

FEMSPORT

Women's Strength & Fitness Challenge

FEMSPORT Vancouver Challenge – Sept 5th, 2015



CHI Bursary Winner: Kendelle Johnston

MASTERS TEAM RANKING

	Row Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	Team Rank
Gravity Warriors								109.0	1
Britt Permien	1	2	1	1	2	10	2	22.0	
Marie Cambon	1	1	5	14	12	3	7	37.5	
Ruth Marzetti	1	6	10	10	6	11	10	49.5	
Durti Gurlz #1								117.5	2
Kari Collins	1	12	3	6	4	7	6	36.5	
Denise Eakins	1	11	2	2	1	1	1	18.5	
Julia Willmott	1	7	12	12	11	13	13	62.5	
The Bootcamp Effect #1								135.5	3
Ashley Knight	1	14	9	11	7	8	11	54.0	
Kathy Gunter	1	4	4	7	10	5	5	33.5	
Maxine Sims	1	8	8	9	13	6	9	48.0	

**** Each competitor received 1 point for Inverted Rows which were not performed at this event ****
**** Obstacle Course is worth 1.5x ****

MASTERS INDIVIDUAL RANKING

#	NAME	TEAM	Final Rank	Overall Points
1	Denise Eakins	Durti Gurlz #1	1	18.5
4	Britt Permien	Gravity Warriors	2	22.0
14	Sonia Woodman		3	28.0
13	Pilar Bradshaw		4	33.0
8	Kathy Gunter	The Bootcamp Effect #1	5	33.5
3	Kari Collins	Durti Gurlz #1	6	36.5
5	Marie Cambon	Gravity Warriors	7	37.5
11	Janelle Rychtowski		7	37.5
9	Maxine Sims	The Bootcamp Effect #1	9	48.0
6	Ruth Marzetti	Gravity Warriors	10	49.5
7	Ashley Knight	The Bootcamp Effect #1	11	54.0
12	Nadine Weflen		12	59.0
2	Julia Willmott	Durti Gurlz #1	13	62.5
10	Anna Goldenberg		14	72.0

MASTERS EVENT RANKING

OBSTACLE COURSE

#	NAME	TEAM	Timer	Penalty	OC TIME	Rank	Points
1	Denise Eakins	Durti Gurlz #1	01:20.19	00:01.00	01:21.19	1	1.5
13	Pilar Bradshaw		01:21.66		01:21.66	2	3.0
5	Marie Cambon	Gravity Warriors	01:23.56		01:23.56	3	4.5
14	Sonia Woodman		01:25.53		01:25.53	4	6.0
8	Kathy Gunter	The Bootcamp Effect #1	01:25.22	00:01.00	01:26.22	5	7.5
9	Maxine Sims	The Bootcamp Effect #1	01:26.53		01:26.53	6	9.0
3	Kari Collins	Durti Gurlz #1	01:30.54		01:30.54	7	10.5
7	Ashley Knight	The Bootcamp Effect #1	01:31.12		01:31.12	8	12.0
11	Janelle Rychtowski		01:31.56		01:31.56	9	13.5
4	Britt Permien	Gravity Warriors	01:32.03	00:01.00	01:33.03	10	15.0
6	Ruth Marzetti	Gravity Warriors	01:36.47		01:36.47	11	16.5
12	Nadine Weflen		01:41.75	00:01.00	01:42.75	12	18.0
2	Julia Willmott	Durti Gurlz #1	01:44.44		01:44.44	13	19.5
10	Anna Goldenberg		01:53.47		01:53.47	14	21.0

BOX JUMPS

#	NAME	TEAM	BOX JUMPS		Rank	Points
			Box Reps	Box TIME		
5	Marie Cambon	Gravity Warriors	50	00:52.84	1	1
4	Britt Permien	Gravity Warriors	50	01:36.06	2	2
13	Pilar Bradshaw		50	01:37.03	3	3
8	Kathy Gunter	The Bootcamp Effect #1	50	01:38.00	4	4
14	Sonia Woodman		50	01:54.44	5	5
6	Ruth Marzetti	Gravity Warriors	50	02:03.16	6	6
2	Julia Willmott	Durti Gurlz #1	50	02:11.90	7	7
9	Maxine Sims	The Bootcamp Effect #1	50	02:12.41	8	8
11	Janelle Rychtowski		50	02:17.47	9	9
10	Anna Goldenberg		50	02:18.25	10	10
1	Denise Eakins	Durti Gurlz #1	50	02:29.91	11	11
3	Kari Collins	Durti Gurlz #1	50	02:30.41	12	12
12	Nadine Weflen		50	02:31.03	13	13
7	Ashley Knight	The Bootcamp Effect #1	50	02:58.57	14	14

TIRE FLIPS

MASTERS DIVISION			TIRE FLIP	Rank	Points
#	NAME	TEAM	Flip Score		
4	Britt Permien	Gravity Warriors	00:21.12	1	1
1	Denise Eakins	Durti Gurlz #1	00:21.21	2	2
13	Pilar Bradshaw		00:22.19	3	3
11	Janelle Rychtowski		00:22.37	4	4
14	Sonia Woodman		00:23.93	5	5
3	Kari Collins	Durti Gurlz #1	00:24.16	6	6
8	Kathy Gunter	The Bootcamp Effect #1	00:31.53	7	7
12	Nadine Weflen		00:32.78	8	8
9	Maxine Sims	The Bootcamp Effect #1	00:33.77	9	9
6	Ruth Marzetti	Gravity Warriors	00:35.16	10	10
7	Ashley Knight	The Bootcamp Effect #1	00:37.00	11	11
2	Julia Willmott	Durti Gurlz #1	00:45.03	12	12
10	Anna Goldenberg		01:33.75	13	13
5	Marie Cambon	Gravity Warriors	02:00.00	14	14

TIRE DRAG

MASTERS DIVISION			TIRE DRAG			Rank	Points
#	NAME	TEAM	Time	Penalty	TIME		
1	Denise Eakins	Durti Gurlz #1	00:15.10		00:15.10	1	1
4	Britt Permien	Gravity Warriors	00:16.87		00:16.87	2	2
11	Janelle Rychtowski		00:21.56		00:21.56	3	3
3	Kari Collins	Durti Gurlz #1	00:22.93		00:22.93	4	4
14	Sonia Woodman		00:23.22		00:23.22	5	5
6	Ruth Marzetti	Gravity Warriors	00:24.60		00:24.60	6	6
7	Ashley Knight	The Bootcamp Effect #1	00:24.87		00:24.87	7	7
12	Nadine Weflen		00:25.71		00:25.71	8	8
13	Pilar Bradshaw		00:30.25		00:30.25	9	9
8	Kathy Gunter	The Bootcamp Effect #1	00:30.34		00:30.34	10	10
2	Julia Willmott	Durti Gurlz #1	00:32.62		00:32.62	11	11
5	Marie Cambon	Gravity Warriors	00:35.15		00:35.15	12	12
9	Maxine Sims	The Bootcamp Effect #1	00:41.94		00:41.94	13	13
10	Anna Goldenberg		01:06.53		01:06.53	14	14

KETTLEBELL LIFT

MASTERS DIVISION			KETTLE BELLS			Rank	Points
#	NAME	TEAM	Time	Penalty	KB TIME		
4	Britt Permien	Gravity Warriors	00:40.94		00:40.94	1	1
1	Denise Eakins	Durti Gurlz #1	00:42.15		00:42.15	2	2
3	Kari Collins	Durti Gurlz #1	00:42.62		00:42.62	3	3
8	Kathy Gunter	The Bootcamp Effect #1	00:43.28		00:43.28	4	4

5	Marie Cambon	Gravity Warriors	00:44.72		00:44.72	5	5
14	Sonia Woodman		00:46.18		00:46.18	6	6
11	Janelle Rychtowski		00:46.88		00:46.88	7	7
9	Maxine Sims	The Bootcamp Effect #1	00:48.84		00:48.84	8	8
7	Ashley Knight	The Bootcamp Effect #1	00:48.88		00:48.88	9	9
6	Ruth Marzetti	Gravity Warriors	00:48.09	00:01.00	00:49.09	10	10
12	Nadine Weflen		00:54.35		00:54.35	11	11
2	Julia Willmott	Durti Gurlz #1	01:04.53		01:04.53	12	12
10	Anna Goldenberg		01:07.91	00:01.00	01:08.91	13	13
13	Pilar Bradshaw		03:00.00		03:00.00	14	14