

**FEMSPORT Vancouver Challenge – September 6, 2014**



**CHI Bursary Winner: Tonia Penner**



**MASTERS**

**TEAM: TOTALS**

*[no teams in Masters Division]*

**INDIVIDUAL: TOTALS**

#	NAME – MASTERS	TEAM	Final Rank	Overall Points
1	Cindy Legare		1	6.5
5	Valaree Braaten		2	13.0
4	Sheryl Barnes		3	16.5

**MASTERS**

**INDIVIDUAL EVENT RESULTS**

*NOTE: Each competitor received 1 point for Tire Drag which was not performed at this event.*

INVERTED ROWS – MASTERS					
#	NAME	TEAM	Reps	Rank	Point Score
1	Cindy Legare		54.5	1	1
5	Valaree Braaten		34.5	2	2
4	Sheryl Barnes		29.5	3	3

KETTLEBELL LIFT – MASTERS							
#	NAME	TEAM	KB TIME	PENALTY	FINAL KB TIME	Rank	Point Score
1	Cindy Legare		00:30.53		00:30.53	1	1
5	Valaree Braaten		00:46.65		00:46.65	2	2
4	Sheryl Barnes		00:52.22		00:52.22	3	3

BOX JUMPS – MASTERS						
#	NAME	TEAM	Box Reps	Box TIME	Rank	Point Score
1	Cindy Legare		50	00:41.37	1	1
4	Sheryl Barnes		50	02:59.69	2	2
5	Valaree Braaten		50	03:00.00	3	3

<b>TIRE FLIP – MASTERS</b>					
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>Flip Time</b>	<b>Rank</b>	<b>Point Score</b>
1	Cindy Legare		00:17.00	1	1
5	Valaree Braaten		00:26.19	2	2
4	Sheryl Barnes		00:43.13	3	3

<b>OBSTACLE COURSE (x 1.5) – MASTERS</b>							
<b>#</b>	<b>NAME</b>	<b>TEAM</b>	<b>OC TIME</b>	<b>PENALTY</b>	<b>FINAL OC TIME</b>	<b>Rank</b>	<b>Point Score</b>
1	Cindy Legare		00:51.71	00:02.00	00:53.71	1	1.5
5	Valaree Braaten		01:11.78	00:02.00	01:13.78	2	3.0
4	Sheryl Barnes		01:16.25		01:16.25	3	4.5