

FEMSPORT

Women's Strength + Fitness Challenge



FEMSPORT Kamloops Challenge – May 31, 2014



CHI Bursary Winner: Elaine Topolnisky



NOVICE

TEAM: TOTALS

TEAM NAME - NOVICE	POINTS	PLACE
V02 Maximus	123.5	1
Team Diverse	217.5	2
Beastmode Bombshells	257.0	3
No Bad Luk	281.5	4
V02 Max Smoke Show	309.0	5
Fit by Design 3	316.0	6
Gym Wives	364.0	7
Kore Fitness	400.0	8
Fit by Design 2	428.5	9

NOVICE

INDIVIDUAL: TOTALS

#	NOVICE NAME	TEAM	Final Rank	Overall Points
30	Carly Mitchell	V02 Maximus	1	16.0
38	Erica Weight		2	17.0
8	Kelsey Satterfield	Beastmode Bombshells	3	18.5
12	Julie Klassen	Fit by Design 3	4	40.5
32	Kristen Olychuck	V02 Maximus	5	49.5
25	Courtney Davis	Team Diverse	6	51.5
27	Kristie Hutchison	V02 Max Smoke Show	7	55.5
31	Claire Optland	V02 Maximus	8	58.0
21	Lisa Danyluk	No Bad Luk	9	61.0
24	Brittany Mayes	Team Diverse	10	67.0
15	Jenny Shannon	Gym Wives	11	69.0
29	Wendy Stevens	V02 Max Smoke Show	12	82.5
11	Tami Newman	Fit by Design 2	13	85.5
23	Sondra Bader	No Bad Luk	14	96.5
26	Kelsea McCaffrey	Team Diverse	15	99.0
34	Charlotte Kistner		16	102.5
6	Asia Hoffart	Beastmode Bombshells	17	104.0
41	Meagan Leask		18	116.0
17	Tracy Steen	Gym Wives	19	116.5
20	Lissa Quinlan	Kore Fitness	20	117.5

13	Rachel Bohnet	Fit by Design 3	21	124.0
22	Noemi Nagy	No Bad Luk	21	124.0
42	Michelle Heudes		23	129.5
43	Selishia Smith		23	129.5
7	Brandy Musyj	Beastmode Bombshells	25	134.5
36	Danica Redden		26	135.5
37	Deanna Later		27	136.5
35	Christina Masse		28	137.0
18	Breanna Lawson	Kore Fitness	29	140.0
19	Lindsay Lawson	Kore Fitness	30	142.5
14	Shannon Liburd	Fit by Design 3	31	151.5
39	Kelly Crowe		32	153.0
9	Amy Fehst	Fit by Design 2	33	162.0
33	Ambre Majorel		34	170.5
28	Susie Willerth	V02 Max Smoke Show	35	171.0
16	Sharon Wlaswich	Gym Wives	36	178.5
10	Emily Hoffman	Fit by Design 2	37	181.0
40	Wanetta Beal		38	185.0

NOVICE

INDIVIDUAL: EVENT RESULTS

Note: Each competitor received 1 point for Inverted Rows which were not performed at this event.

KETTLEBELL LIFT – NOVICE							
#	NAME	TEAM	KB TIME	PENALTY	FINAL KB TIME	Rank	Point Score
38	Erica Weight		00:31.71		00:31.71	1	1
30	Carly Mitchell	V02 Maximus	00:33.22		00:33.22	2	2
21	Lisa Danyluk	No Bad Luk	00:33.82		00:33.82	3	3
26	Kelsea McCaffrey	Team Diverse	00:34.44		00:34.44	4	4
12	Julie Klassen	Fit by Design 3	00:34.50		00:34.50	5	5
27	Kristie Hutchison	V02 Max Smoke Show	00:35.03		00:35.03	6	6
31	Claire Optland	V02 Maximus	00:35.16		00:35.16	7	7
25	Courtney Davis	Team Diverse	00:35.53		00:35.53	8	8
8	Kelsey Satterfield	Beastmode Bombshells	00:35.69		00:35.69	9	9
11	Tami Newman	Fit by Design 2	00:35.94		00:35.94	10	10
32	Kristen Olychuck	V02 Maximus	00:36.00		00:36.00	11	11
24	Brittany Mayes	Team Diverse	00:36.16		00:36.16	12	12
23	Sondra Bader	No Bad Luk	00:36.40		00:36.40	13	13
29	Wendy Stevens	V02 Max Smoke Show	00:36.60		00:36.60	14	14
17	Tracy Steen	Gym Wives	00:37.00		00:37.00	15	15
34	Charlotte Kistner		00:37.00		00:37.00	15	15
39	Kelly Crowe		00:37.03		00:37.03	17	17
20	Lissa Quinlan	Kore Fitness	00:37.07		00:37.07	18	18
13	Rachel Bohnet	Fit by Design 3	00:37.09		00:37.09	19	19
15	Jenny Shannon	Gym Wives	00:36.31	00:01.00	00:37.31	20	20
36	Danica Redden		00:37.72		00:37.72	21	21
42	Michelle Heudes		00:37.00	00:01.00	00:38.00	22	22
35	Christina Masse		00:38.06		00:38.06	23	23
6	Asia Hoffart	Beastmode Bombshells	00:38.41		00:38.41	24	24
28	Susie Willerth	V02 Max Smoke Show	00:38.63		00:38.63	25	25
22	Noemi Nagy	No Bad Luk	00:37.88	00:01.00	00:38.88	26	26

18	Breanna Lawson	Kore Fitness	00:38.13	00:01.00	00:39.13	27	27
43	Selishia Smith		00:38.53	00:01.00	00:39.53	28	28
37	Deanna Later		00:39.75		00:39.75	29	29
41	Meagan Leask		00:39.12	00:01.00	00:40.12	30	30
33	Ambre Majorel		00:40.28		00:40.28	31	31
10	Emily Hoffman	Fit by Design 2	00:40.75		00:40.75	32	32
40	Wanetta Beal		00:41.03		00:41.03	33	33
9	Amy Fehst	Fit by Design 2	00:41.13		00:41.13	34	34
19	Lindsay Lawson	Kore Fitness	00:41.53		00:41.53	35	35
16	Sharon Wlaswich	Gym Wives	00:41.60		00:41.60	36	36
7	Brandy Musyj	Beastmode Bombshells	00:39.75	00:02.00	00:41.75	37	37
14	Shannon Liburd	Fit by Design 3	00:43.96		00:43.96	38	38

TIRE DRAG – NOVICE

#	NAME	TEAM	DRAG TIME	PENALTY	FINAL DRAG TIME	Rank	Point Score
8	Kelsey Satterfield	Beastmode Bombshells	00:14.63		00:14.63	1	1
11	Tami Newman	Fit by Design 2	00:16.15		00:16.15	2	2
12	Julie Klassen	Fit by Design 3	00:17.00		00:17.00	3	3
38	Erica Weight		00:17.10		00:17.10	4	4
30	Carly Mitchell	V02 Maximus	00:17.31		00:17.31	5	5
14	Shannon Liburd	Fit by Design 3	00:18.10		00:18.10	6	6
6	Asia Hoffart	Beastmode Bombshells	00:18.88		00:18.88	7	7
25	Courtney Davis	Team Diverse	00:20.38		00:20.38	8	8
29	Wendy Stevens	V02 Max Smoke Show	00:21.85		00:21.85	9	9
15	Jenny Shannon	Gym Wives	00:22.00		00:22.00	10	10
41	Meagan Leask		00:22.00		00:22.00	10	10
21	Lisa Danyluk	No Bad Luk	00:22.53		00:22.53	12	12
27	Kristie Hutchison	V02 Max Smoke Show	00:22.57		00:22.57	13	13
18	Breanna Lawson	Kore Fitness	00:23.13		00:23.13	14	14
32	Kristen Olychuck	V02 Maximus	00:23.35		00:23.35	15	15
9	Amy Fehst	Fit by Design 2	00:24.03		00:24.03	16	16
22	Noemi Nagy	No Bad Luk	00:25.00		00:25.00	17	17
43	Selishia Smith		00:25.22		00:25.22	18	18
35	Christina Masse		00:25.93		00:25.93	19	19
37	Deanna Later		00:25.95		00:25.95	20	20
36	Danica Redden		00:26.63		00:26.63	21	21
19	Lindsay Lawson	Kore Fitness	00:26.67		00:26.67	22	22
7	Brandy Musyj	Beastmode Bombshells	00:26.78		00:26.78	23	23
24	Brittany Mayes	Team Diverse	00:27.03		00:27.03	24	24
34	Charlotte Kistner		00:27.53		00:27.53	25	25
17	Tracy Steen	Gym Wives	00:27.63		00:27.63	26	26
31	Claire Optland	V02 Maximus	00:27.96		00:27.96	27	27
26	Kelsea McCaffrey	Team Diverse	00:28.68		00:28.68	28	28
39	Kelly Crowe		00:30.16		00:30.16	29	29
42	Michelle Heudes		00:30.25		00:30.25	30	30
23	Sondra Bader	No Bad Luk	00:31.22		00:31.22	31	31
10	Emily Hoffman	Fit by Design 2	00:32.53		00:32.53	32	32
40	Wanetta Beal		00:33.97		00:33.97	33	33
33	Ambre Majorel		00:34.13		00:34.13	34	34
20	Lissa Quinlan	Kore Fitness	00:38.97		00:38.97	35	35
13	Rachel Bohnet	Fit by Design 3	00:42.06		00:42.06	36	36
16	Sharon Wlaswich	Gym Wives	00:46.65		00:46.65	37	37
28	Susie Willerth	V02 Max Smoke Show	00:50.63		00:50.63	38	38

BOX JUMPS – NOVICE						
#	NAME	TEAM	Box Reps	Box TIME	Rank	Point Score
30	Carly Mitchell	V02 Maximus	50	00:43.16	1	1
8	Kelsey Satterfield	Beastmode Bombshells	50	00:43.75	2	2
31	Claire Optland	V02 Maximus	50	00:44.28	3	3
32	Kristen Olychuck	V02 Maximus	50	00:51.81	4	4
20	Lissa Quinlan	Kore Fitness	50	00:51.85	5	5
38	Erica Weight		50	00:53.19	6	6
15	Jenny Shannon	Gym Wives	50	00:54.34	7	7
17	Tracy Steen	Gym Wives	50	00:55.40	8	8
24	Brittany Mayes	Team Diverse	50	00:56.34	9	9
25	Courtney Davis	Team Diverse	50	00:57.31	10	10
36	Danica Redden		50	01:00.31	11	11
26	Kelsea McCaffrey	Team Diverse	50	01:02.66	12	12
27	Kristie Hutchison	V02 Max Smoke Show	50	01:05.90	13	13
13	Rachel Bohnet	Fit by Design 3	50	01:06.85	14	14
34	Charlotte Kistner		50	01:07.88	15	15
43	Selishia Smith		50	01:15.38	16	16
19	Lindsay Lawson	Kore Fitness	50	01:17.18	17	17
23	Sondra Bader	No Bad Luk	50	01:17.37	18	18
22	Noemi Nagy	No Bad Luk	50	01:17.78	19	19
6	Asia Hoffart	Beastmode Bombshells	50	01:17.97	20	20
12	Julie Klassen	Fit by Design 3	50	01:18.34	21	21
21	Lisa Danyluk	No Bad Luk	50	01:18.60	22	22
28	Susie Willerth	V02 Max Smoke Show	50	01:19.03	23	23
39	Kelly Crowe		50	01:21.34	24	24
42	Michelle Heudes		50	01:23.40	25	25
40	Wanetta Beal		50	01:32.87	26	26
16	Sharon Wlaswich	Gym Wives	50	01:37.28	27	27
33	Ambre Majorel		50	01:40.22	28	28
41	Meagan Leask		50	01:42.84	29	29
7	Brandy Musyj	Beastmode Bombshells	50	01:48.32	30	30
29	Wendy Stevens	V02 Max Smoke Show	50	01:52.65	31	31
10	Emily Hoffman	Fit by Design 2	50	01:54.44	32	32
35	Christina Masse		50	02:00.53	33	33
11	Tami Newman	Fit by Design 2	50	02:07.47	34	34
9	Amy Fehst	Fit by Design 2	50	02:29.65	35	35
18	Breanna Lawson	Kore Fitness	50	02:58.72	36	36
37	Deanna Later		47	03:00.00	37	37
14	Shannon Liburd	Fit by Design 3		03:00.00	38	38

TIRE FLIP – NOVICE					
#	NAME	TEAM	Flip Time	Rank	Point Score
30	Carly Mitchell	V02 Maximus	00:16.34	1	1
38	Erica Weight		00:16.47	2	2
27	Kristie Hutchison	V02 Max Smoke Show	00:17.00	3	3
8	Kelsey Satterfield	Beastmode Bombshells	00:17.09	4	4
31	Claire Optland	V02 Maximus	00:18.06	5	5
12	Julie Klassen	Fit by Design 3	00:18.10	6	6
11	Tami Newman	Fit by Design 2	00:18.35	7	7
25	Courtney Davis	Team Diverse	00:19.37	8	8
24	Brittany Mayes	Team Diverse	00:20.65	9	9

15	Jenny Shannon	Gym Wives	00:21.31	10	10
32	Kristen Olychuck	V02 Maximus	00:21.34	11	11
37	Deanna Later		00:21.94	12	12
14	Shannon Liburd	Fit by Design 3	00:22.22	13	13
21	Lisa Danyluk	No Bad Luk	00:22.40	14	14
26	Kelsea McCaffrey	Team Diverse	00:22.69	15	15
6	Asia Hoffart	Beastmode Bombshells	00:22.78	16	16
29	Wendy Stevens	V02 Max Smoke Show	00:22.94	17	17
34	Charlotte Kistner		00:23.34	18	18
22	Noemi Nagy	No Bad Luk	00:23.41	19	19
23	Sondra Bader	No Bad Luk	00:23.87	20	20
7	Brandy Musyj	Beastmode Bombshells	00:24.22	21	21
19	Lindsay Lawson	Kore Fitness	00:24.22	21	21
17	Tracy Steen	Gym Wives	00:24.28	23	23
20	Lissa Quinlan	Kore Fitness	00:24.78	24	24
16	Sharon Wlaswich	Gym Wives	00:25.90	25	25
42	Michelle Heudes		00:26.34	26	26
13	Rachel Bohnet	Fit by Design 3	00:26.37	27	27
41	Meagan Leask		00:26.53	28	28
18	Breanna Lawson	Kore Fitness	00:27.56	29	29
10	Emily Hoffman	Fit by Design 2	00:27.78	30	30
9	Amy Fehst	Fit by Design 2	00:28.03	31	31
36	Danica Redden		00:28.06	32	32
28	Susie Willerth	V02 Max Smoke Show	00:28.97	33	33
39	Kelly Crowe		00:29.35	34	34
40	Wanetta Beal		00:30.59	35	35
33	Ambre Majorel		00:32.25	36	36
35	Christina Masse		00:32.47	37	37
43	Selishia Smith		00:32.72	38	38

OBSTACLE COURSE (x 1.5) – NOVICE

#	NAME	TEAM	OC TIME	PENALTY	FINAL OC TIME	Rank	Point Score
8	Kelsey Satterfield	Beastmode Bombshells	00:55.04		00:55.04	1	1.5
38	Erica Weight		00:58.47	00:01.00	00:59.47	2	3.0
12	Julie Klassen	Fit by Design 3	01:00.47		01:00.47	3	4.5
30	Carly Mitchell	V02 Maximus	01:02.72		01:02.72	4	6.0
32	Kristen Olychuck	V02 Maximus	01:03.93		01:03.93	5	7.5
21	Lisa Danyluk	No Bad Luk	01:04.06		01:04.06	6	9.0
29	Wendy Stevens	V02 Max Smoke Show	01:05.00		01:05.00	7	10.5
24	Brittany Mayes	Team Diverse	01:07.69	00:01.00	01:08.69	8	12.0
23	Sondra Bader	No Bad Luk	01:09.00		01:09.00	9	13.5
31	Claire Optland	V02 Maximus	01:09.15		01:09.15	10	15.0
25	Courtney Davis	Team Diverse	01:09.46		01:09.46	11	16.5
41	Meagan Leask		01:09.25	00:01.00	01:10.25	12	18.0
27	Kristie Hutchison	V02 Max Smoke Show	01:09.88	00:01.00	01:10.88	13	19.5
15	Jenny Shannon	Gym Wives	01:11.10		01:11.10	14	21.0
7	Brandy Musyj	Beastmode Bombshells	01:11.78		01:11.78	15	22.5
35	Christina Masse		01:10.85	00:01.00	01:11.85	16	24.0
42	Michelle Heudes		01:10.88	00:01.00	01:11.88	17	25.5
13	Rachel Bohnet	Fit by Design 3	01:12.00		01:12.00	18	27.0
34	Charlotte Kistner		01:12.50		01:12.50	19	28.5
43	Selishia Smith		01:12.50		01:12.50	19	28.5
11	Tami Newman	Fit by Design 2	01:12.82		01:12.82	21	31.5
18	Breanna Lawson	Kore Fitness	01:12.97		01:12.97	22	33.0
20	Lissa Quinlan	Kore Fitness	01:13.40		01:13.40	23	34.5

6	Asia Hoffart	Beastmode Bombshells	01:12.59	00:01.00	01:13.59	24	36.0
37	Deanna Later		01:13.59		01:13.59	25	37.5
26	Kelsea McCaffrey	Team Diverse	01:14.07		01:14.07	26	39.0
33	Ambre Majorel		01:14.87		01:14.87	27	40.5
22	Noemi Nagy	No Bad Luk	01:15.59		01:15.59	28	42.0
17	Tracy Steen	Gym Wives	01:16.59		01:16.59	29	43.5
9	Amy Fehst	Fit by Design 2	01:18.47		01:18.47	30	45.0
19	Lindsay Lawson	Kore Fitness	01:21.09		01:21.09	31	46.5
39	Kelly Crowe		01:25.66		01:25.66	32	48.0
36	Danica Redden		01:19.87	00:06.00	01:25.87	33	49.5
28	Susie Willerth	V02 Max Smoke Show	01:26.00		01:26.00	34	51.0
16	Sharon Wlaswich	Gym Wives	01:29.18		01:29.18	35	52.5
10	Emily Hoffman	Fit by Design 2	01:30.96		01:30.96	36	54.0
14	Shannon Liburd	Fit by Design 3	01:41.56	00:05.00	01:46.56	37	55.5
40	Wanetta Beal		01:47.43		01:47.43	38	57.0

OPEN

TEAM: TOTALS

TEAM NAME – OPEN	POINTS	PLACE
X-F.A.F.	66.5	1
Flexing Flamingos	80.0	2
Fit by Design 1	138.5	3

OPEN

INDIVIDUAL: TOTALS

#	NAME – OPEN	TEAM	Final Rank	Overall Points
53	Natasha Bautista	X-F.A.F.	1	1
52	Natasha Martin	X-F.A.F.	2	2
51	Danielle Lavallee	X-F.A.F.	3	3
50	Nicole Vincze	Flexing Flamingos	4	4
49	Jenn Russell	Flexing Flamingos	5	5
48	Elaine Topolnisky	Flexing Flamingos	6	6
55	Lindsay Anderson		7	7
46	Andrea Lougheed	Fit by Design 1	8	8
47	Sabrina Sinclair	Fit by Design 1	9	9
45	Amy Atkinson	Fit by Design 1	10	10
54	Danielle Molesworth		11	11
56	Melissa Phillips		12	12

OPEN

INDIVIDUAL EVENT RESULTS

Note: Each competitor received 1 point for Inverted Rows which were not performed at this event.

KETTLEBELL LIFT – OPEN							
#	NAME	TEAM	KB TIME	PENALTY	FINAL KB TIME	Rank	Point Score

51	Danielle Lavallee	X-F.A.F.	00:31.94		00:31.94	1	1
49	Jenn Russell	Flexing Flamingos	00:32.82		00:32.82	2	2
55	Lindsay Anderson		00:32.91		00:32.91	3	3
48	Elaine Topolnisky	Flexing Flamingos	00:32.09	00:01.00	00:33.09	4	4
50	Nicole Vincze	Flexing Flamingos	00:33.21		00:33.21	5	5
52	Natasha Martin	X-F.A.F.	00:33.87		00:33.87	6	6
53	Natasha Bautista	X-F.A.F.	00:34.62		00:34.62	7	7
47	Sabrina Sinclair	Fit by Design 1	00:35.78		00:35.78	8	8
46	Andrea Lougheed	Fit by Design 1	00:35.84		00:35.84	9	9
45	Amy Atkinson	Fit by Design 1	00:36.82		00:36.82	10	10
56	Melissa Phillips		00:40.65		00:40.65	11	11
54	Danielle Molesworth		00:40.69		00:40.69	12	12

TIRE DRAG – OPEN							
#	NAME	TEAM	DRAG TIME	PENALTY	FINAL DRAG TIME	Rank	Point Score
53	Natasha Bautista	X-F.A.F.	00:18.75		00:18.75	1	1
52	Natasha Martin	X-F.A.F.	00:19.07		00:19.07	2	2
50	Nicole Vincze	Flexing Flamingos	00:19.37		00:19.37	3	3
49	Jenn Russell	Flexing Flamingos	00:20.84		00:20.84	4	4
46	Andrea Lougheed	Fit by Design 1	00:21.10		00:21.10	5	5
55	Lindsay Anderson		00:21.32		00:21.32	6	6
47	Sabrina Sinclair	Fit by Design 1	00:27.12		00:27.12	7	7
48	Elaine Topolnisky	Flexing Flamingos	00:29.15		00:29.15	8	8
54	Danielle Molesworth		00:30.06		00:30.06	9	9
45	Amy Atkinson	Fit by Design 1	00:33.03		00:33.03	10	10
51	Danielle Lavallee	X-F.A.F.	00:33.69		00:33.69	11	11
56	Melissa Phillips		00:40.63		00:40.63	12	12

BOX JUMPS – OPEN						
#	NAME	TEAM	Box Reps	Box TIME	Rank	Point Score
48	Elaine Topolnisky	Flexing Flamingos	50	00:42.13	1	1
50	Nicole Vincze	Flexing Flamingos	50	00:43.47	2	2
49	Jenn Russell	Flexing Flamingos	50	00:45.34	3	3
52	Natasha Martin	X-F.A.F.	50	00:52.31	4	4
53	Natasha Bautista	X-F.A.F.	50	00:52.34	5	5
51	Danielle Lavallee	X-F.A.F.	50	00:57.25	6	6
45	Amy Atkinson	Fit by Design 1	50	00:59.90	7	7
47	Sabrina Sinclair	Fit by Design 1	50	01:14.75	8	8
55	Lindsay Anderson		50	01:26.72	9	9
54	Danielle Molesworth		50	01:43.88	10	10
46	Andrea Lougheed	Fit by Design 1	50	01:57.31	11	11
56	Melissa Phillips		50	02:09.94	12	12

TIRE FLIP – OPEN					
#	NAME	TEAM	Flip Time	Rank	Point Score
51	Danielle Lavallee	X-F.A.F.	00:15.03	1	1
49	Jenn Russell	Flexing Flamingos	00:15.06	2	2
52	Natasha Martin	X-F.A.F.	00:16.19	3	3
55	Lindsay Anderson		00:17.13	4	4
48	Elaine Topolnisky	Flexing Flamingos	00:18.03	5	5

53	Natasha Bautista	X-F.A.F.	00:18.66	6	6
46	Andrea Lougheed	Fit by Design 1	00:20.32	7	7
50	Nicole Vincze	Flexing Flamingos	00:20.50	8	8
47	Sabrina Sinclair	Fit by Design 1	00:21.44	9	9
45	Amy Atkinson	Fit by Design 1	00:25.93	10	10
54	Danielle Molesworth		00:26.60	11	11
56	Melissa Phillips		00:30.60	12	12

OBSTACLE COURSE (x 1.5) – OPEN

#	NAME	TEAM	OC TIME	PENALTY	FINAL OC TIME	Rank	Point Score
53	Natasha Bautista	X-F.A.F.	00:57.65		00:57.65	1	1.5
51	Danielle Lavallee	X-F.A.F.	00:59.87		00:59.87	2	3.0
50	Nicole Vincze	Flexing Flamingos	00:59.90		00:59.90	3	4.5
52	Natasha Martin	X-F.A.F.	01:03.00	00:01.00	01:04.00	4	6.0
55	Lindsay Anderson		01:04.66		01:04.66	5	7.5
46	Andrea Lougheed	Fit by Design 1	01:03.78	00:02.00	01:05.78	6	9.0
48	Elaine Topolnisky	Flexing Flamingos	01:06.09		01:06.09	7	10.5
45	Amy Atkinson	Fit by Design 1	01:08.69		01:08.69	8	12.0
47	Sabrina Sinclair	Fit by Design 1	01:09.03		01:09.03	9	13.5
49	Jenn Russell	Flexing Flamingos	01:10.06		01:10.06	10	15.0
54	Danielle Molesworth		01:16.59	00:01.00	01:17.59	11	16.5
56	Melissa Phillips		01:19.40		01:19.40	12	18.0

MASTERS

TEAM: TOTALS

TEAM NAME – MASTERS	POINTS	PLACE
Tough Mothers	59.5	1

MASTERS

INDIVIDUAL: TOTALS

#	NAME – MASTERS	TEAM	Final Rank	Overall Points
4	Audra Parker		1	7.5
3	Kellie Wood	Tough Mothers	2	16.0
2	Jennifer Pavan	Tough Mothers	3	19.5
5	Marny Williams		4	20.5
1	Denise Herrington	Tough Mothers	5	24.0

MASTERS

INDIVIDUAL EVENT RESULTS

Note: Each competitor received 1 point for Inverted Rows which were not performed at this event.

KETTLEBELL LIFT – MASTERS

#	NAME	TEAM	KB TIME	PENALTY	FINAL KB TIME	Rank	Point Score
4	Audra Parker		00:38.91		00:38.91	1	1
3	Kellie Wood	Tough Mothers	00:40.50		00:40.50	2	2

5	Marny Williams		00:40.68		00:40.68	3	3
1	Denise Herrington	Tough Mothers	00:42.89		00:42.89	4	4
2	Jennifer Pavan	Tough Mothers	00:44.16		00:44.16	5	5

TIRE DRAG – MASTERS							
#	NAME	TEAM	DRAG TIME	PENALTY	FINAL DRAG TIME	Rank	Point Score
4	Audra Parker		00:27.94		00:27.94	1	1
2	Jennifer Pavan	Tough Mothers	00:31.47		00:31.47	2	2
5	Marny Williams		00:32.56		00:32.56	3	3
1	Denise Herrington	Tough Mothers	00:37.06		00:37.06	4	4
3	Kellie Wood	Tough Mothers	00:41.28		00:41.28	5	5

BOX JUMPS – MASTERS						
#	NAME	TEAM	Box Reps	Box TIME	Rank	Point Score
4	Audra Parker		50	00:56.19	1	1
3	Kellie Wood	Tough Mothers	50	01:20.31	2	2
2	Jennifer Pavan	Tough Mothers	50	02:07.56	3	3
1	Denise Herrington	Tough Mothers	50	02:33.22	4	4
5	Marny Williams			00:03.00	5	5

TIRE FLIP – MASTERS					
#	NAME	TEAM	Flip Time	Rank	Point Score
5	Marny Williams		00:27.40	1	1
4	Audra Parker		00:28.92	2	2
3	Kellie Wood	Tough Mothers	00:31.94	3	3
2	Jennifer Pavan	Tough Mothers	00:34.91	4	4
1	Denise Herrington	Tough Mothers	00:51.85	5	5

OBSTACLE COURSE (x 1.5) – MASTERS							
#	NAME	TEAM	OC TIME	PENALTY	FINAL OC TIME	Rank	Point Score
4	Audra Parker		01:13.06		01:13.06	1	1.5
3	Kellie Wood	Tough Mothers	01:15.66		01:15.66	2	3.0
2	Jennifer Pavan	Tough Mothers	01:16.56		01:16.56	3	4.5
1	Denise Herrington	Tough Mothers	01:25.62		01:25.62	4	6.0
5	Marny Williams		01:31.48		01:31.48	5	7.5