



FEMSPORT Kamloops Challenge – May 27th, 2017



CHI Bursary Winner: Shealynn MacVicar

SCORING:

- ★ Low points place first
- ★ Placing is equal to points (i.e. 1st place = 1 point, 2nd place = 2 points, etc.)
- ★ Obstacle Course placing is equal to 1.5 x (i.e. 1st place = 1.5 points, 2nd place = 3 points, etc.)

MASTERS TEAM RANKING

** Obstacle Course is worth 1.5x **

| | SB Rank | Box Rank | KB Rank | Flip Rank | Tire Rank | OC Rank | Overall Rank | Overall Points |
|--------------------|------------|-------------|------------|--------------|--------------|------------|-----------------|-------------------|
| ■ Fit By Design 7 | 18 | 18 | 18 | 24 | 15 | 19 | 18 | 121.5 |
| Deb Laveay | 9 | 9 | 11 | 10 | 11 | 12 | 11 | |
| Julie Fazekas | 1 | 1 | 1 | 5 | 3 | 1 | 1 | |
| Rochelle Pokeda | 8 | 8 | 6 | 9 | 1 | 6 | 6 | |
| ■ Fit By Design 10 | 18 | 18 | 14 | 19 | 24 | 20 | 20 | 123.0 |
| Lisa Fransson | 7 | 7 | 2 | 12 | 10 | 7 | 9 | |
| Jacquey Meersman | 6 | 5 | 3 | 1 | 6 | 8 | 4 | |
| Tina Colter | 5 | 6 | 9 | 6 | 8 | 5 | 7 | |
| ■ Fit By Design 8 | 33 | 32 | 30 | 20 | 16 | 30 | 29 | 176.0 |
| Colleen Minifie | 10 | 11 | 8 | 2 | 2 | 9 | 8 | |
| Jennifer Turnbull | 11 | 10 | 12 | 11 | 9 | 10 | 11 | |
| Natasha Marshall | 12 | 11 | 10 | 7 | 5 | 11 | 10 | |

MASTERS INDIVIDUAL RANKING

| # | NAME | TEAM | Overall Rank | Overall Points |
|----|------------------|------------------|-----------------|----------------|
| 5 | Julie Fazekas | Fit By Design 7 | 1 | 12.5 |
| 15 | Kari Medd | | 2 | 23.0 |
| 14 | Audra Parker | | 3 | 26.0 |
| 1 | Jacquey Meersman | Fit By Design 10 | 4 | 33.0 |
| 13 | Arme Ancell | | 5 | 36.5 |
| 6 | Rochelle Pokeda | Fit By Design 7 | 6 | 41.0 |
| 3 | Tina Colter | Fit By Design 10 | 7 | 41.5 |

| 7 | Colleen Minifie | Fit By Design 8 | 8 | 46.5 |
|---|-------------------|------------------|----|------|
| 2 | Lisa Fransson | Fit By Design 10 | 9 | 48.5 |
| 9 | Natasha Marshall | Fit By Design 8 | 10 | 61.5 |
| 4 | Deb Laveay | Fit By Design 7 | 11 | 68.0 |
| 8 | Jennifer Turnbull | Fit By Design 8 | 11 | 68.0 |

MASTERS EVENT RANKING

OBSTACLE COURSE

** Obstacle Course is worth 1.5x **

| MASTERS DIVISION | | | 0 | OC Rank | | |
|------------------|-------------------|------------------|----------|------------|----------|-----|
| # | NAME | TEAM | OCTimer | OC Penalty | OC TIME | ram |
| 5 | Julie Fazekas | Fit By Design 7 | 01:06.57 | 00:01.00 | 01:07.57 | 1 |
| 14 | Audra Parker | | 01:11.68 | | 01:11.68 | 2 |
| 13 | Arme Ancell | | 01:11.81 | | 01:11.81 | 3 |
| 15 | Kari Medd | | 01:12.38 | | 01:12.38 | 4 |
| 3 | Tina Colter | Fit By Design 10 | 01:12.53 | | 01:12.53 | 5 |
| 6 | Rochelle Pokeda | Fit By Design 7 | 01:14.00 | | 01:14.00 | 6 |
| 2 | Lisa Fransson | Fit By Design 10 | 01:14.03 | 00:01.00 | 01:15.03 | 7 |
| 1 | Jacquey Meersman | Fit By Design 10 | 01:15.44 | | 01:15.44 | 8 |
| 7 | Colleen Minifie | Fit By Design 8 | 01:20.22 | | 01:20.22 | 9 |
| 8 | Jennifer Turnbull | Fit By Design 8 | 01:24.00 | | 01:24.00 | 10 |
| 9 | Natasha Marshall | Fit By Design 8 | 01:25.25 | | 01:25.25 | 11 |
| 4 | Deb Laveay | Fit By Design 7 | 01:26.66 | 00:01.00 | 01:27.66 | 12 |

BOX JUMPS

| MASTERS DIVISION | | | B JU | Box Rank | |
|------------------|------------------|------------------|-------------|-------------|------|
| # | NAME | TEAM | Box Reps | Box TIME | Kank |
| 5 | Julie Fazekas | Fit By Design 7 | 50 | 00:53.65 | 1 |
| 15 | Kari Medd | | 50 | 01:02.98 | 2 |
| 13 | Arme Ancell | | 50 | 01:22.06 | 3 |
| 14 | Audra Parker | | 50 | 01:24.47 | 4 |
| 1 | Jacquey Meersman | Fit By Design 10 | 50 | 01:42.68 | 5 |
| 3 | Tina Colter | Fit By Design 10 | 50 | 01:52.75 | 6 |
| 2 | Lisa Fransson | Fit By Design 10 | 50 | 02:01.75 | 7 |
| 6 | Rochelle Pokeda | Fit By Design 7 | 50 | 02:15.47 | 8 |
| 4 | Deb Laveay | Fit By Design 7 | 48 | 03:00.00 | 9 |

| 8 | Jennifer Turnbull | Fit By Design 8 | 08 | 03:00.00 | 10 |
|---|-------------------|-----------------|----|----------|----|
| 7 | Colleen Minifie | Fit By Design 8 | | 03:00.00 | 11 |
| 9 | Natasha Marshall | Fit By Design 8 | | 03:00.00 | 11 |

TIRE FLIPS

| MASTERS DIVISION | | | TIR | Flip Rank | |
|------------------|-------------------|------------------|-------|--------------|------|
| # | NAME | TEAM | Flips | Flip Time | Nank |
| 1 | Jacquey Meersman | Fit By Design 10 | 06 | 00:23.97 | 1 |
| 7 | Colleen Minifie | Fit By Design 8 | 06 | 00:24.97 | 2 |
| 14 | Audra Parker | | 06 | 00:26.44 | 3 |
| 15 | Kari Medd | | 06 | 00:27.22 | 4 |
| 5 | Julie Fazekas | Fit By Design 7 | 06 | 00:28.57 | 5 |
| 3 | Tina Colter | Fit By Design 10 | 06 | 00:29.25 | 6 |
| 9 | Natasha Marshall | Fit By Design 8 | 06 | 00:31.81 | 7 |
| 13 | Arme Ancell | | 06 | 00:35.56 | 8 |
| 6 | Rochelle Pokeda | Fit By Design 7 | 06 | 00:36.34 | 9 |
| 4 | Deb Laveay | Fit By Design 7 | 06 | 00:40.82 | 10 |
| 8 | Jennifer Turnbull | Fit By Design 8 | 06 | 00:46.31 | 11 |
| 2 | Lisa Fransson | Fit By Design 10 | 06 | 01:04.06 | 12 |

TIRE DRAG

| MASTERS DIVISION | | | TIRE DRAG | | | Tire |
|------------------|-------------------|------------------|--------------|-----------------|--------------|------|
| # | NAME | TEAM | Drag Time | Drag Penalty | DRAG TIME | Rank |
| 6 | Rochelle Pokeda | Fit By Design 7 | 00:10.59 | | 00:10.59 | 1 |
| 7 | Colleen Minifie | Fit By Design 8 | 00:11.94 | | 00:11.94 | 2 |
| 5 | Julie Fazekas | Fit By Design 7 | 00:12.09 | | 00:12.09 | 3 |
| 15 | Kari Medd | | 00:12.31 | | 00:12.31 | 4 |
| 9 | Natasha Marshall | Fit By Design 8 | 00:13.31 | | 00:13.31 | 5 |
| 1 | Jacquey Meersman | Fit By Design 10 | 00:13.40 | | 00:13.40 | 6 |
| 14 | Audra Parker | | 00:14.29 | | 00:14.29 | 7 |
| 3 | Tina Colter | Fit By Design 10 | 00:15.63 | | 00:15.63 | 8 |
| 8 | Jennifer Turnbull | Fit By Design 8 | 00:17.25 | | 00:17.25 | 9 |
| 2 | Lisa Fransson | Fit By Design 10 | 00:17.50 | | 00:17.50 | 10 |
| 4 | Deb Laveay | Fit By Design 7 | 00:17.59 | | 00:17.59 | 11 |
| 13 | Arme Ancell | | 00:23.00 | | 00:23.00 | 12 |

KETTLEBELL LIFT

| | MASTERS D | KET | КВ | | | |
|----|-------------------|------------------|----------|------------|----------|------|
| # | NAME | TEAM | KB Timer | KB Penalty | KB TIME | Rank |
| 5 | Julie Fazekas | Fit By Design 7 | 00:38.62 | | 00:38.62 | 1 |
| 2 | Lisa Fransson | Fit By Design 10 | 00:39.01 | | 00:39.01 | 2 |
| 1 | Jacquey Meersman | Fit By Design 10 | 00:39.32 | | 00:39.32 | 3 |
| 15 | Kari Medd | | 00:39.78 | | 00:39.78 | 4 |
| 13 | Arme Ancell | | 00:40.06 | | 00:40.06 | 5 |
| 6 | Rochelle Pokeda | Fit By Design 7 | 00:42.12 | | 00:42.12 | 6 |
| 14 | Audra Parker | | 00:40.19 | 00:02.00 | 00:42.19 | 7 |
| 7 | Colleen Minifie | Fit By Design 8 | 00:43.03 | | 00:43.03 | 8 |
| 3 | Tina Colter | Fit By Design 10 | 00:42.68 | 00:01.00 | 00:43.68 | 9 |
| 9 | Natasha Marshall | Fit By Design 8 | 00:43.94 | 00:02.00 | 00:45.94 | 10 |
| 4 | Deb Laveay | Fit By Design 7 | 00:48.12 | _ | 00:48.12 | 11 |
| 8 | Jennifer Turnbull | Fit By Design 8 | 00:50.44 | | 00:50.44 | 12 |

SANDBAG BURPEE CLEAN/PRESS

| MASTERS DIVISION | | | SANE | SANDBAG | | |
|------------------|-------------------|------------------|-----------------|-----------------|------|--|
| # | NAME | TEAM | Sandbag Reps | Sandbag Time | Rank | |
| 5 | Julie Fazekas | Fit By Design 7 | 15 | 00:59.00 | 1 | |
| 14 | Audra Parker | | 15 | 01:00.50 | 2 | |
| 15 | Kari Medd | | 15 | 01:03.84 | 3 | |
| 13 | Arme Ancell | | 15 | 01:04.47 | 4 | |
| 3 | Tina Colter | Fit By Design 10 | 15 | 01:04.78 | 5 | |
| 1 | Jacquey Meersman | Fit By Design 10 | 15 | 01:10.75 | 6 | |
| 2 | Lisa Fransson | Fit By Design 10 | 15 | 01:16.81 | 7 | |
| 6 | Rochelle Pokeda | Fit By Design 7 | 15 | 01:20.85 | 8 | |
| 4 | Deb Laveay | Fit By Design 7 | 15 | 01:29.97 | 9 | |
| 7 | Colleen Minifie | Fit By Design 8 | 15 | 01:33.16 | 10 | |
| 8 | Jennifer Turnbull | Fit By Design 8 | 15 | 01:40.53 | 11 | |
| 9 | Natasha Marshall | Fit By Design 8 | 15 | 01:44.78 | 12 | |