

FEMSPORT

Women's Strength + Fitness Challenge



FEMSPORT Fort Saskatchewan Challenge – July 25th, 2015



CHI Bursary Winner: Natasha Conek

NOVICE TEAM RANKING

		Row Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	Team Rank
Southside Conditioning Club									146.5	1
	Amber Kay	1	41	7	6	1	4	5	62.0	
	Ashley Whiteway	1	12	2	9	16	20	7	70.0	
	Kaitlyn Chapman	1	1	1	1	9	1	1	14.5	
IronClad Soldiers									249.0	2
	Daniele Newton	1	7	4	11	3	21	4	57.5	
	Jennifer Armeson	1	3	19	23	21	31	17	113.5	
	Shannon Young	1	21	3	4	7	28	10	78.0	
Flexy Beasts									283.5	3
	Danielle Lorenson	1	19	10	7	13	14	8	71.0	
	Erin Jong	1	13	34	17	11	12	14	94.0	
	Jackie Regehr	1	22	12	5	35	29	22	118.5	
Fierce & Furious									327.5	4
	Laurie Ciezki	1	4	21	10	15	3	3	55.5	
	Megan Kilmister	1	36	45	45	39	39	45	224.5	
	Tanya Thiessen	1	9	18	8	4	5	2	47.5	
FR Fire									353.5	5
	Hayley Selby	1	17	6	14	20	36	16	112.0	
	Jenn Kadyk	1	27	8	2	22	16	12	84.0	
	Shannon Jordon	1	32	13	40	46	17	30	157.5	
Feisty Fems									369.0	6
	Nadelle Schiller	1	14	11	14	17	11	9	73.5	
	Melissa Loiselle	1	18	26	20	37	19	27	130.5	
	Trish Kuhn	1	35	24	35	25	30	32	165.0	
Daytona Play Hard									369.0	7
	Amanda Drader	1	15	31	38	34	42	37	182.0	
	Meaghan MacKinnon	1	8	14	18	19	2	6	63.0	
	Rechelle Folden	1	16	27	28	40	8	25	124.0	

		Row Rank	Box Rank	KB Rank	Flip Rank	Tire Rank	OC Rank	Overall Rank	Overall Points	Team Rank
FR Beast										8
	Amy Visconte	1	45	38	30	10	46	40	193.0	
	Mary Mulick	1	31	17	12	18	24	19	115.0	
	Richelle Fitzowich	1	23	9	22	23	25	20	115.5	
Daytona Work Hard										9
	Miranda Spencer	1	5	29	24	28	6	15	96.0	
	Heather Stirling	1	34	41	39	44	35	42	211.5	
	Tracy Young	1	6	30	36	32	15	26	127.5	
Masters of our Destiny										10
	Denise Dieken	1	20	5	3	14	27	11	83.5	
	Leslee Pohalka	1	40	33	37	31	13	31	161.5	
	Wendy Drummond	1	42	43	34	12	40	39	192.0	
Beast Mode										11
	Hailey Dublenko	1	39	44	13	2	44	32	165.0	
	Jessica Imppola	1	37	37	21	6	43	34	166.5	
	Kari Medd	1	26	22	26	29	7	18	114.5	
Livewire Ladies										12
	Dawn Jacobs	1	38	31	44	42	37	42	211.5	
	Elizabeth Halpin	1	10	25	32	33	10	21	116.0	
	Mallory Van Dyke	1	25	23	19	27	18	24	122.0	
Mighty MisFITs										13
	Ashley Morey	1	43	40	41	36	33	41	210.5	
	Kim Whalen	1	28	42	43	43	38	44	214.0	
	Rajeanne Bianca	1	30	28	14	8	26	23	120.0	
Yummy Mommies										14
	Andrea Bestman	1	29	46	46	45	45	46	234.5	
	Dao Haddad	1	2	38	42	41	41	38	185.5	
	Naomi Crozier	1	24	36	33	38	23	34	166.5	

**** Each competitor received 1 point for Inverted Rows which were not performed at this event ****

**** Obstacle Course is worth 1.5x ****

NOVICE INDIVIDUAL RANKING

#	NAME	TEAM	Final Rank	Overall Points
63	Kaitlyn Chapman	Southside Conditioning Club	1	14.5
39	Tanya Thiessen	Fierce & Furious	2	47.5
37	Laurie Ciezki	Fierce & Furious	3	55.5
49	Daniele Newton	IronClad Soldiers	4	57.5
61	Amber Kay	Southside Conditioning Club	5	62.0
29	Meaghan MacKinnon	Daytona Play Hard	6	63.0
62	Ashley Whiteway	Southside Conditioning Club	7	70.0
40	Danielle Lorensen	Flexy Beasts	8	71.0
35	Nadelle Schiller	Feisty Fems	9	73.5
51	Shannon Young	IronClad Soldiers	10	78.0
55	Denise Dieken	Masters of our Destiny	11	83.5
47	Jenn Kadyk	FR Fire	12	84.0

70	Shelly James		13	93.5
41	Erin Jong	Flexy Beasts	14	94.0
32	Miranda Spencer	Daytona Work Hard	15	96.0
46	Hayley Selby	FR Fire	16	112.0
50	Jennifer Arneson	IronClad Soldiers	17	113.5
27	Kari Medd	Beast Mode	18	114.5
44	Mary Mulick	FR Beast	19	115.0
45	Richelle Fitzowich	FR Beast	20	115.5
53	Elizabeth Halpin	Livewire Ladies	21	116.0
42	Jackie Regehr	Flexy Beasts	22	118.5
60	Rajeanne Bianca	Mighty MisFITs	23	120.0
54	Mallory Van Dyke	Livewire Ladies	24	122.0
30	Rechelle Folden	Daytona Play Hard	25	124.0
33	Tracy Young	Daytona Work Hard	26	127.5
34	Melissa Loiselle	Feisty Fems	27	130.5
68	Jennifer Smith		28	147.0
67	Amy Adkins		29	151.0
48	Shannon Jordon	FR Fire	30	157.5
56	Leslee Pohalka	Masters of our Destiny	31	161.5
25	Hailey Dublenko	Beast Mode	32	165.0
36	Trish Kuhn	Feisty Fems	32	165.0
26	Jessica Impola	Beast Mode	34	166.5
66	Naomi Crozier	Yummy Mommies	34	166.5
69	Shara Vigeant		36	175.0
28	Amanda Drader	Daytona Play Hard	37	182.0
65	Dao Haddad	Yummy Mommies	38	185.5
57	Wendy Drummond	Masters of our Destiny	39	192.0
43	Amy Visconte	FR Beast	40	193.0
58	Ashley Morey	Mighty MisFITs	41	210.5
31	Heather Stirling	Daytona Work Hard	42	211.5
52	Dawn Jacobs	Livewire Ladies	42	211.5
59	Kim Whalen	Mighty MisFITs	44	214.0
38	Megan Kilmister	Fierce & Furious	45	224.5
64	Andrea Bestman	Yummy Mommies	46	234.5

NOVICE EVENT RANKING

OBSTACLE COURSE

NOVICE DIVISION			OBSTACLE COURSE x1.5			Rank	Points
#	NAME	TEAM	Timer	Penalty	TIME		
63	Kaitlyn Chapman	Southside Conditioning Club	02:04.22		02:04.22	1	1.5
29	Meaghan MacKinnon	Daytona Play Hard	02:09.71		02:09.71	2	3.0
37	Laurie Ciezki	Fierce & Furious	02:09.69	00:01.00	02:10.69	3	4.5
61	Amber Kay	Southside Conditioning Club	02:11.07		02:11.07	4	6.0

39	Tanya Thiessen	Fierce & Furious	02:10.38	00:01.00	02:11.38	5	7.5
32	Miranda Spencer	Daytona Work Hard	02:15.50		02:15.50	6	9.0
27	Kari Medd	Beast Mode	02:16.51		02:16.51	7	10.5
30	Rechelle Folden	Daytona Play Hard	02:16.75		02:16.75	8	12.0
70	Shelly James		02:17.91		02:17.91	9	13.5
53	Elizabeth Halpin	Livewire Ladies	02:16.94	00:01.00	02:17.94	10	15.0
35	Nadelle Schiller	Feisty Fems	02:18.40		02:18.40	11	16.5
41	Erin Jong	Flexy Beasts	02:22.53		02:22.53	12	18.0
56	Leslee Pohalka	Masters of our Destiny	02:25.41		02:25.41	13	19.5
40	Danielle Lorenson	Flexy Beasts	02:25.40	00:01.00	02:26.40	14	21.0
33	Tracy Young	Daytona Work Hard	02:30.78		02:30.78	15	22.5
47	Jenn Kadyk	FR Fire	02:30.91	00:02.00	02:32.91	16	24.0
48	Shannon Jordon	FR Fire	02:33.35		02:33.35	17	25.5
54	Mallory Van Dyke	Livewire Ladies	02:34.88		02:34.88	18	27.0
34	Melissa Loiselle	Feisty Fems	02:36.12		02:36.12	19	28.5
62	Ashley Whiteway	Southside Conditioning Club	02:35.34	00:01.00	02:36.34	20	30.0
49	Daniele Newton	IronClad Soldiers	02:37.59		02:37.59	21	31.5
67	Amy Adkins		02:38.34	00:01.00	02:39.34	22	33.0
66	Naomi Crozier	Yummy Mommies	02:40.66	00:01.00	02:41.66	23	34.5
44	Mary Mulick	FR Beast	02:44.19		02:44.19	24	36.0
45	Richelle Fitzowich	FR Beast	02:45.47	00:01.00	02:46.47	25	37.5
60	Rajeane Bianca	Mighty MisFITs	02:47.41		02:47.41	26	39.0
55	Denise Dieken	Masters of our Destiny	02:47.47		02:47.47	27	40.5
51	Shannon Young	IronClad Soldiers	02:49.16		02:49.16	28	42.0
42	Jackie Regehr	Flexy Beasts	02:50.82		02:50.82	29	43.5
36	Trish Kuhn	Feisty Fems	02:54.47		02:54.47	30	45.0
50	Jennifer Arneson	IronClad Soldiers	02:56.60		02:56.60	31	46.5
68	Jennifer Smith		02:57.84		02:57.84	32	48.0
58	Ashley Morey	Mighty MisFITs	02:58.12		02:58.12	33	49.5
69	Shara Vigeant		03:02.85		03:02.85	34	51.0
31	Heather Stirling	Daytona Work Hard	03:04.44		03:04.44	35	52.5
46	Hayley Selby	FR Fire	03:06.63	00:01.00	03:07.63	36	54.0
52	Dawn Jacobs	Livewire Ladies	03:12.00		03:12.00	37	55.5
59	Kim Whalen	Mighty MisFITs	03:21.02		03:21.02	38	57.0
38	Megan Kilmister	Fierce & Furious	03:21.65		03:21.65	39	58.5
57	Wendy Drummond	Masters of our Destiny	03:21.40	00:01.00	03:22.40	40	60.0
65	Dao Haddad	Yummy Mommies	03:23.85		03:23.85	41	61.5
28	Amanda Drader	Daytona Play Hard	03:27.72		03:27.72	42	63.0
26	Jessica Impola	Beast Mode	03:29.28		03:29.28	43	64.5
25	Hailey Dublenko	Beast Mode	03:46.50	00:01.00	03:47.50	44	66.0
64	Andrea Bestman	Yummy Mommies	03:55.69		03:55.69	45	67.5
43	Amy Visconte	FR Beast	04:33.22		04:33.22	46	69.0

BOX JUMPS

NOVICE DIVISION			BOX JUMPS		Rank	Points
#	NAME	TEAM	Reps	TIME		
63	Kaitlyn Chapman	Southside Conditioning Club	50	00:43.95	1	1
65	Dao Haddad	Yummy Mommies	50	00:49.60	2	2
50	Jennifer Arneson	IronClad Soldiers	50	00:49.78	3	3
37	Laurie Ciezki	Fierce & Furious	50	00:52.03	4	4
32	Miranda Spencer	Daytona Work Hard	50	00:55.06	5	5
33	Tracy Young	Daytona Work Hard	50	00:55.15	6	6
49	Daniele Newton	IronClad Soldiers	50	00:57.69	7	7
29	Meaghan MacKinnon	Daytona Play Hard	50	01:01.00	8	8
39	Tanya Thiessen	Fierce & Furious	50	01:01.32	9	9
53	Elizabeth Halpin	Livewire Ladies	50	01:04.85	10	10
70	Shelly James		50	01:07.38	11	11
62	Ashley Whiteway	Southside Conditioning Club	50	01:16.25	12	12
41	Erin Jong	Flexy Beasts	50	01:23.37	13	13
35	Nadelle Schiller	Feisty Fems	50	01:31.75	14	14
28	Amanda Drader	Daytona Play Hard	50	01:32.51	15	15
30	Rechelle Folden	Daytona Play Hard	50	01:33.35	16	16
46	Hayley Selby	FR Fire	50	01:33.96	17	17
34	Melissa Loiselle	Feisty Fems	50	01:34.93	18	18
40	Danielle Lorenson	Flexy Beasts	50	01:35.28	19	19
55	Denise Dieken	Masters of our Destiny	50	01:45.62	20	20
51	Shannon Young	IronClad Soldiers	50	01:47.41	21	21
42	Jackie Regehr	Flexy Beasts	50	01:47.46	22	22
45	Richelle Fitzowich	FR Beast	50	01:51.90	23	23
66	Naomi Crozier	Yummy Mommies	50	01:54.81	24	24
54	Mallory Van Dyke	Livewire Ladies	50	01:55.19	25	25
27	Kari Medd	Beast Mode	50	01:56.00	26	26
47	Jenn Kadyk	FR Fire	50	01:56.72	27	27
59	Kim Whalen	Mighty MisFITs	50	02:00.69	28	28
64	Andrea Bestman	Yummy Mommies	50	02:01.57	29	29
60	Rajeane Bianca	Mighty MisFITs	50	02:10.22	30	30
44	Mary Mulick	FR Beast	50	02:13.75	31	31
48	Shannon Jordon	FR Fire	50	02:13.82	32	32
69	Shara Vigeant		50	02:15.31	33	33
31	Heather Stirling	Daytona Work Hard	50	02:21.28	34	34
36	Trish Kuhn	Feisty Fems	50	02:23.75	35	35
38	Megan Kilmister	Fierce & Furious	50	02:25.10	36	36
26	Jessica Impola	Beast Mode	50	02:27.38	37	37
52	Dawn Jacobs	Livewire Ladies	50	02:28.25	38	38
25	Hailey Dublenko	Beast Mode	50	02:31.62	39	39
56	Leslee Pohalka	Masters of our Destiny	50	02:40.79	40	40
61	Amber Kay	Southside Conditioning Club	50	02:49.09	41	41
57	Wendy Drummond	Masters of our Destiny	50	03:22.00	42	42
58	Ashley Morey	Mighty MisFITs	50	03:25.00	43	43
67	Amy Adkins		50	03:34.28	44	44

43	Amy Visconte	FR Beast	50	03:44.00	45	45
68	Jennifer Smith		50	04:02.03	46	46

TIRE FLIPS

NOVICE DIVISION			TIRE FLIP	Rank	Points
#	NAME	TEAM	Time		
63	Kaitlyn Chapman	Southside Conditioning Club	00:14.63	1	1
47	Jenn Kadyk	FR Fire	00:15.47	2	2
55	Denise Dieken	Masters of our Destiny	00:16.35	3	3
51	Shannon Young	IronClad Soldiers	00:16.47	4	4
42	Jackie Regehr	Flexy Beasts	00:16.59	5	5
61	Amber Kay	Southside Conditioning Club	00:17.03	6	6
40	Danielle Lorenson	Flexy Beasts	00:17.34	7	7
39	Tanya Thiessen	Fierce & Furious	00:18.00	8	8
62	Ashley Whiteway	Southside Conditioning Club	00:18.13	9	9
37	Laurie Ciezki	Fierce & Furious	00:18.50	10	10
49	Daniele Newton	IronClad Soldiers	00:18.53	11	11
44	Mary Mulick	FR Beast	00:18.69	12	12
25	Hailey Dublenko	Beast Mode	00:19.31	13	13
60	Rajeane Bianca	Mighty MisFITs	00:19.47	14	14
46	Hayley Selby	FR Fire	00:19.47	14	14
35	Nadelle Schiller	Feisty Fems	00:19.47	14	14
41	Erin Jong	Flexy Beasts	00:19.88	17	17
29	Meaghan MacKinnon	Daytona Play Hard	00:20.09	18	18
54	Mallory Van Dyke	Livewire Ladies	00:20.15	19	19
34	Melissa Loiselle	Feisty Fems	00:20.85	20	20
26	Jessica Impola	Beast Mode	00:20.96	21	21
45	Richelle Fitzowich	FR Beast	00:22.16	22	22
50	Jennifer Arneson	IronClad Soldiers	00:22.47	23	23
32	Miranda Spencer	Daytona Work Hard	00:22.50	24	24
69	Shara Vigeant		00:22.55	25	25
27	Kari Medd	Beast Mode	00:23.34	26	26
67	Amy Adkins		00:23.40	27	27
30	Rechelle Folden	Daytona Play Hard	00:23.63	28	28
70	Shelly James		00:23.81	29	29
43	Amy Visconte	FR Beast	00:23.91	30	30
68	Jennifer Smith		00:24.50	31	31
53	Elizabeth Halpin	Livewire Ladies	00:25.15	32	32
66	Naomi Crozier	Yummy Mommies	00:25.22	33	33
57	Wendy Drummond	Masters of our Destiny	00:25.87	34	34
36	Trish Kuhn	Feisty Fems	00:26.00	35	35
33	Tracy Young	Daytona Work Hard	00:26.62	36	36
56	Leslee Pohalka	Masters of our Destiny	00:28.00	37	37
28	Amanda Drader	Daytona Play Hard	00:28.31	38	38
31	Heather Stirling	Daytona Work Hard	00:29.72	39	39
48	Shannon Jordon	FR Fire	00:32.37	40	40

58	Ashley Morey	Mighty MisFITs	00:33.81	41	41
65	Dao Haddad	Yummy Mommies	00:35.38	42	42
59	Kim Whalen	Mighty MisFITs	00:35.91	43	43
52	Dawn Jacobs	Livewire Ladies	00:37.94	44	44
38	Megan Kilmister	Fierce & Furious	00:39.40	45	45
64	Andrea Bestman	Yummy Mommies	02:00.00	46	46

TIRE DRAG

NOVICE DIVISION				TIRE DRAG	
#	NAME	TEAM	TIME	Rank	Points
61	Amber Kay	Southside Conditioning Club	00:18.06	1	1
25	Hailey Dublenko	Beast Mode	00:18.09	2	2
49	Daniele Newton	IronClad Soldiers	00:18.56	3	3
39	Tanya Thiessen	Fierce & Furious	00:18.81	4	4
68	Jennifer Smith		00:19.35	5	5
26	Jessica Impola	Beast Mode	00:20.21	6	6
51	Shannon Young	IronClad Soldiers	00:20.47	7	7
60	Rajeanne Bianca	Mighty MisFITs	00:21.34	8	8
63	Kaitlyn Chapman	Southside Conditioning Club	00:21.44	9	9
43	Amy Visconte	FR Beast	00:21.59	10	10
41	Erin Jong	Flexy Beasts	00:21.75	11	11
57	Wendy Drummond	Masters of our Destiny	00:21.94	12	12
40	Danielle Lorenson	Flexy Beasts	00:22.25	13	13
55	Denise Dieken	Masters of our Destiny	00:22.44	14	14
37	Laurie Ciezki	Fierce & Furious	00:22.62	15	15
62	Ashley Whiteway	Southside Conditioning Club	00:22.81	16	16
35	Nadelle Schiller	Feisty Fems	00:23.06	17	17
44	Mary Mulick	FR Beast	00:23.56	18	18
29	Meaghan MacKinnon	Daytona Play Hard	00:23.63	19	19
46	Hayley Selby	FR Fire	00:23.65	20	20
50	Jennifer Arneson	IronClad Soldiers	00:24.19	21	21
47	Jenn Kadyk	FR Fire	00:25.00	22	22
45	Richelle Fitzowich	FR Beast	00:25.16	23	23
70	Shelly James		00:25.28	24	24
36	Trish Kuhn	Feisty Fems	00:25.56	25	25
67	Amy Adkins		00:25.72	26	26
54	Mallory Van Dyke	Livewire Ladies	00:26.25	27	27
32	Miranda Spencer	Daytona Work Hard	00:27.00	28	28
27	Kari Medd	Beast Mode	00:27.37	29	29
69	Shara Vigeant		00:28.72	30	30
56	Leslee Pohalka	Masters of our Destiny	00:28.97	31	31
33	Tracy Young	Daytona Work Hard	00:29.43	32	32
53	Elizabeth Halpin	Livewire Ladies	00:29.84	33	33
28	Amanda Drader	Daytona Play Hard	00:30.82	34	34
42	Jackie Regehr	Flexy Beasts	00:31.72	35	35

58	Ashley Morey	Mighty MisFITs	00:33.16	36	36
34	Melissa Loiselle	Feisty Fems	00:33.19	37	37
66	Naomi Crozier	Yummy Mommies	00:34.06	38	38
38	Megan Kilmister	Fierce & Furious	00:35.00	39	39
30	Rechelle Folden	Daytona Play Hard	00:36.40	40	40
65	Dao Haddad	Yummy Mommies	00:36.56	41	41
52	Dawn Jacobs	Livewire Ladies	00:37.40	42	42
59	Kim Whalen	Mighty MisFITs	00:40.66	43	43
31	Heather Stirling	Daytona Work Hard	00:47.78	44	44
64	Andrea Bestman	Yummy Mommies	01:21.18	45	45
48	Shannon Jordon	FR Fire	01:48.72	46	46

KETTLEBELL LIFT

NOVICE DIVISION			KETTLE BELLS			Rank	Points
#	NAME	TEAM	Time	Penalty	KB TIME		
63	Kaitlyn Chapman	Southside Conditioning Club	00:35.06		00:35.06	1	1
62	Ashley Whiteway	Southside Conditioning Club	00:35.44		00:35.44	2	2
51	Shannon Young	IronClad Soldiers	00:36.69		00:36.69	3	3
49	Daniele Newton	IronClad Soldiers	00:36.88		00:36.88	4	4
55	Denise Dieken	Masters of our Destiny	00:37.16		00:37.16	5	5
46	Hayley Selby	FR Fire	00:37.37		00:37.37	6	6
61	Amber Kay	Southside Conditioning Club	00:38.16		00:38.16	7	7
47	Jenn Kadyk	FR Fire	00:38.19		00:38.19	8	8
45	Richelle Fitzowich	FR Beast	00:38.31		00:38.31	9	9
40	Danielle Lorensen	Flexy Beasts	00:37.59	00:01.00	00:38.59	10	10
35	Nadelle Schiller	Feisty Fems	00:38.91		00:38.91	11	11
42	Jackie Regehr	Flexy Beasts	00:38.97		00:38.97	12	12
48	Shannon Jordon	FR Fire	00:39.00		00:39.00	13	13
29	Meaghan MacKinnon	Daytona Play Hard	00:39.04		00:39.04	14	14
70	Shelly James		00:40.12		00:40.12	15	15
68	Jennifer Smith		00:40.31		00:40.31	16	16
44	Mary Mulick	FR Beast	00:40.44		00:40.44	17	17
39	Tanya Thiessen	Fierce & Furious	00:40.46		00:40.46	18	18
50	Jennifer Arneson	IronClad Soldiers	00:40.66		00:40.66	19	19
67	Amy Adkins		00:40.78		00:40.78	20	20
37	Laurie Ciezki	Fierce & Furious	00:40.85		00:40.85	21	21
27	Kari Medd	Beast Mode	00:41.00		00:41.00	22	22
54	Mallory Van Dyke	Livewire Ladies	00:41.03		00:41.03	23	23
36	Trish Kuhn	Feisty Fems	00:41.25		00:41.25	24	24
53	Elizabeth Halpin	Livewire Ladies	00:40.37	00:01.00	00:41.37	25	25
34	Melissa Loiselle	Feisty Fems	00:42.15		00:42.15	26	26
30	Rechelle Folden	Daytona Play Hard	00:42.38		00:42.38	27	27
60	Rajeanne Bianca	Mighty MisFITs	00:42.78		00:42.78	28	28
32	Miranda Spencer	Daytona Work Hard	00:43.12		00:43.12	29	29
33	Tracy Young	Daytona Work Hard	00:43.16		00:43.16	30	30

28	Amanda Drader	Daytona Play Hard	00:43.22		00:43.22	31	31
52	Dawn Jacobs	Livewire Ladies	00:43.22		00:43.22	31	31
56	Leslee Pohalka	Masters of our Destiny	00:43.53		00:43.53	33	33
41	Erin Jong	Flexy Beasts	00:43.75		00:43.75	34	34
69	Shara Vigeant		00:45.02		00:45.02	35	35
66	Naomi Crozier	Yummy Mommies	00:45.22		00:45.22	36	36
26	Jessica Impola	Beast Mode	00:46.47		00:46.47	37	37
43	Amy Visconte	FR Beast	00:47.19		00:47.19	38	38
65	Dao Haddad	Yummy Mommies	00:47.19		00:47.19	38	38
58	Ashley Morey	Mighty MisFITs	00:48.12		00:48.12	40	40
31	Heather Stirling	Daytona Work Hard	00:49.15		00:49.15	41	41
59	Kim Whalen	Mighty MisFITs	00:49.25		00:49.25	42	42
57	Wendy Drummond	Masters of our Destiny	00:51.32		00:51.32	43	43
25	Hailey Dublenko	Beast Mode	00:50.63	00:01.00	00:51.63	44	44
38	Megan Kilmister	Fierce & Furious	00:53.52		00:53.52	45	45
64	Andrea Bestman	Yummy Mommies	01:17.00		01:17.00	46	46