

FEMSPORT Kamloops Challenge – May 30, 2015



CHI Bursary Winner: Erin Lise Davis



BCEA "Heart" Award: Jocelyn Buckham

OPEN

TEAM: TOTALS

TEAM NAME - OPEN	POINTS	PLACE
Kinetic Energy Flexin Flamingos	141.5	1
Tough Cookies	148.0	2
No Limits Fitness	149.0	3
Fit by Design 1	183.5	4
Global's A Team	210.5	5

INDIVIDUAL: TOTALS

#	OPEN NAME	TEAM	Final Rank	Overall Points
38	Cassie Keeping	Tough Cookies	1	14.5
35	Cassie Robertson	No Limits Fitness	2	30.5
34	Nicole Vincze	Kinetic Energy Flexin Flamingos	3	32.0
28	Julie Klassen	Fit by Design 1	4	33.0
39	Kendelle Johnston	Tough Cookies	5	43.0
41	Tami Newman		6	48.5
32	Elaine Topolnisky	Kinetic Energy Flexin Flamingos	7	51.0
37	Rachel Bohnet	No Limits Fitness	7	51.0
33	Kimberley Dennett	Kinetic Energy Flexin Flamingos	9	58.5
29	Amber Wold	Global's A Team	10	60.0
31	Asia Hoffart	Global's A Team	11	63.5
36	Erin Lise Davis	No Limits Fitness	12	67.5
26	Andrea Lougheed	Fit by Design 1	13	68.5
27	Christina Masse	Fit by Design 1	14	82.0
30	Angelique Kronebusch	Global's A Team	15	87.0
40	Tracy Ferrier	Tough Cookies	16	90.5

OPEN

INDIVIDUAL: EVENT RESULTS

INVERTED ROWS – OPEN					
#	NAME	TEAM	Reps	Rank	Point Score
37	Rachel Bohnet	No Limits Fitness	66.5	1	1
38	Cassie Keeping	Tough Cookies	56.5	2	2
34	Nicole Vincze	Kinetic Energy Flexin Flamingos	55.0	3	3
35	Cassie Robertson	No Limits Fitness	53.5	4	4
33	Kimberley Dennett	Kinetic Energy Flexin Flamingos	50.0	5	5
29	Amber Wold	Global's A Team	48.0	6	6
41	Tami Newman		47.0	7	7
30	Angelique Kronebusch	Global's A Team	45.5	8	8
32	Elaine Topolnisky	Kinetic Energy Flexin Flamingos	44.0	9	9
39	Kendelle Johnston	Tough Cookies	41.5	10	10
27	Christina Masse	Fit by Design 1	41.0	11	11
28	Julie Klassen	Fit by Design 1	41.0	11	11
31	Asia Hoffart	Global's A Team	41.0	11	11
26	Andrea Lougheed	Fit by Design 1	38.0	14	14
40	Tracy Ferrier	Tough Cookies	36.0	15	15
36	Erin Lise Davis	No Limits Fitness	29.0	16	16

KETTLEBELL LIFT – OPEN							
#	NAME	TEAM	KB TIME	PENALTY	FINAL KB TIME	Rank	Point Score
38	Cassie Keeping	Tough Cookies	00:32.28		00:32.28	1	1
39	Kendelle Johnston	Tough Cookies	00:33.32		00:33.32	2	2
35	Cassie Robertson	No Limits Fitness	00:33.94		00:33.94	3	3
32	Elaine Topolnisky	Kinetic Energy Flexin Flamingos	00:34.10		00:34.10	4	4
34	Nicole Vincze	Kinetic Energy Flexin Flamingos	00:34.31		00:34.31	5	5
28	Julie Klassen	Fit by Design 1	00:34.75		00:34.75	6	6
41	Tami Newman		00:35.18		00:35.18	7	7
33	Kimberley Dennett	Kinetic Energy Flexin Flamingos	00:35.57		00:35.57	8	8
31	Asia Hoffart	Global's A Team	00:35.97		00:35.97	9	9
29	Amber Wold	Global's A Team	00:36.09		00:36.09	10	10
26	Andrea Lougheed	Fit by Design 1	00:36.12		00:36.12	11	11
30	Angelique Kronebusch	Global's A Team	00:36.25		00:36.25	12	12
36	Erin Lise Davis	No Limits Fitness	00:36.66		00:36.66	13	13
37	Rachel Bohnet	No Limits Fitness	00:36.88		00:36.88	14	14
27	Christina Masse	Fit by Design 1	00:37.72		00:37.72	15	15
40	Tracy Ferrier	Tough Cookies	00:41.75	00:01.00	00:42.75	16	16

BOX JUMPS – OPEN						
#	NAME	TEAM	Box Reps	Box TIME	Rank	Point Score
32	Elaine Topolnisky	Kinetic Energy Flexin Flamingos	50	00:42.66	1	1
34	Nicole Vincze	Kinetic Energy Flexin Flamingos	50	00:44.09	2	2
39	Kendelle Johnston	Tough Cookies	50	00:49.13	3	3
36	Erin Lise Davis	No Limits Fitness	50	00:50.47	4	4
37	Rachel Bohnet	No Limits Fitness	50	00:50.97	5	5
35	Cassie Robertson	No Limits Fitness	50	00:51.22	6	6
38	Cassie Keeping	Tough Cookies	50	00:56.90	7	7
28	Julie Klassen	Fit by Design 1	50	00:57.19	8	8
31	Asia Hoffart	Global's A Team	50	01:00.69	9	9
33	Kimberley Dennett	Kinetic Energy Flexin Flamingos	50	01:04.75	10	10
40	Tracy Ferrier	Tough Cookies	50	01:10.47	11	11
30	Angelique Kronebusch	Global's A Team	50	01:14.06	12	12
27	Christina Masse	Fit by Design 1	50	01:33.65	13	13
29	Amber Wold	Global's A Team	50	01:35.19	14	14
41	Tami Newman		50	01:40.06	15	15
26	Andrea Lougheed	Fit by Design 1	50	02:00.41	16	16

TIRE FLIP – OPEN					
#	NAME	TEAM	Flip Time	Rank	Point Score
28	Julie Klassen	Fit by Design 1	00:15.60	1	1
38	Cassie Keeping	Tough Cookies	00:16.16	2	2
41	Tami Newman		00:16.90	3	3
36	Erin Lise Davis	No Limits Fitness	00:17.78	4	4
35	Cassie Robertson	No Limits Fitness	00:18.03	5	5
37	Rachel Bohnet	No Limits Fitness	00:18.38	6	6
34	Nicole Vincze	Kinetic Energy Flexin Flamingos	00:18.71	7	7
39	Kendelle Johnston	Tough Cookies	00:18.97	8	8
29	Amber Wold	Global's A Team	00:19.16	9	9
26	Andrea Lougheed	Fit by Design 1	00:19.50	10	10
32	Elaine Topolnisky	Kinetic Energy Flexin Flamingos	00:19.60	11	11
33	Kimberley Dennett	Kinetic Energy Flexin Flamingos	00:19.75	12	12
31	Asia Hoffart	Global's A Team	00:19.94	13	13
40	Tracy Ferrier	Tough Cookies	00:21.06	14	14
27	Christina Masse	Fit by Design 1	00:24.06	15	15
30	Angelique Kronebusch	Global's A Team	00:24.31	16	16

TIRE DRAG – OPEN					
#	NAME	TEAM	Time	Rank	Point Score
38	Cassie Keeping	Tough Cookies	00:12.53	1	1
39	Kendelle Johnston	Tough Cookies	00:15.19	2	2
41	Tami Newman		00:15.22	3	3
28	Julie Klassen	Fit by Design 1	00:15.44	4	4
31	Asia Hoffart	Global's A Team	00:15.75	5	5
29	Amber Wold	Global's A Team	00:15.96	6	6
27	Christina Masse	Fit by Design 1	00:16.97	7	7
35	Cassie Robertson	No Limits Fitness	00:17.21	8	8
34	Nicole Vincze	Kinetic Energy Flexin Flamingos	00:17.32	9	9

26	Andrea Lougheed	Fit by Design 1	00:17.59	10	10
36	Erin Lise Davis	No Limits Fitness	00:19.28	11	11
40	Tracy Ferrier	Tough Cookies	00:21.19	12	12
33	Kimberley Dennett	Kinetic Energy Flexin Flamingos	00:21.69	13	13
32	Elaine Topolnisky	Kinetic Energy Flexin Flamingos	00:24.97	14	14
30	Angelique Kronebusch	Global's A Team	00:27.69	15	15
37	Rachel Bohnet	No Limits Fitness	00:33.53	16	16

OBSTACLE COURSE (x 1.5) – OPEN							
#	NAME	TEAM	OC TIME	PENALTY	FINAL OC TIME	Rank	Point Score
38	Cassie Keeping	Tough Cookies	01:05.16	00:01.00	01:06.16	1	1.5
28	Julie Klassen	Fit by Design 1	01:12.87		01:12.87	2	3.0
35	Cassie Robertson	No Limits Fitness	01:13.31		01:13.31	3	4.5
34	Nicole Vincze	Kinetic Energy Flexin Flamingos	01:14.69		01:14.69	4	6.0
26	Andrea Lougheed	Fit by Design 1	01:16.63		01:16.63	5	7.5
37	Rachel Bohnet	No Limits Fitness	01:17.81		01:17.81	6	9.0
33	Kimberley Dennett	Kinetic Energy Flexin Flamingos	01:16.37	00:02.00	01:18.37	7	10.5
32	Elaine Topolnisky	Kinetic Energy Flexin Flamingos	01:18.50		01:18.50	8	12.0
41	Tami Newman		01:19.53		01:19.53	9	13.5
29	Amber Wold	Global's A Team	01:19.82		01:19.82	10	15.0
31	Asia Hoffart	Global's A Team	01:19.94	00:01.00	01:20.94	11	16.5
39	Kendelle Johnston	Tough Cookies	01:22.47	00:01.00	01:23.47	12	18.0
36	Erin Lise Davis	No Limits Fitness	01:23.44	00:01.00	01:24.44	13	19.5
27	Christina Masse	Fit by Design 1	01:26.91	00:01.00	01:27.91	14	21.0
40	Tracy Ferrier	Tough Cookies	01:28.03		01:28.03	15	22.5
30	Angelique Kronebusch	Global's A Team	01:30.84	00:01.00	01:31.84	16	24.0