





#### FEMSPORT Kamloops Challenge - May 26th, 2018



**CHI Bursary Winner: Audra Parker** 

#### SCORING:

- ★ Low points place first
- ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
- ★ Obstacle Course placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)
- ★ Each competitor received 1 point for Kettlebell Lift which was not performed at this event.

### OPEN TEAM RANKING

\*\* Obstacle Course is worth 1.5x \*\*

corbie Blennerhassett Kristie Hutchison Tanya Hatchwell  Mped Kendelle Johnston Amy Anderson Amy Leaf  the Waves Nicole Vincze Felicia Adams Michelle	11 1 6 12 4 7	2 4 3 5 16	7 9 7	10 4 9	1 1 1	16 8 4	10 2 3	118.0
Blennerhassett Kristie Hutchison Tanya Hatchwell  mped Kendelle Johnston Amy Anderson Amy Leaf  the Waves Nicole Vincze Felicia Adams	1 6 12 4	4 3 5	9 7	4 9	1	8	2	440.5
Kristie Hutchison Tanya Hatchwell  mped  Kendelle Johnston Amy Anderson Amy Leaf  the Waves  Nicole Vincze Felicia Adams	1 6 12 4	4 3 5	9 7	4 9	1	8	2	440.5
Tanya Hatchwell  Mped  Kendelle Johnston Amy Anderson Amy Leaf  the Waves  Nicole Vincze Felicia Adams	12 4	3 5	7	9	=			440.5
Kendelle Johnston Amy Anderson Amy Leaf  the Waves Nicole Vincze Felicia Adams	12 4	5		-	1	4	3	440.5
Kendelle Johnston Amy Anderson Amy Leaf  the Waves Nicole Vincze Felicia Adams	4	_	1					4.40.5
Amy Anderson Amy Leaf  the Waves Nicole Vincze Felicia Adams	4	_	1	_				142.5
Amy Leaf  the Waves  Nicole Vincze Felicia Adams		16		5	1	14	6	
the Waves  Nicole Vincze  Felicia Adams	7	. •	10	8	1	6	7	
Nicole Vincze Felicia Adams		7	14	7	1	9	8	
Felicia Adams								194.0
	8	1	3	6	1	5	1	
Michelle	21	9	23	17	1	26	22	
1	5	23	16	2	1	7	12	
By Design 5								236.0
Julie Klassen	15	12	6	2	1	1	5	
Jenna Simpson	20	22	21	14	1	21	21	
Julie Heppner	19	11	13	12	1	22	17	
CVicars Merritt								<b></b>
Chines 1 Arme Ancell	10	10	19	25	1	18	18	277.5
Nicole Morrison	18	13	18	12	1	27	19	
Shealynn Macvicar	3	14	4	19	1	28	15	
ng Light								278.0
Ashley Reid	2	6	12	18	1	11	11	
Chiara Pretto	14	19	11	11	1	15	13	

Flexy Beasts								305.0	7
Caitlin Chinnery	15	18	15	22	1	10	16		
Eva Jean Harding	24	20	22	20	1	13	20		
Michelle Matthews	22	21	20	23	1	17	23		
Fit By Design 4								316.0	8
Tami Newman	13	17	2	15	1	3	9		
Shannon Liburd	28	28	27	16	1	19	24		
Amanda Ziegler	25	27	26	26	1	20	26		

# OPEN INDIVIDUAL RANKING

#	NAME	TEAM	Final Rank	Overall Points
69	Nicole Vincze	All the Waves	1	26.5
89	Kristie Hutchison	Sweatsisters AOF	2	31.0
90	Tanya Hatchwell	Sweatsisters AOF	3	32.0
93	Madeleine Ferguson		4	34.0
75	Julie Klassen	Fit By Design 5	5	37.5
87	Kendelle Johnston	Pumped	6	45.0
85	Amy Anderson	Pumped	7	48.0
86	Amy Leaf	Pumped	8	49.5
72	Tami Newman	Fit By Design 4	9	52.5
88	Corbie Blennerhassett	Sweatsisters AOF	10	55.0
79	Ashley Reid	Going Light	11	55.5
68	Michelle	All the Waves	12	57.5
80	Chiara Pretto	Going Light	13	78.5
94	Melissa Bielby		14	82.0
84	Shealynn Macvicar	MacVicars Merritt Machines 1	15	83.0
76	Caitlin Chinnery	Flexy Beasts	16	86.0
74	Julie Heppner	Fit By Design 5	17	89.0
82	Arme Ancell	MacVicars Merritt Machines 1	18	92.0
83	Nicole Morrison	MacVicars Merritt Machines 1	19	102.5
77	Eva Jean Harding	Flexy Beasts	20	106.5
73	Jenna Simpson	Fit By Design 5	21	109.5
67	Felicia Adams	All the Waves	22	110.0
78	Michelle Matthews	Flexy Beasts	23	112.5
71	Shannon Liburd	Fit By Design 4	24	128.5
91	Danielle Roy		25	134.5
70	Amanda Ziegler	Fit By Design 4	26	135.0
92	Jennifer Hampton		27	139.5
81	Shelby Ravestein	Going Light	28	144.0

## OPEN EVENT RANKING

#### **OBSTACLE COURSE**

\*\* Obstacle Course is worth 1.5x \*\*

	OPEN I	DIVISION		STAC		
#	NAME	TEAM	Timer	Penalty	OC TIME	OC Rank
75	Julie Klassen	Fit By Design 5	00:30.88		00:30.88	1
93	Madeleine Ferguson		00:32.50		00:32.50	2
72	Tami Newman	Fit By Design 4	00:33.59		00:33.59	3
90	Tanya Hatchwell	Sweatsisters AOF	00:33.97		00:33.97	4
69	Nicole Vincze	All the Waves	00:33.25	00:01.00	00:34.25	5
85	Amy Anderson	Pumped	00:34.44		00:34.44	6
68	Michelle	All the Waves	00:34.71		00:34.71	7
89	Kristie Hutchison	Sweatsisters AOF	00:35.22		00:35.22	8
86	Amy Leaf	Pumped	00:36.13		00:36.13	9
76	Caitlin Chinnery	Flexy Beasts	00:36.53	00:01.00	00:37.53	10
79	Ashley Reid	Going Light	00:37.78		00:37.78	11
94	Melissa Bielby		00:37.97		00:37.97	12
77	Eva Jean Harding	Flexy Beasts	00:38.40		00:38.40	13
87	Kendelle Johnston	Pumped	00:38.79		00:38.79	14
80	Chiara Pretto	Going Light	00:39.16		00:39.16	15
88	Corbie Blennerhassett	Sweatsisters AOF	00:38.22	00:02.00	00:40.22	16
78	Michelle Matthews	Flexy Beasts	00:40.59		00:40.59	17
82	Arme Ancell	MacVicars Merritt Machines 1	00:41.00		00:41.00	18
71	Shannon Liburd	Fit By Design 4	00:41.12		00:41.12	19
70	Amanda Ziegler	Fit By Design 4	00:41.68		00:41.68	20
73	Jenna Simpson	Fit By Design 5	00:42.15		00:42.15	21
74	Julie Heppner	Fit By Design 5	00:42.49		00:42.49	22
92	Jennifer Hampton		00:42.62		00:42.62	23
81	Shelby Ravestein	Going Light	00:46.34		00:46.34	24
91	Danielle Roy		00:46.75		00:46.75	25
67	Felicia Adams	All the Waves	00:47.31		00:47.31	26
83	Nicole Morrison	MacVicars Merritt Machines 1	00:47.46	_	00:47.46	27
84	Shealynn Macvicar	MacVicars Merritt Machines 1	01:00.81		01:00.81	28

#### **BOX JUMPS**

BOX							
	OPEN	DIVISION	JU	MPS			
#	NAME	TEAM	Box Reps	Box TIME	Box Rank		
69	Nicole Vincze	All the Waves	50	00:40.54	1		
88	Corbie Blennerhassett	Sweatsisters AOF	50	00:43.34	2		
90	Tanya Hatchwell	Sweatsisters AOF	50	00:43.97	3		
89	Kristie Hutchison	Sweatsisters AOF	50	00:44.35	4		
87	Kendelle Johnston	Pumped	50	00:48.00	5		
79	Ashley Reid	Going Light	50	00:50.85	6		
86	Amy Leaf	Pumped	50	00:52.78	7		
94	Melissa Bielby		50	00:57.03	8		
67	Felicia Adams	All the Waves	50	00:59.69	9		
82	Arme Ancell	MacVicars Merritt Machines 1	50	01:00.19	10		
74	Julie Heppner	Fit By Design 5	50	01:00.32	11		
75	Julie Klassen	Fit By Design 5	50	01:03.00	12		
83	Nicole Morrison	MacVicars Merritt Machines 1	50	01:08.75	13		
84	Shealynn Macvicar	MacVicars Merritt Machines 1	50	01:13.22	14		
93	Madeleine Ferguson		50	01:14.78	15		
85	Amy Anderson	Pumped	50	01:20.94	16		
72	Tami Newman	Fit By Design 4	50	01:21.09	17		
76	Caitlin Chinnery	Flexy Beasts	50	01:21.25	18		
80	Chiara Pretto	Going Light	50	01:37.97	19		
77	Eva Jean Harding	Flexy Beasts	50	01:48.63	20		
78	Michelle Matthews	Flexy Beasts	50	01:57.56	21		
73	Jenna Simpson	Fit By Design 5	50	02:00.06	22		
68	Michelle	All the Waves	50	02:05.90	23		
91	Danielle Roy		50	02:09.34	24		
81	Shelby Ravestein	Going Light	50	02:32.07	25		
92	Jennifer Hampton		47	03:00.00	26		
70	Amanda Ziegler	Fit By Design 4	46	03:00.00	27		
71	Shannon Liburd	Fit By Design 4		03:00.00	28		

#### TIRE FLIPS

	OPEN	DIVISION	TIR	E FLIP	
#	NAME	TEAM	Flips	Flip Time	Rank
93	Madeleine Ferguson		06	00:13.06	1
68	Michelle	All the Waves	06	00:13.22	2
75	Julie Klassen	Fit By Design 5	06	00:13.22	2
89	Kristie Hutchison	Sweatsisters AOF	06	00:14.87	4
87	Kendelle Johnston	Pumped	06	00:15.06	5
69	Nicole Vincze	All the Waves	06	00:15.25	6
86	Amy Leaf	Pumped	06	00:15.28	7
85	Amy Anderson	Pumped	06	00:15.46	8
90	Tanya Hatchwell	Sweatsisters AOF	06	00:15.60	9
88	Corbie Blennerhassett	Sweatsisters AOF	06	00:15.91	10
80	Chiara Pretto	Going Light	06	00:16.28	11
74	Julie Heppner	Fit By Design 5	06	00:16.93	12
83	Nicole Morrison	MacVicars Merritt Machines 1	06	00:16.93	12
73	Jenna Simpson	Fit By Design 5	06	00:17.69	14
72	Tami Newman	Fit By Design 4	06	00:17.72	15
71	Shannon Liburd	Fit By Design 4	06	00:18.18	16
67	Felicia Adams	All the Waves	06	00:18.41	17
79	Ashley Reid	Going Light	06	00:19.16	18
84	Shealynn Macvicar	MacVicars Merritt Machines 1	06	00:19.21	19
77	Eva Jean Harding	Flexy Beasts	06	00:19.31	20
94	Melissa Bielby		06	00:20.34	21
76	Caitlin Chinnery	Flexy Beasts	06	00:20.65	22
78	Michelle Matthews	Flexy Beasts	06	00:21.31	23
91	Danielle Roy		06	00:22.19	24
82	Arme Ancell	MacVicars Merritt Machines 1	06	00:23.13	25
70	Amanda Ziegler	Fit By Design 4	06	00:23.34	26
92	Jennifer Hampton		06	00:26.75	27
81	Shelby Ravestein	Going Light	06	00:30.06	28

#### **TIRE DRAG**

Each competitor received 1 point for Kettlebell Lift which was not performed at this event.

#### KETTLEBELL LIFT

OPEN DIVISION KETTLE BELLS						
#	NAME	TEAM	KB Timer	KB Penalty	KB TIME	KB Rank
87	Kendelle Johnston	Pumped	00:31.78	00:02.00	00:33.78	1
72	Tami Newman	Fit By Design 4	00:34.03		00:34.03	2
69	Nicole Vincze	All the Waves	00:34.37		00:34.37	3
84	Shealynn Macvicar	MacVicars Merritt Machines 1	00:34.42		00:34.42	4
93	Madeleine Ferguson		00:34.50		00:34.50	5
75	Julie Klassen	Fit By Design 5	00:34.53		00:34.53	6
88	Corbie Blennerhassett	Sweatsisters AOF	00:34.81		00:34.81	7
90	Tanya Hatchwell	Sweatsisters AOF	00:34.81		00:34.81	7
89	Kristie Hutchison	Sweatsisters AOF	00:34.91		00:34.91	9
85	Amy Anderson	Pumped	00:34.94		00:34.94	10
80	Chiara Pretto	Going Light	00:36.28		00:36.28	11
79	Ashley Reid	Going Light	00:36.36		00:36.36	12
74	Julie Heppner	Fit By Design 5	00:37.54		00:37.54	13
86	Amy Leaf	Pumped	00:37.72		00:37.72	14
76	Caitlin Chinnery	Flexy Beasts	00:38.06		00:38.06	15
68	Michelle	All the Waves	00:38.12		00:38.12	16
94	Melissa Bielby		00:38.69		00:38.69	17
83	Nicole Morrison	MacVicars Merritt Machines 1	00:39.68		00:39.68	18
82	Arme Ancell	MacVicars Merritt Machines 1	00:39.78		00:39.78	19
78	Michelle Matthews	Flexy Beasts	00:40.03		00:40.03	20
73	Jenna Simpson	Fit By Design 5	00:38.34	00:02.00	00:40.34	21
77	Eva Jean Harding	Flexy Beasts	00:40.71		00:40.71	22
67	Felicia Adams	All the Waves	00:41.97		00:41.97	23
92	Jennifer Hampton		00:42.84		00:42.84	24
91	Danielle Roy		00:43.18		00:43.18	25
70	Amanda Ziegler	Fit By Design 4	00:43.42		00:43.42	26
71	Shannon Liburd	Fit By Design 4	00:43.91		00:43.91	27
81	Shelby Ravestein	Going Light	00:45.97		00:45.97	28

### SANDBAG BURPEE CLEAN/PRESS

	OPEN	DIVISION	SANI	DBAG	
#	NAME	TEAM	Sandbag Reps	Sandbag Time	SB Rank
89	Kristie Hutchison	Sweatsisters AOF	15	00:49.72	1
79	Ashley Reid	Going Light	15	00:53.79	2
84	Shealynn Macvicar	MacVicars Merritt Machines 1	15	00:54.09	3
85	Amy Anderson	Pumped	15	00:54.37	4
68	Michelle	All the Waves	15	00:55.38	5
90	Tanya Hatchwell	Sweatsisters AOF	15	00:56.03	6
86	Amy Leaf	Pumped	15	00:56.28	7
69	Nicole Vincze	All the Waves	15	00:56.56	8
93	Madeleine Ferguson		15	00:58.06	9
82	Arme Ancell	MacVicars Merritt Machines 1	15	00:58.44	10
88	Corbie Blennerhassett	Sweatsisters AOF	15	00:58.78	11
87	Kendelle Johnston	Pumped	15	00:59.50	12
72	Tami Newman	Fit By Design 4	15	01:05.78	13
80	Chiara Pretto	Going Light	15	01:07.13	14
75	Julie Klassen	Fit By Design 5	15	01:07.62	15
76	Caitlin Chinnery	Flexy Beasts	15	01:07.62	15
94	Melissa Bielby		15	01:07.97	17
83	Nicole Morrison	MacVicars Merritt Machines 1	15	01:10.03	18
74	Julie Heppner	Fit By Design 5	15	01:12.25	19
73	Jenna Simpson	Fit By Design 5	15	01:16.71	20
67	Felicia Adams	All the Waves	15	01:21.13	21
78	Michelle Matthews	Flexy Beasts	15	01:26.44	22
91	Danielle Roy		15	01:34.87	23
77	Eva Jean Harding	Flexy Beasts	15	01:39.59	24
70	Amanda Ziegler	Fit By Design 4	15	01:42.75	25
81	Shelby Ravestein	Going Light	15	01:47.62	26
92	Jennifer Hampton		15	01:58.62	27
71	Shannon Liburd	Fit By Design 4	15	02:04.44	28