

FEMSPORT

Women's Strength & Fitness Challenge

FEMSPORT Calgary Challenge – June 25th, 2016



CHI /CSNA Bursary Winner: Hailey Jones

OPEN TEAM RANKING

*** Each competitor received 1 point each for Tire Drag and Kettlebell Lift
which were not performed at this event ***

*** Obstacle Course is worth 1.5x ***

		Row Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	
Triple Threat								17	92	1
	Alana Everett-Yim	4	14	1	18	1	16	14		
	Ana Maljkovic	2	2	1	1	1	2	1		
	Tamsyn Irwin	5	3	1	4	1	4	2		
Margaritas									142.5	2
	Jennifer Lessard	7	4	1	9	1	6	6		
	Raven Coleman	7	11	1	5	1	9	8		
	Tracy Kirkwood	17	20	1	19	1	10	18		
Swole Sisters									148.5	3
	Hilary Boswell	10	8	1	3	1	4	4		
	Jessica Sequin	9	10	1	7	1	13	10		
	Sinead Casey	16	19	1	8	1	18	17		
Gymmy's Angels									162.5	4
	Catherine Slemko	11	6	1	19	1	3	9		
	Kelly Schmaltz	12	13	1	11	1	12	11		
	Nicole Ireland	14	17	1	10	1	14	15		
Divine									205	5
	Carey Nelson	17	12	1	17	1	7	12		
	Joline Jacobson	17	15	1	13	1	15	16		
	Shannon Kelly	17	16	1	12	1	20	20		

OPEN INDIVIDUAL RANKING

#	NAME	TEAM	Final Rank	Overall Points
86	Ana Maljkovic	Triple Threat	1	10.0
87	Tamsyn Irwin	Triple Threat	2	20.0
90	Hailey Jones		3	24.0
82	Hilary Boswell	Swole Sisters	4	29.0
88	Angela Wegleitner		5	29.5
79	Jennifer Lessard	Margaritas	6	31.0
89	Devonee Thompson		7	36.0
80	Raven Coleman	Margaritas	8	38.5
76	Catherine Slemko	Gymmy's Angels	9	42.5
83	Jessica Sequin	Swole Sisters	10	47.5
77	Kelly Schmaltz	Gymmy's Angels	11	56.0
92	Sarah Webb		12	58.5
73	Carey Nelson	Divine	12	58.5
85	Alana Everett-Yim	Triple Threat	14	62.0
78	Nicole Ireland	Gymmy's Angels	15	64.0
74	Joline Jacobson	Divine	16	69.5
84	Sinead Casey	Swole Sisters	17	72.0
81	Tracy Kirkwood	Margaritas	18	73.0
91	Mary Mulick		19	75.5
75	Shannon Kelly	Divine	20	77.0

OPEN EVENT RANKING

OBSTACLE COURSE

OPEN DIVISION			OBSTACLE COURSE			Rank	Points
#	NAME	TEAM	Time	Penalty	OC TIME		
88	Angela Wegleitner		00:59.22	00:01.00	01:00.22	1	1.5
86	Ana Maljkovic	Triple Threat	01:00.28		01:00.28	2	3.0
76	Catherine Slemko	Gymmy's Angels	01:00.50		01:00.50	3	4.5
82	Hilary Boswell	Swole Sisters	01:02.47		01:02.47	4	6.0
87	Tamsyn Irwin	Triple Threat	01:02.47		01:02.47	4	6.0
79	Jennifer Lessard	Margaritas	01:03.82		01:03.82	6	9.0
73	Carey Nelson	Divine	01:06.28		01:06.28	7	10.5
90	Hailey Jones		01:06.35		01:06.35	8	12.0
80	Raven Coleman	Margaritas	01:08.00		01:08.00	9	13.5
81	Tracy Kirkwood	Margaritas	01:08.12		01:08.12	10	15.0
89	Devonee Thompson		01:08.12		01:08.12	10	15.0

77	Kelly Schmaltz	Gymmy's Angels	01:08.56		01:08.56	12	18.0
83	Jessica Sequin	Swole Sisters	01:09.00		01:09.00	13	19.5
78	Nicole Ireland	Gymmy's Angels	01:09.59		01:09.59	14	21.0
74	Joline Jacobson	Divine	01:11.00		01:11.00	15	22.5
85	Alana Everett-Yim	Triple Threat	01:08.59	00:03.00	01:11.59	16	24.0
92	Sarah Webb		01:11.82		01:11.82	17	25.5
84	Sinead Casey	Swole Sisters	01:13.31		01:13.31	18	27.0
91	Mary Mulick		01:12.47	00:01.00	01:13.47	19	28.5
75	Shannon Kelly	Divine	01:13.75		01:13.75	20	30.0

BOX JUMPS

OPEN DIVISION					BOX JUMPS	
#	NAME	TEAM	Box Reps	Box TIME	Rank	Points
89	Devonee Thompson		50	00:42.84	1	1
86	Ana Maljkovic	Triple Threat	50	00:47.13	2	2
87	Tamsyn Irwin	Triple Threat	50	00:47.45	3	3
79	Jennifer Lessard	Margaritas	50	00:47.66	4	4
88	Angela Wegleitner		50	00:47.84	5	5
76	Catherine Slemko	Gymmy's Angels	50	00:49.58	6	6
90	Hailey Jones		50	00:54.50	7	7
82	Hilary Boswell	Swole Sisters	50	01:03.06	8	8
92	Sarah Webb		50	01:04.57	9	9
83	Jessica Sequin	Swole Sisters	50	01:16.46	10	10
80	Raven Coleman	Margaritas	50	01:20.03	11	11
73	Carey Nelson	Divine	50	01:22.78	12	12
77	Kelly Schmaltz	Gymmy's Angels	50	01:25.15	13	13
85	Alana Everett-Yim	Triple Threat	50	01:32.21	14	14
74	Joline Jacobson	Divine	50	01:36.79	15	15
75	Shannon Kelly	Divine	50	01:38.21	16	16
78	Nicole Ireland	Gymmy's Angels	50	01:45.78	17	17
91	Mary Mulick		50	02:03.91	18	18
84	Sinead Casey	Swole Sisters	50	02:07.53	19	19
81	Tracy Kirkwood	Margaritas	32	03:00.00	20	20

TIRE FLIPS

OPEN DIVISION					TIRE FLIP	
#	NAME	TEAM	Flips	Flip Time	Rank	Points
86	Ana Maljkovic	Triple Threat	05	00:15.81	1	1
90	Hailey Jones		05	00:17.41	2	2
82	Hilary Boswell	Swole Sisters	05	00:18.00	3	3
87	Tamsyn Irwin	Triple Threat	05	00:18.25	4	4
80	Raven Coleman	Margaritas	05	00:19.87	5	5

88	Angela Wegleitner		05	00:19.93	6	6
83	Jessica Sequin	Swole Sisters	05	00:20.68	7	7
84	Sinead Casey	Swole Sisters	05	00:21.25	8	8
79	Jennifer Lessard	Margaritas	05	00:21.50	9	9
78	Nicole Ireland	Gymmy's Angels	05	00:21.66	10	10
77	Kelly Schmaltz	Gymmy's Angels	05	00:22.63	11	11
75	Shannon Kelly	Divine	05	00:27.19	12	12
74	Joline Jacobson	Divine	05	00:30.62	13	13
91	Mary Mulick		05	00:44.31	14	14
89	Devonee Thompson		05	00:46.52	15	15
92	Sarah Webb		05	01:14.67	16	16
73	Carey Nelson	Divine	05	01:17.82	17	17
85	Alana Everett-Yim	Triple Threat	05	01:49.23	18	18
76	Catherine Slemko	Gymmy's Angels		05:00.00	19	19
81	Tracy Kirkwood	Margaritas		05:00.00	19	19

INVERTED ROWS

OPEN DIVISION				INVERTED ROWS	Rank	Points
#	NAME	TEAM	Score			
90	Hailey Jones		74.5	1	1	
86	Ana Maljkovic	Triple Threat	68.5	2	2	
89	Devonee Thompson		61.0	3	3	
85	Alana Everett-Yim	Triple Threat	54.5	4	4	
87	Tamsyn Irwin	Triple Threat	53.5	5	5	
92	Sarah Webb		52.0	6	6	
79	Jennifer Lessard	Margaritas	42.0	7	7	
80	Raven Coleman	Margaritas	42.0	7	7	
83	Jessica Sequin	Swole Sisters	41.5	9	9	
82	Hilary Boswell	Swole Sisters	40.0	10	10	
76	Catherine Slemko	Gymmy's Angels	39.5	11	11	
77	Kelly Schmaltz	Gymmy's Angels	39.0	12	12	
91	Mary Mulick		35.0	13	13	
78	Nicole Ireland	Gymmy's Angels	31.5	14	14	
88	Angela Wegleitner		31.0	15	15	
84	Sinead Casey	Swole Sisters	27.5	16	16	
73	Carey Nelson	Divine		17	17	
74	Joline Jacobson	Divine		17	17	
75	Shannon Kelly	Divine		17	17	
81	Tracy Kirkwood	Margaritas		17	17	

TIRE DRAG

**** Each competitor received 1 point for Tire Drag which was not performed at this event ****

KETTLEBELL LIFT

**** Each competitor received 1 point for Kettlebell Lift which was not performed at this event ****