty	OC TIME	
8	Shawna Ross		01:08.72		01:08.72	1
1	Cheri Haberstock	40 Strong	01:12.72		01:12.72	2
3	Trina Battersby	40 Strong	01:15.91	00:01.00	01:16.91	3
7	Jenni Klemp		01:17.78		01:17.78	4
2	Karla Vander Schaaf	40 Strong	01:19.97		01:19.97	5
5	Tricia Lukow	Hells Belles	01:21.75		01:21.75	6
6	Valdine Chow	Hells Belles	01:27.56		01:27.56	7
4	Linda MacKinnon	Hells Belles	01:41.34		01:41.34	8

BOX JUMPS

MASTERS DIVISION			BOX JUMPS		Box Rank
#	NAME	TEAM	Box Reps	Box TIME	
7	Jenni Klemp		50	01:03.19	1
1	Cheri Haberstock	40 Strong	50	02:17.47	2
8	Shawna Ross		50	02:18.22	3
3	Trina Battersby	40 Strong	50	02:33.66	4
2	Karla Vander Schaaf	40 Strong	49	03:00.00	5
6	Valdine Chow	Hells Belles	30	03:00.00	6
4	Linda MacKinnon	Hells Belles	16	03:00.00	7
5	Tricia Lukow	Hells Belles		03:00.00	8

TIRE FLIPS

MASTERS DIVISION			TIRE FLIP		Flip Rank
#	NAME	TEAM	Flips	Flip Time	
7	Jenni Klemp		06	00:17.00	1
8	Shawna Ross		06	00:17.66	2
1	Cheri Haberstock	40 Strong	06	00:18.06	3
5	Tricia Lukow	Hells Belles	06	00:18.22	4
4	Linda MacKinnon	Hells Belles	06	00:20.62	5
3	Trina Battersby	40 Strong	06	00:23.94	6
2	Karla Vander Schaaf	40 Strong	06	00:33.75	7
6	Valdine Chow	Hells Belles	06	00:42.32	8

TIRE DRAG

MASTERS DIVISION		TIRE DRAG			Tire Rank	
#	NAME	TEAM	Drag Time	Drag Penalty		DRAG TIME
1	Cheri Haberstock	40 Strong	00:14.82		00:14.82	1
8	Shawna Ross		00:16.53		00:16.53	2
5	Tricia Lukow	Hells Belles	00:17.37		00:17.37	3
7	Jenni Klempp		00:17.62		00:17.62	4
2	Karla Vander Schaaf	40 Strong	00:18.41		00:18.41	5
3	Trina Battersby	40 Strong	00:18.97		00:18.97	6
4	Linda MacKinnon	Hells Belles	00:19.41		00:19.41	7
6	Valdine Chow	Hells Belles	00:23.75		00:23.75	8

KETTLEBELL LIFT

MASTERS DIVISION		KETTLE BELLS			KB Rank	
#	NAME	TEAM	KB Timer	KB Penalty		KB TIME
8	Shawna Ross		00:38.16	00:02.00	00:40.16	1
5	Tricia Lukow	Hells Belles	00:42.69		00:42.69	2
7	Jenni Klempp		00:43.16		00:43.16	3
1	Cheri Haberstock	40 Strong	00:50.03		00:50.03	4
3	Trina Battersby	40 Strong	00:50.97		00:50.97	5
6	Valdine Chow	Hells Belles	00:51.68		00:51.68	6
4	Linda MacKinnon	Hells Belles	00:52.50		00:52.50	7
2	Karla Vander Schaaf	40 Strong	00:59.44		00:59.44	8

SANDBAG BURPEE CLEAN/PRESS

MASTERS DIVISION		SANDBAG		SB Rank	
#	NAME	TEAM	Sandbag Reps		Sandbag Time
7	Jenni Klempp		15	01:04.91	1
5	Tricia Lukow	Hells Belles	15	01:05.25	2
8	Shawna Ross		15	01:07.75	3
1	Cheri Haberstock	40 Strong	15	01:24.06	4
3	Trina Battersby	40 Strong	15	01:34.12	5
2	Karla Vander Schaaf	40 Strong	15	01:37.57	6
6	Valdine Chow	Hells Belles	15	01:41.54	7
4	Linda MacKinnon	Hells Belles	15	01:56.47	8